

| Pto | Nombre                          | Sx | PtoCat   | T_Final | Rit/Km | T_km5 | Localidad  | Club                              |
|-----|---------------------------------|----|----------|---------|--------|-------|------------|-----------------------------------|
| 1   | Manuel Angel Penas Blanco       |    | SENM- 1  | 30:47   | 3:05   | 16:25 | ARZUA      | CHAPIN JEREZ                      |
| 2   | Robertas Geralavicius           |    | SENM- 2  | 31:12   | 3:07   | 17:04 | Ourense    | Ourense Atletismo                 |
| 3   | Elías Salvador Domínguez Cabral |    | SENM- 3  | 31:14   | 3:07   | 16:57 | Pontevedra | Club Corredores Vig-Bay           |
| 4   | Ramon Serantes Gomez            |    | VETAM- 1 | 31:19   | 3:08   | 16:57 | A Coruña   | Coruña Comarca                    |
| 5   | Jose Antonio Ramallo Reboredo   |    | SENM- 4  | 31:29   | 3:09   | 17:05 | Pontevedra | Sociedad Gimnástica de Pontevedra |
| 6   | Gustavo Nieves Campello         |    | SENM- 5  | 31:32   | 3:09   |       | Cartelle   | Real Club Celta de Vigo           |
| 7   | José Carlos Adán Arias          |    | VETAM- 2 | 31:33   | 3:09   | 17:08 | Vigo       | Independiente                     |
| 8   | Marcos Fernandez Barbosa        |    | PROM- 1  | 31:33   | 3:09   | 17:07 | Ourense    | Ourense Atletismo                 |
| 9   | David Rodriguez Garcia          |    | SENM- 6  | 31:40   | 3:10   | 17:03 | Ourense    | Ourense Atletismo                 |
| 10  | Gustavo Platas Vidal            |    | SENM- 7  | 32:02   | 3:12   | 17:11 |            | PLAYAS DE JANDIA                  |
| 11  | Daniel De La Torre Allariz      |    | VETAM- 3 | 32:09   | 3:13   | 17:16 | Pontevedra | Sociedad Gimnástica de Pontevedra |
| 12  | Marcial Rodriguez Rey           |    | VETBM- 1 | 32:11   | 3:13   | 17:16 |            | DEPORTES MARCIAL                  |
| 13  | Ruben Diz Diaz                  |    | SENM- 8  | 32:15   | 3:13   | 17:16 | Ourense    | Ourense Atletismo                 |
| 14  | Alejandro Pesado Fernandez      |    | SENM- 9  | 32:19   | 3:14   | 17:21 | A Coruña   | Club Atletismo Sar-Mahía          |
| 15  | Ivan Docampo Gonzalez           |    | SENM- 10 | 32:39   | 3:16   | 17:25 |            | Ourense Atletismo                 |
| 16  | Francisco Jose Sanchez          |    | SENM- 11 | 32:49   | 3:17   | 17:49 |            | Universidade de Santiago          |
| 17  | Juan Pena Holguin               |    | SENM- 12 | 32:50   | 3:17   | 17:43 | Lugo       | Independiente                     |
| 18  | Ruben Castro Portela            |    | SENM- 13 | 32:53   | 3:17   | 17:51 | Lugo       | Gimnástica de Pontevedra          |
| 19  | Jesus Alonso Prieto             |    | VETBM- 2 | 33:01   | 3:18   | 17:51 | cacabelos  | Independiente                     |
| 20  | Jose Antonio Paz Suarez         |    | VETBM- 3 | 33:08   | 3:19   | 17:51 |            | Ourense Atletismo                 |
| 21  | Jesus Fernandez Fernandez       |    | SENM- 14 | 33:15   | 3:19   | 18:00 | Ourense    | Independiente                     |
| 22  | Gilberto Alvarez Carnero        |    | SENM- 15 | 33:20   | 3:20   | 18:14 | Ourense    | Club Adas-Campo                   |
| 23  | Oscar Piñeiro Perez             |    | SENM- 16 | 33:21   | 3:20   | 17:49 |            | Ourense Atletismo                 |
| 24  | Luis Calvo Castro               |    | SENM- 17 | 33:21   | 3:20   | 18:29 | Negreira   | Milla de Ouro                     |
| 25  | Javier Veiga Arrojo             |    | PROM- 2  | 33:23   | 3:20   | 18:12 |            | Carlos Melchor Couto              |
| 26  | Javier Sanz Sanfructuoso        |    | SENM- 18 | 33:32   | 3:21   | 18:12 | Salamanca  | Universidad de Salamanca          |
| 27  | Tolosa Estevez Oscar            |    | SENM- 19 | 33:33   | 3:21   | 18:04 | FERROL     | Ría de Ferrol                     |
| 28  | Jose Angel Iglesias Buceta      |    | VETAM- 4 | 33:35   | 3:21   | 18:14 |            | Ourense Atletismo                 |
| 29  | Luis Alberto Martínez Durán     |    | SENM- 20 | 33:36   | 3:22   | 17:53 | O ROSAL    | Independiente                     |
| 30  | Jesus Maria Alvarez Rodriguez   |    | SENM- 21 | 33:37   | 3:22   | 18:15 | A Coruña   | Coruña Comarca                    |

| Pto | Nombre                        | Sx   | PtoCat   | T_Final | Rit/Km | T_km5 | Localidad         | Club                              |
|-----|-------------------------------|------|----------|---------|--------|-------|-------------------|-----------------------------------|
| 31  | Manuel Prieto Gil             |      | SENM- 22 | 33:38   | 3:22   | 18:26 | Ourense           | Veteranos Pabellón Ourense        |
| 32  | Manuel Oliver Perez Lopez     |      | VETAM- 5 | 33:45   | 3:22   | 18:25 |                   | Atletismo As Mariñas              |
| 33  | Juan Jesus Barral Varela      |      | VETAM- 6 | 33:49   | 3:23   | 18:22 | BRION             | REUS PLOMS TRIATLON               |
| 34  | Jose Dominguez Cadavid        |      | VETBM- 4 | 33:58   | 3:24   | 18:16 |                   | Ourense Atletismo                 |
| 35  | Jonathan Sierra Garcia        |      | PROM- 3  | 34:01   | 3:24   | 18:23 |                   | Ourense Atletismo                 |
| 36  | Ramon Ignacio Folgar Pouso    |      | VETAM- 7 | 34:07   | 3:25   | 18:27 | Riveira           | Independiente                     |
| 37  | Jose Manuel Ramos Vazquez     |      | SENM- 23 | 34:12   | 3:25   | 18:30 | Ourense           | Veteranos Pabellón Ourense        |
| 38  | Paulo Jorge Baptista Semedo   |      | SENM- 24 | 34:13   | 3:25   | 18:23 | Ponferrada        | ATLETISMO Ponferrada(LEON)        |
| 39  | Alejandro Cid Vazquez         |      | PROM- 4  | 34:15   | 3:25   | 18:39 |                   | Ourense Atletismo                 |
| 40  | Javier Paredes Gonzalez       |      | SENM- 25 | 34:16   | 3:26   |       |                   | Ourense Atletismo                 |
| 41  | Angel Beiguela                |      | SENM- 26 | 34:18   | 3:26   | 18:34 | FERROL            | Ría de Ferrol                     |
| 42  | Luis Eduardo Garcia Nuñez     |      | SENM- 27 | 34:19   | 3:26   | 18:48 | Lugo              | SAN FERNANDO LUCUS                |
| 43  | Elpidio Gomez Sousa           |      | SENM- 28 | 34:20   | 3:26   | 18:31 | Ourense           | Veteranos Pabellón Ourense        |
| 44  | Amador Aguiar Dieguez         |      | VETBM- 5 | 34:20   | 3:26   | 18:39 | Ourense           | Veteranos Pabellón Ourense        |
| 45  | Francisco Vazquez Fernandez   |      | SENM- 29 | 34:27   | 3:27   | 18:31 | PadrOn            | Atletismo Sar                     |
| 46  | Victor Fernandez De La Gala   |      | PROM- 5  | 34:35   | 3:27   | 18:52 |                   | Ourense Atletismo                 |
| 47  | Daniel Trigo Gonzalez         |      | PROM- 6  | 34:37   | 3:28   | 18:51 | Lugo              | CD Egovarros                      |
| 48  | Fernanda Miranda              | F- 1 | VETAF- 1 | 34:40   | 3:28   | 18:50 | PORTUGAL          | Sporting Clube de Braga           |
| 49  | Isaac Alvarez Gomez           |      | VETAM- 8 | 34:41   | 3:28   | 18:56 | Ourense           | Veteranos Pabellón Ourense        |
| 50  | Victor Conde Cid              |      | SENM- 30 | 34:43   | 3:28   | 18:42 | ALLARIZ           | ATLETICA ALARICANA                |
| 51  | Manuel Vieites Carballo       |      | SENM- 31 | 34:43   | 3:28   | 18:52 | Ourense           | Ourense ATLETISMO                 |
| 52  | Angel Maceiras Lago           |      | SENM- 32 | 34:48   | 3:29   | 19:00 | A Coruña          | Club Atletismo Sar-Mahía          |
| 53  | Xose Luis Otero Cepeda        |      | VETEM- 1 | 34:50   | 3:29   | 18:54 | Santiago          | Universidade de Santiago          |
| 54  | María Jesús Gestido Rodríguez | F- 2 | SENF- 1  | 34:51   | 3:29   | 18:52 | Cangas de Morrazo | Ría de Ferrol                     |
| 55  | Daniel Estevez Vazquez        |      | JUNM- 1  | 34:52   | 3:29   | 18:50 |                   | Ourense Atletismo                 |
| 56  | Sergio Iglesias Alonso        |      | JUNM- 2  | 34:56   | 3:30   | 18:35 | Ourense           | CSCR BEADE                        |
| 57  | Carlos Dapena Hortas          |      | SENM- 33 | 34:57   | 3:30   | 18:57 | Pontevedra        | Sociedad Gimnástica de Pontevedra |
| 58  | Adrian Perez Fabello          |      | VETCM- 1 | 35:01   | 3:30   | 18:49 |                   | Ourense Atletismo                 |
| 59  | Fausto Hernanz Moral          |      | VETBM- 6 | 35:05   | 3:30   | 19:02 |                   | Ourense Atletismo                 |
| 60  | Emilio Alonso Landesa         |      | SENM- 34 | 35:10   | 3:31   | 19:19 | Pontevedra        | Clube Atletismo Vigo - Massini    |

| Pto | Nombre                         | Sx   | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad          | Club                              |
|-----|--------------------------------|------|-----------|---------|--------|-------|--------------------|-----------------------------------|
| 61  | Jesus Gonzalez Fernandez       |      | VETCM- 2  | 35:15   | 3:31   | 19:03 | Ourense            | Veteranos Pabellón Ourense        |
| 62  | Pablo Diaz Lopez               |      | SENM- 35  | 35:16   | 3:32   | 18:50 | Ourense            | SG Pontevedra                     |
| 63  | Evaristo Pereira De La Torre   |      | VETCM- 3  | 35:18   | 3:32   | 19:20 | Pontevedra         | Clube Atletismo Vigo - Massini    |
| 64  | Manuel Gayoso Real             |      | VETAM- 9  | 35:19   | 3:32   | 19:10 | Lugo               | Anigasa Championship Muralla      |
| 65  | Juan Carlos Fernandez Castro   |      | VETBM- 7  | 35:23   | 3:32   | 19:09 | Santiago           | CLUB MILLADOIRO                   |
| 66  | Luis Miguel Feito Mirás        |      | PROM- 7   | 35:26   | 3:33   | 19:41 | Santiago           | Club Universitario de Santiago    |
| 67  | Oscar Nuñez Roel               |      | SENM- 36  | 35:30   | 3:33   | 18:49 | Pontevedra         | Sociedad Gimnástica de Pontevedra |
| 68  | Javier Chamosa Leira           |      | VETBM- 8  | 35:32   | 3:33   | 19:12 | Pontevedra         | Atletas Veteranos de Galicia      |
| 69  | Xulio Xose Conde Blanco        |      | VETAM- 10 | 35:34   | 3:33   | 19:07 | Maceda             | Independiente                     |
| 70  | Sergio Carril Brea             |      | SENM- 37  | 35:37   | 3:34   | 19:35 | Lugo               | CD Egozarros                      |
| 71  | Victor Mendez Trigo            |      | SENM- 38  | 35:44   | 3:34   | 18:51 |                    | NATURA                            |
| 72  | Juan Iglesias Suarez           |      | SENM- 39  | 35:49   | 3:35   | 19:01 | toiro              | Independiente                     |
| 73  | Enrique Gonzalez Arias         |      | PROM- 8   | 35:50   | 3:35   | 19:09 | Ourense            | Club Adas-Campo                   |
| 74  | Javier Vidal Vazquez           |      | SENM- 40  | 35:50   | 3:35   | 19:31 | Ourense            | CAIO                              |
| 75  | Alvaro Liz Aguilera            |      | JUNM- 3   | 35:52   | 3:35   | 19:07 | Lugo               | SAN FERNANDO LUCUS                |
| 76  | Jose Antonio Mayo Caamaño      |      | VETBM- 9  | 35:55   | 3:35   | 19:23 | ESTEIRO MUROS      | A.D. ATLETES                      |
| 77  | Rubén Arrojo Fernández         |      | PROM- 9   | 35:56   | 3:36   | 19:37 | Lugo               | SAN FERNANDO LUCUS                |
| 78  | Anton Santos Peres             |      | SENM- 41  | 35:56   | 3:36   | 19:32 | Santiago           | Clube Atletismo Milladoiro        |
| 79  | Jose Manuel Araujo Iglesias    |      | VETAM- 11 | 36:00   | 3:36   | 19:30 | Ourense            | Veteranos Pabellón Ourense        |
| 80  | Jose Manuel Troitiño Bouza     |      | VETAM- 12 | 36:02   | 3:36   | 19:23 | Naron              | Atletismo Sierra - Narón          |
| 81  | Monica Raquel Lopes Da Silva   | F- 3 | SENF- 2   | 36:04   | 3:36   | 19:23 | VALONGO DO VOUGA - |                                   |
| 82  | Adolfo Castro Quiroga          |      | VETBM- 10 | 36:08   | 3:37   | 19:37 | BUEU               | Atletismo Corredoiras             |
| 83  | Jose Vidal Rial                |      | VETBM- 11 | 36:09   | 3:37   | 19:55 |                    | ATHLETICS AVENTURA                |
| 84  | Jonatan Martinez Pereira       |      | SENM- 42  | 36:10   | 3:37   | 19:58 | Vigo               | CTCORMORANS                       |
| 85  | Julio Armesto Garcia           |      | VETBM- 12 | 36:11   | 3:37   | 19:54 | Ourense            | Burgas Atletismo Ourense          |
| 86  | Victor Manuel Perez Villamarin |      | VETBM- 13 | 36:12   | 3:37   | 19:40 | Ourense            | Veteranos Pabellón Ourense        |
| 87  | Jose Antonio Santin Quiroga    |      | SENM- 43  | 36:14   | 3:37   | 19:38 | Cacabelos          | C.D. PIRAGÜISMO CACABELOS         |
| 88  | Manuel Casas Herrero           |      | SENM- 44  | 36:15   | 3:37   | 19:31 | Madrid             | Independiente                     |
| 89  | Rocio Rodriguez Longa          | F- 4 | SENF- 3   | 36:15   | 3:37   | 19:47 | Ferrol             | Puerto de Alicante-OHL            |
| 90  | Jose Manuel Calvo Alvarez      |      | VETAM- 13 | 36:16   | 3:38   | 19:29 | TOMBRIIO DE ABAJO  | Independiente                     |

| Pto | Nombre                           | Sx   | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad         | Club                           |
|-----|----------------------------------|------|-----------|---------|--------|-------|-------------------|--------------------------------|
| 91  | Jose Antonio Vazquez Fernandez   |      | SENM- 45  | 36:16   | 3:38   | 19:15 | Cartelle          | Independiente                  |
| 92  | Juan José Vilachá Fernandez      |      | SENM- 46  | 36:16   | 3:38   | 19:15 | Cartelle          | Independiente                  |
| 93  | Albert Caballero Recio           |      | VETAM- 14 | 36:16   | 3:38   | 19:51 | Montcada i Reixac | Independiente                  |
| 94  | Jose Antonio Fernandez Rodriguez |      | VETCM- 4  | 36:20   | 3:38   | 19:32 |                   | ESCOLAS MUNICIPAIS DE VERIN    |
| 95  | Diego Babarro Rodríguez          |      | SENM- 47  | 36:21   | 3:38   | 19:41 | Ourense           | Sociedad Gimnástica Pontevedra |
| 96  | Rafael Camilleri Salvador        |      | SENM- 48  | 36:21   | 3:38   | 19:36 |                   | ESCUELA NAVAL MILITAR          |
| 97  | Paulo Xoan Muínelo Pedreira      |      | VETAM- 15 | 36:23   | 3:38   | 19:51 |                   | Atletismo As Mariñas           |
| 98  | Roberto Agrelo Gomez             |      | SENM- 49  | 36:25   | 3:38   | 20:10 | A Coruña          | Club Atletismo Sar-Mahía       |
| 99  | Roberto Sanchez Rabade           |      | VETBM- 14 | 36:29   | 3:39   | 19:56 |                   | Club Fluvial de Lugo           |
| 100 | Jose Manuel Rodriguez Moure      |      | VETAM- 16 | 36:31   | 3:39   | 19:39 | culleredo         | cimans Coruña Comarca          |
| 101 | Diego Tejero Rioseras            |      | PROM- 10  | 36:31   | 3:39   | 20:19 | Valladolid        | -                              |
| 102 | Javier Lopez Dominguez           |      | SENM- 50  | 36:31   | 3:39   | 19:54 | Ourense           | ATHLETICS AVENTURA             |
| 103 | Emilio Seoane Bello              |      | SENM- 51  | 36:39   | 3:40   | 19:56 |                   | -                              |
| 104 | Guillermo Tubio Muñiz            |      | SENM- 52  | 36:40   | 3:40   | 19:51 | Lugo              | CD Egozarros                   |
| 105 | German Vicente Rey               |      | VETBM- 15 | 36:43   | 3:40   | 19:48 | A GUARDA          | -                              |
| 106 | Joao Fernandes                   |      | VETBM- 16 | 36:45   | 3:40   | 20:20 | PORTUGAL          | Aguías de Alvelos              |
| 107 | Miguel Alvarez Lopez             |      | SENM- 53  | 36:46   | 3:41   | 20:10 |                   | Carlos Melchor Couto           |
| 108 | Jesus Angel Platas Ferreiro      |      | VETAM- 17 | 36:46   | 3:41   | 19:36 | BETANZOS          | Independiente                  |
| 109 | Felipe Barata Villapol           |      | VETAM- 18 | 36:46   | 3:41   | 19:59 | Lugo              | -                              |
| 110 | Ignacio Domínguez Prado          |      | SENM- 54  | 36:46   | 3:41   | 20:13 | mos               | Independiente                  |
| 111 | Julia Vaquero Sousa              | F- 5 | VETAF- 2  | 36:47   | 3:41   | 19:48 | a guarda          | CA KELME OLIMPO                |
| 112 | Javier Toro Montero              |      | VETDM- 1  | 36:47   | 3:41   | 20:17 | Lugo              | CLUB FLUVIAL Lugo              |
| 113 | Alejandro Taboada Santomil       |      | SENM- 55  | 36:48   | 3:41   | 20:11 | Teo               | CTCORMORANS                    |
| 114 | Fernando Porto Villasante        |      | VETDM- 2  | 36:49   | 3:41   | 20:11 | Lugo              | Promocions Abuín e Escolante   |
| 115 | Gustavo Garcia Abalo             |      | SENM- 56  | 36:50   | 3:41   | 20:11 |                   | -                              |
| 116 | Alberto Alvarez Bendaña          |      | SENM- 57  | 36:52   | 3:41   | 20:33 | A Coruña          | Club Atletismo Sar-Mahía       |
| 117 | Jose Alfredo Sanchez Murcia      |      | VETBM- 17 | 36:53   | 3:41   | 20:00 | MARIN             | Atletas Veteranos de Galicia   |
| 118 | Juan Menendez Arbesu             |      | VETBM- 18 | 36:53   | 3:41   | 19:30 |                   | Atletismo As Mariñas           |
| 119 | Margarita Perez Bardanca         | F- 6 | SENF- 4   | 36:54   | 3:41   | 19:57 | A Coruña          | OS MORCEGOS                    |
| 120 | Pedro Calvo Roo                  |      | SENM- 58  | 36:54   | 3:41   | 20:08 | lousame           | Club Atletismo Noia            |

| Pto | Nombre                           | Sx   | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad          | Club                             |
|-----|----------------------------------|------|-----------|---------|--------|-------|--------------------|----------------------------------|
| 121 | Luis Perez Diaz                  |      | VETBM- 19 | 36:55   | 3:41   | 19:56 | RIBADAVIA          | Ourense Atletismo                |
| 122 | Carlos Vispo Basalo              |      | VETAM- 19 | 36:55   | 3:41   | 19:59 | Ourense            | PATO BLANCO CELANOVA             |
| 123 | Jose Alvarez Alfonso             |      | VETCM- 5  | 37:03   | 3:42   | 20:20 | Vigo               | -                                |
| 124 | Miguel Angel Diaz Barba          |      | VETAM- 20 | 37:03   | 3:42   | 20:12 |                    | Ourense Atletismo                |
| 125 | Brais Misa Garcia                |      | JUNM- 4   | 37:04   | 3:42   | 20:14 | Pontevedra         | SA Val Miñor                     |
| 126 | Andre Gonzalez Quelle            |      | SENM- 59  | 37:05   | 3:42   | 19:48 | Ourense            | Independiente                    |
| 127 | Paulo Gonzalez Porto             |      | SENM- 60  | 37:06   | 3:43   | 19:47 | Lugo               | -                                |
| 128 | Alberto Vazquez Rodriguez        |      | VETBM- 20 | 37:07   | 3:43   | 20:36 | Pontevedra         | Clube Atletismo Vigo - Massini   |
| 129 | Jose Losada Marra                |      | VETDM- 3  | 37:08   | 3:43   | 20:20 | Ourense            | Veteranos Pabellón Ourense       |
| 130 | Jose Luis Torres Gonzalez        |      | VETBM- 21 | 37:11   | 3:43   | 20:07 | orensen            | -                                |
| 131 | Rafael Rodriguez Nogueira        |      | VETCM- 6  | 37:14   | 3:43   | 20:09 | Ourense            | Veteranos Pabellón Ourense       |
| 132 | Maria Soledad Castro Soliño      | F- 7 | VETBF- 1  | 37:14   | 3:43   | 20:15 |                    | Comesaña Sporting Club           |
| 133 | Francisco Javier Mosquera Carbon |      | SENM- 61  | 37:15   | 3:43   | 20:13 | A Estrada          | -                                |
| 134 | Jose Matias Regueira Boo         |      | VETEM- 2  | 37:17   | 3:44   | 20:29 | Pobra do Caramiñal | Atletismo e deportes de Barbanza |
| 135 | Ruben Fernandez Rodriguez        |      | SENM- 62  | 37:17   | 3:44   | 20:20 | Ourense            | Burgas Atletismo Ourense         |
| 136 | Heliodoro Gil Lorenzo            |      | VETAM- 21 | 37:18   | 3:44   | 20:15 | Vigo               | -                                |
| 137 | Alejandro Lopez Silva            |      | SENM- 63  | 37:19   | 3:44   | 20:29 | Ourense            | Independiente                    |
| 138 | Antonio Diaz Meigengo            |      | VETAM- 22 | 37:20   | 3:44   | 20:17 | Pontevedra         | Atletismo Estradense             |
| 139 | Oscar Crespo Freitas             |      | SENM- 64  | 37:20   | 3:44   | 20:37 | Redondela          | Atletismo Vila de Cangas         |
| 140 | Diego Alvarez Carballeira        |      | SENM- 65  | 37:21   | 3:44   | 20:19 | Lugo               | Anigasa Championship Muralla     |
| 141 | Ruben Caamaño Nieto              |      | SENM- 66  | 37:22   | 3:44   | 20:09 | NOIA               | Independiente                    |
| 142 | Cesar Punzon Rodriguez           |      | SENM- 67  | 37:22   | 3:44   | 20:37 | Pontevedra         | DEPORTES MARCIAL                 |
| 143 | Jose Bujan Gonzalez              |      | SENM- 68  | 37:24   | 3:44   | 20:06 | Ourense            | PATO BLANCO CELANOVA             |
| 144 | Adrián Varela Sanz               |      | SENM- 69  | 37:25   | 3:44   | 20:18 | LA Coruña          | cimans Coruña Comarca            |
| 145 | Jose Luis Blanco Alonso          |      | VETAM- 23 | 37:27   | 3:45   | 20:21 | Lugo               | Anigasa Championship Muralla     |
| 146 | Alexandre Fabien Lecompte        |      | SENM- 70  | 37:30   | 3:45   | 20:00 | Ourense            | Independiente                    |
| 147 | Jose Manuel Garcia Estevez       |      | SENM- 71  | 37:32   | 3:45   | 20:27 | Negreira           | Milla de Ouro                    |
| 148 | Alfredo Gonzalez Perez           |      | VETBM- 22 | 37:33   | 3:45   | 20:10 |                    | Ourense Atletismo                |
| 149 | Carlos Garcia Exposito           |      | PROM- 11  | 37:33   | 3:45   | 20:44 | Lugo               | Club Maraton Monforte            |
| 150 | Borja Cao Iglesias               |      | SENM- 72  | 37:33   | 3:45   | 20:29 | Ourense            | Independiente                    |

| Pto | Nombre                        | Sx | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad      | Club                           |
|-----|-------------------------------|----|-----------|---------|--------|-------|----------------|--------------------------------|
| 151 | Roberto Buide Vazquez         |    | VETAM- 24 | 37:33   | 3:45   | 20:26 | Lugo           | CLUB FLUVIAL Lugo              |
| 152 | Ruben Vila Sieira             |    | SENM- 73  | 37:34   | 3:45   | 20:14 | Lugo           | CD Egozarros                   |
| 153 | Julio Ojea Fernandez          |    | VETEM- 3  | 37:35   | 3:45   | 20:41 | Pontevedra     | Clube Atletismo Vigo - Massini |
| 154 | Rufino Acuña Bacelar          |    | VETAM- 25 | 37:37   | 3:46   | 20:28 | BUEU           | Atletismo Corredoiras          |
| 155 | Francisco Sanmarco Santos     |    | VETBM- 23 | 37:39   | 3:46   | 20:53 | A Coruña       | Club Atletismo Sar-Mahía       |
| 156 | Antonio Folgoso Rocha         |    | VETCM- 7  | 37:40   | 3:46   | 20:22 | Ourense        | Veteranos Pabellón Ourense     |
| 157 | Carlos Gonzalez Reino         |    | VETBM- 24 | 37:42   | 3:46   | 20:56 | A Coruña       | VETERANOS NOIA                 |
| 158 | Hugo Alvarez Alvarez          |    | PROM- 12  | 37:45   | 3:46   | 20:37 | cacabelos      | -                              |
| 159 | Nicolas Sedes Doce            |    | SENM- 74  | 37:46   | 3:47   | 20:11 | Ferrol         | Atletismo Sierra - Narón       |
| 160 | Francisco Lopez Rodriguez     |    | VETAM- 26 | 37:47   | 3:47   | 20:36 |                | SD SAN ROQUE VIVERO            |
| 161 | Camilo Iglesias Lopez         |    | VETCM- 8  | 37:49   | 3:47   | 20:35 | Carballiño     | Clube Atletismo Milladoiro     |
| 162 | Carlos Javier Estevez Alonso  |    | VETBM- 25 | 37:50   | 3:47   | 20:57 | Pontevedra     | Clube Atletismo Vigo - Massini |
| 163 | Euniciano Lopes Sousa         |    | SENM- 75  | 37:52   | 3:47   | 20:36 | Ponferrada     | -                              |
| 164 | Adolfo Gonzalez Lago          |    | VETAM- 27 | 37:53   | 3:47   | 20:55 | Pontevedra     | Clube Atletismo Vigo - Massini |
| 165 | Manuel Justo Hermo            |    | VETAM- 28 | 37:53   | 3:47   | 20:55 | Pontevedra     | Clube Atletismo Vigo - Massini |
| 166 | Alberto Rodriguez Fernandez   |    | VETAM- 29 | 37:54   | 3:47   | 20:42 | PADERNE        | Independiente                  |
| 167 | Francisco Rodriguez Atanes    |    | VETAM- 30 | 37:56   | 3:48   | 20:50 | Xinzo de limia | PABELLON Ourense               |
| 168 | Emilio Martinez Moreira       |    | SENM- 76  | 37:56   | 3:48   | 20:44 | Pontevedra     | Clube Atletismo Vigo - Massini |
| 169 | Higinio Rodriguez Perez       |    | VETBM- 26 | 37:57   | 3:48   | 20:45 | Ourense        | Independiente                  |
| 170 | Jose Manuel Otero Fernandez   |    | VETBM- 27 | 37:59   | 3:48   | 20:45 | Lugo           | Anigasa Championship Muralla   |
| 171 | Vicente Gomez Lopez           |    | VETAM- 31 | 37:59   | 3:48   | 20:57 | Santiago       | CLUB MILLADOIRO                |
| 172 | Marco Rocha Campos            |    | SENM- 77  | 38:00   | 3:48   | 20:44 | Ourense        | Independiente                  |
| 173 | Jose Manuel Alvarez Rivas     |    | VETAM- 32 | 38:01   | 3:48   | 20:42 | Lugo           | CLUB FLUVIAL Lugo              |
| 174 | Eulogio Bello Alvarez         |    | SENM- 78  | 38:02   | 3:48   | 20:38 | CARUCEDO       | -                              |
| 175 | Jose Manuel Martinez Otero    |    | SENM- 79  | 38:04   | 3:48   | 20:39 | Santiago       | -                              |
| 176 | Juan Ignacio Lopez Silva      |    | VETBM- 28 | 38:04   | 3:48   | 20:40 | Lugo           | CD Egozarros                   |
| 177 | Juan Carlos Castro Rodriguez  |    | VETBM- 29 | 38:07   | 3:49   | 20:53 | Carballiño     | -                              |
| 178 | Juan Quintia Valencia         |    | SENM- 80  | 38:07   | 3:49   | 20:40 | FENE           | -                              |
| 179 | Ivan Pablo Sanmartin Carreira |    | SENM- 81  | 38:08   | 3:49   | 20:46 | Santiago       | Clube Atletismo Milladoiro     |
| 180 | Roi Fernandez De La Gala      |    | PROM- 13  | 38:10   | 3:49   | 20:27 | Ourense        | Independiente                  |

| Pto | Nombre                            | Sx   | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad           | Club                               |
|-----|-----------------------------------|------|-----------|---------|--------|-------|---------------------|------------------------------------|
| 181 | Carlos Santos Argibay             |      | VETBM- 30 | 38:12   | 3:49   | 20:47 | Pontevedra          | DEPORTES MARCIAL                   |
| 182 | Antonio Campos Abalde             |      | VETAM- 33 | 38:12   | 3:49   | 21:01 | Pontevedra          | Clube Atletismo Vigo - Massini     |
| 183 | Jorge Cascon Sanchez Rodilla      |      | VETAM- 34 | 38:13   | 3:49   | 20:36 | Ourense             | EL CAIO                            |
| 184 | Jose Manuel Prieto Souto          |      | SENM- 82  | 38:15   | 3:49   | 20:38 | TEMPLE              | -                                  |
| 185 | Oscar Vazquez Feijoo              |      | SENM- 83  | 38:16   | 3:50   | 20:45 |                     | Club Fluvial de Lugo               |
| 186 | Jose Antonio Santana Canedo       |      | VETAM- 35 | 38:17   | 3:50   | 20:55 | Ourense             | Independiente                      |
| 187 | Jose Benito Gomez Lopez           |      | VETCM- 9  | 38:18   | 3:50   | 20:45 | Ourense             | Club Cafegal - Pabellón Ourense    |
| 188 | Ruben Ferreiro Valledor           |      | SENM- 84  | 38:18   | 3:50   | 20:54 | Lugo                | Independiente                      |
| 189 | Manuel Julio Angueira Hernandez   |      | SENM- 85  | 38:18   | 3:50   | 20:53 |                     | -                                  |
| 190 | Alejo Ares Prada                  |      | JUNM- 5   | 38:19   | 3:50   | 20:00 | Ourense             | Club Adas-Campo                    |
| 191 | José María Rodil Arruñada         |      | VETBM- 31 | 38:19   | 3:50   | 20:47 | a pontenova         | Independiente                      |
| 192 | Manuel Gonzalez Ojea              |      | VETCM- 10 | 38:20   | 3:50   | 21:35 | Pontevedra          | Sociedad Gimnástica de Pontevedra  |
| 193 | Javier Gomez Iglesias             |      | VETAM- 36 | 38:23   | 3:50   | 20:21 | Ourense             | Burgas Atletismo Ourense           |
| 194 | Juan Carlos Roman Marcote         |      | VETBM- 32 | 38:24   | 3:50   | 20:38 | Pontevedra          | Clube Atletismo Vigo - Massini     |
| 195 | Joaquin Dobbarrio Romasanta       |      | SENM- 86  | 38:27   | 3:51   | 21:19 | Verin               | -                                  |
| 196 | Evaristo Borrajo Iglesias         |      | VETBM- 33 | 38:27   | 3:51   | 20:57 | S. Cibrao das Viñas | Atletas Veteranos Pabellón Ourense |
| 197 | Víctor Manuel Mosquera Montero    |      | SENM- 87  | 38:28   | 3:51   | 21:04 | Orense              | Independiente                      |
| 198 | Jesus Trejo Marcos                |      | VETBM- 34 | 38:28   | 3:51   | 20:52 | Ourense             | Independiente                      |
| 199 | Ginés Vázquez Losada              |      | VETBM- 35 | 38:28   | 3:51   | 21:08 | Lugo                | Independiente                      |
| 200 | Angela Sueiro                     | F- 8 | SENF- 5   | 38:29   | 3:51   | 20:38 | Cangas de Morrazo   | CLUB ATLETISMO OFRIMA              |
| 201 | Sergio Alonso Ordorica            |      | VETBM- 36 | 38:30   | 3:51   | 21:08 | Vigo                | ATHLETICS AVENTURE EXTREME         |
| 202 | Jesus Lodeiro Mendez              |      | VETDM- 4  | 38:30   | 3:51   | 20:57 | Santiago            | CLUB MILLADOIRO                    |
| 203 | Pablo Fernandez Vazquez           |      | SENM- 88  | 38:31   | 3:51   | 20:56 | Ourense             | IES U.LABORAL/BEN CHO SEY          |
| 204 | Jose Antonio De La Cruz Rodriguez |      | VETAM- 37 | 38:33   | 3:51   | 21:27 | Ourense             | Independiente                      |
| 205 | Fernando Díez Gomez               |      | SENM- 89  | 38:34   | 3:51   | 20:56 | Lugo                | Independiente                      |
| 206 | Efren Sanchez Vidal               |      | VETBM- 37 | 38:34   | 3:51   | 20:33 | Oleiros             | -                                  |
| 207 | Pablo Losada Fernandez            |      | JUNM- 6   | 38:34   | 3:51   | 20:49 |                     | Ourense Atletismo                  |
| 208 | Martiño Gonzalez Lopez            |      | SENM- 90  | 38:34   | 3:51   | 21:12 |                     | Ourense Atletismo                  |
| 209 | Alfonso Ferradás Vilán            |      | VETAM- 38 | 38:37   | 3:52   | 21:36 | A Coruña            | CORRERENGALICIA.ORG                |
| 210 | Hugo Noya Enríquez                |      | PROM- 14  | 38:37   | 3:52   | 21:46 | O Grove             | Independiente                      |

| Pto | Nombre                       | Sx    | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad         | Club                               |
|-----|------------------------------|-------|-----------|---------|--------|-------|-------------------|------------------------------------|
| 211 | Alejandro Carril Brea        |       | SENM- 91  | 38:37   | 3:52   | 21:15 | Lugo              | CD Egozarros                       |
| 212 | Jose Miguel Guapo Rafael     |       | VETBM- 38 | 38:38   | 3:52   | 20:54 | Ponferrada        | -                                  |
| 213 | Luis Seoane Cebreiros        |       | VETDM- 5  | 38:39   | 3:52   | 21:04 | Ourense           | Burgas Atletismo Ourense           |
| 214 | Antonio Lopez Fernandez      |       | VETAM- 39 | 38:40   | 3:52   | 21:19 | Muiños            | CLUBE ATLETAS DA BAIXA LIMIA       |
| 215 | Manuel Rodriguez Teijeiro    |       | VETAM- 40 | 38:42   | 3:52   | 21:00 | Ourense           | Club Adas-Campo                    |
| 216 | Andrés Lombardero Fernández  |       | SENM- 92  | 38:43   | 3:52   | 21:09 | a pontenova       | Independiente                      |
| 217 | Erea Rodriguez Puente        | F- 9  | PROF- 1   | 38:43   | 3:52   | 21:09 |                   | Ourense Atletismo                  |
| 218 | Emilio Vazquez Lopez         |       | VETAM- 41 | 38:44   | 3:52   | 21:10 | Ourense           | Burgas Atletismo Ourense           |
| 219 | Benito Bouzada Blanco        |       | SENM- 93  | 38:46   | 3:53   | 20:50 | Barbadas          | VETERANOS PABELLON                 |
| 220 | Jose Carballeira Puñal       |       | SENM- 94  | 38:46   | 3:53   | 21:11 | Santiago          | -                                  |
| 221 | Jose Manuel Perez Pereira    |       | VETAM- 42 | 38:50   | 3:53   | 21:06 | Lugo              | CD Egozarros                       |
| 222 | Manuel Buide Paz             |       | SENM- 95  | 38:53   | 3:53   | 21:06 | Lugo              | -                                  |
| 223 | Luis Alfonso Novo Veiga      |       | SENM- 96  | 38:55   | 3:53   | 21:17 | CODESIDO BOIMIL   | -                                  |
| 224 | Carlos Gonzalez Gonzalez     |       | VETAM- 43 | 38:55   | 3:53   | 21:42 | Pereiro de Aguiar | Independiente                      |
| 225 | Manuel Quiroga Fernandez     |       | VETBM- 39 | 38:56   | 3:54   | 21:09 | Ourense           | Independiente                      |
| 226 | Javier Perez Bouza           |       | SENM- 97  | 38:56   | 3:54   | 21:05 | As Pontes         | Atletismo Olympo                   |
| 227 | Javier Gesteiro Rodriguez    |       | SENM- 98  | 38:59   | 3:54   | 21:13 | Ourense           | Independiente                      |
| 228 | Manuel Trabada Gomez         |       | VETCM- 11 | 39:00   | 3:54   | 21:09 | Lugo              | Independiente                      |
| 229 | Jose Manuel Gonzalez Chayan  |       | VETAM- 44 | 39:01   | 3:54   | 21:51 | Pontevedra        | Atletas Veteranos de Galicia       |
| 230 | Jose Luis Castro Conde       |       | VETAM- 45 | 39:02   | 3:54   | 21:31 |                   | ATHLETICS AVENTURA                 |
| 231 | Jennifer KÖlling             | F- 10 | PROF- 2   | 39:02   | 3:54   | 21:12 |                   | Ourense Atletismo                  |
| 232 | Ismael Iglesias Gonzalez     |       | SENM- 99  | 39:02   | 3:54   | 20:49 | Ourense           | Independiente                      |
| 233 | Alvaro Vazquez Alvarez       |       | SENM- 100 | 39:05   | 3:54   | 21:28 | Ourense           | -                                  |
| 234 | Miguel Angel Novoa Rodriguez |       | SENM- 101 | 39:05   | 3:54   | 21:29 | Pontevedra        | Independiente                      |
| 235 | Venancio Paramos Perez       |       | VETCM- 12 | 39:06   | 3:55   | 21:30 |                   | ATLETISMO Porriño                  |
| 236 | Alfredo Polín Núñez          |       | SENM- 102 | 39:06   | 3:55   | 21:05 | Navia de Suarna   | Independiente                      |
| 237 | Xoan Carlos Feixoo Miron     |       | VETBM- 40 | 39:07   | 3:55   | 21:11 | Ourense           | Veteranos PabellOn Ourense         |
| 238 | Antonio Reza                 |       | VETBM- 41 | 39:09   | 3:55   | 21:11 | Celanova          | Atletas Veteranos Pabellón Ourense |
| 239 | Felix Gulin Cid              |       | VETAM- 46 | 39:09   | 3:55   | 21:05 | Ourense           | Sociedad Atletica Allariz          |
| 240 | Lelucho Louro Insua          |       | SENM- 103 | 39:10   | 3:55   | 21:21 | NOIA              | Club Atletismo Noia                |



| Pto | Nombre                         | Sx    | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad            | Club                              |
|-----|--------------------------------|-------|-----------|---------|--------|-------|----------------------|-----------------------------------|
| 241 | Isaac Chamin Conde             |       | VETAM- 47 | 39:10   | 3:55   | 21:41 | VERIN                | Independiente                     |
| 242 | Javier Rodriguez Sarmiento     |       | VETBM- 42 | 39:10   | 3:55   | 21:11 | Ourense              | Independiente                     |
| 243 | Daniel Valentin Inunciaga      |       | VETBM- 43 | 39:12   | 3:55   | 21:07 | Ourense              | Ourense Atletismo                 |
| 244 | Jose Maximo Rodriguez Gonzalez |       | SENM- 104 | 39:16   | 3:56   | 20:51 | Ourense              | Independiente                     |
| 245 | Juan Carlos Ferro Pozo         |       | SENM- 105 | 39:16   | 3:56   | 21:13 | Redondela            | -                                 |
| 246 | Miguel Angel Zas Maneiro       |       | SENM- 106 | 39:18   | 3:56   | 21:27 | milladoiro-ames      | -                                 |
| 247 | Monica Dorelle Millan          | F- 11 | SENF- 6   | 39:19   | 3:56   | 21:30 |                      | Ría de Ferrol                     |
| 248 | Jose Luis Aragunde Soutullo    |       | SENM- 107 | 39:21   | 3:56   | 21:48 | CAMBADOS             | -                                 |
| 249 | Jose Antonio Grela Garcia      |       | SENM- 108 | 39:24   | 3:56   | 21:00 | Silleda              | Club Atletismo Deza               |
| 250 | Carmen Penas Blanco            | F- 12 | SENF- 7   | 39:28   | 3:57   | 21:25 | Vigo                 | Comesaña Sporting Club            |
| 251 | Francisco Penas Varela         |       | PROM- 15  | 39:32   | 3:57   | 22:16 | santiso              | -                                 |
| 252 | Jose Antonio Ricoy Bugarin     |       | VETAM- 48 | 39:33   | 3:57   | 22:09 | Pontevedra           | Sociedad Gimnástica de Pontevedra |
| 253 | Santiago Conde Bermudez        |       | VETBM- 44 | 39:35   | 3:57   | 21:33 | Ourense              | Burgas Atletismo Ourense          |
| 254 | Miguel Sende Miranda           |       | VETAM- 49 | 39:36   | 3:58   | 21:07 | A Coruña             | Club Atletismo Sar-Mahía          |
| 255 | Ingrid Rodriguez Vazquez       | F- 13 | VETAF- 3  | 39:36   | 3:58   | 21:12 | Ourense              | Independiente                     |
| 256 | Jose Manuel Gallego Guisande   |       | VETCM- 13 | 39:37   | 3:58   | 21:20 | Pontevedra           | Clube Atletismo Vigo - Massini    |
| 257 | Juan Carlos Fernandez Perez    |       | VETAM- 50 | 39:37   | 3:58   | 21:29 | Lugo                 | CLUB FLUVIAL Lugo                 |
| 258 | Luis Mendez Torres             |       | VETAM- 51 | 39:38   | 3:58   | 21:39 | Puebla del Caramiñal | -                                 |
| 259 | Jose Carlos Vilar Fernandez    |       | VETDM- 6  | 39:40   | 3:58   | 21:32 | Vigo                 | -                                 |
| 260 | Francisco Couceiro Magan       |       | VETBM- 45 | 39:41   | 3:58   | 21:30 | Pontevedra           | Atletismo Estradense              |
| 261 | Julio Gil Lareo                |       | VETAM- 52 | 39:41   | 3:58   | 21:37 | Vigo                 | -                                 |
| 262 | Isidoro Feijoo Ansean          |       | VETDM- 7  | 39:42   | 3:58   | 21:34 |                      | Club Fluvial de Lugo              |
| 263 | Natalia Raña Fuentes           | F- 14 | SENF- 8   | 39:43   | 3:58   | 21:14 | ORDES                | Rla Ferrol - ConcepciOn Arenal    |
| 264 | Javier Sertal Casalderrey      |       | VETCM- 14 | 39:44   | 3:58   | 21:45 | Pontevedra           | Sociedad Gimnástica de Pontevedra |
| 265 | Julio Manuel Gallo Fernandez   |       | VETDM- 8  | 39:44   | 3:58   | 22:15 | BAIONA               | Independiente                     |
| 266 | Jose Manuel Alvarez Pereira    |       | VETBM- 46 | 39:46   | 3:59   | 22:31 |                      | ATLETISMO Porriño                 |
| 267 | Javier Fontao Ageitos          |       | VETAM- 53 | 39:46   | 3:59   | 21:46 | RIBEIRA              | RIVEIRA ATLETISMO                 |
| 268 | Chus Valiño Novo               | F- 15 | SENF- 9   | 39:47   | 3:59   | 21:15 | Lugo                 | Ría de Ferrol                     |
| 269 | Jacinto Fontao Ageitos         |       | VETAM- 54 | 39:47   | 3:59   | 21:45 | RIBEIRA              | RIVEIRA ATLETISMO                 |
| 270 | Jose Ramon Arufe Vidal         |       | VETBM- 47 | 39:47   | 3:59   | 21:20 | Milladoiro-Ames      | Clube Atletismo Milladoiro        |

| Pto | Nombre                           | Sx    | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad         | Club                              |
|-----|----------------------------------|-------|-----------|---------|--------|-------|-------------------|-----------------------------------|
| 271 | Antonio Menduiña Baston          |       | VETCM- 15 | 39:48   | 3:59   | 22:43 | CANGAS            | Atletismo Corredoiras             |
| 272 | Iria Fernandez Fontenla          | F- 16 | SENF- 10  | 39:51   | 3:59   | 21:29 |                   | Ourense Atletismo                 |
| 273 | Jorge Rodriguez Vargas           |       | SENM- 109 | 39:51   | 3:59   | 21:29 | Ourense           | Independiente                     |
| 274 | Jorge Novoa Perez                |       | SENM- 110 | 39:52   | 3:59   | 21:30 | Ourense           | Independiente                     |
| 275 | Jose Manuel Martinez Loureiro    |       | SENM- 111 | 39:54   | 3:59   | 22:39 | Lugo              | Independiente                     |
| 276 | Alfredo Fandiño Ares             |       | VETAM- 55 | 39:55   | 3:59   | 22:44 | Santiago          | -                                 |
| 277 | Roberto Rey Gonzalez             |       | VETEM- 4  | 39:57   | 4:00   | 21:30 |                   | PRECISGAL TEAM                    |
| 278 | Lisa Mueller                     | F- 17 | PROF- 3   | 39:57   | 4:00   | 21:21 | A Coruña          | ASV Duisburg (Alemania)           |
| 279 | Enrique Teixeira Paulo           |       | VETBM- 48 | 39:58   | 4:00   | 21:59 | UNTES             | Independiente                     |
| 280 | Antonio Javier Pintos Ramos      |       | VETCM- 16 | 39:58   | 4:00   | 21:32 | Pontevedra        | Clube Atletismo Vigo - Massini    |
| 281 | Pio Garcia Suarez                |       | VETCM- 17 | 40:01   | 4:00   | 22:09 | Ourense           | Sociedad Atletica Allariz         |
| 282 | Gonzalo Alberto Vazquez Ferreiro |       | VETDM- 9  | 40:04   | 4:00   | 21:48 | Ourense           | Club Cafegal - Pabellón Ourense   |
| 283 | Ivan Garcia Iglesias             |       | PROM- 16  | 40:05   | 4:00   | 21:45 | Ourense           | Independiente                     |
| 284 | álvaro Manuel Rodríguez Santos   |       | SENM- 113 | 40:06   | 4:01   | 21:52 | Viduido (Ames)    | Independiente                     |
| 285 | Mario Camiña Iglesias            |       | SENM- 112 | 40:06   | 4:01   | 21:40 |                   | -                                 |
| 286 | Julio Alberto Méndez Santás      |       | SENM- 114 | 40:07   | 4:01   | 21:36 | MACEDA            | Independiente                     |
| 287 | Carmelo Gorriz Gil               |       | SENM- 115 | 40:07   | 4:01   | 22:10 | Vigo              | -                                 |
| 288 | Jose Rodriguez Quintas           |       | VETBM- 49 | 40:08   | 4:01   | 22:01 | Pereiro de Aguiar | Independiente                     |
| 289 | Jose Mira Fernandez              |       | VETAM- 56 | 40:08   | 4:01   | 21:47 | Pereiro de Aguiar | Independiente                     |
| 290 | Xosé Manuel Meijome Sánchez      |       | VETAM- 57 | 40:08   | 4:01   | 21:47 | Ponferrada        | CORRERENGALICIA.ORG               |
| 291 | Martin Reimundez Rodriguez       |       | VETAM- 58 | 40:09   | 4:01   | 21:59 | A Coruña          | Club Atletismo Sar-Mahía          |
| 292 | Jose Manuel Casado Mendez        |       | SENM- 116 | 40:09   | 4:01   | 22:00 | maceda            | Independiente                     |
| 293 | Rafael Barros Oya                |       | VETAM- 59 | 40:09   | 4:01   | 22:27 | Vigo              | -                                 |
| 294 | Francisco Jose Vicente Bamio     |       | VETBM- 50 | 40:10   | 4:01   | 21:32 | Pontevedra        | Clube Atletismo Vigo - Massini    |
| 295 | Jose Luis Pico Pita              |       | VETAM- 60 | 40:12   | 4:01   | 22:53 | Pontevedra        | Clube Atletismo Vigo - Massini    |
| 296 | Santiago Mallo Vilas             |       | VETCM- 18 | 40:12   | 4:01   | 23:10 | Vigo              | Independiente                     |
| 297 | Agustin Sobrado Menoni           |       | JUNM- 7   | 40:13   | 4:01   | 21:44 | Pontevedra        | SA Val Miñor                      |
| 298 | Javier Pacios Lopez              |       | SENM- 117 | 40:14   | 4:01   | 22:20 | RIMOR             | -                                 |
| 299 | Benito Boullosa Moure            |       | VETBM- 51 | 40:14   | 4:01   | 22:17 | Pontevedra        | Sociedad Gimnástica de Pontevedra |
| 300 | José Luis Sampedro Morandeira    |       | VETAM- 61 | 40:17   | 4:02   | 22:02 | A Coruña          | Independiente                     |

| Pto | Nombre                        | Sx    | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad       | Club                         |
|-----|-------------------------------|-------|-----------|---------|--------|-------|-----------------|------------------------------|
| 301 | Manuel Folgoso Rocha          |       | VETAM- 62 | 40:17   | 4:02   | 21:58 | Ourense         | Independiente                |
| 302 | Marcelino Villar Fernandez    |       | VETAM- 63 | 40:20   | 4:02   | 22:08 | LEON            | AD VEGA DE ESPINAREDA        |
| 303 | Javier Miranda Acuña          |       | PROM- 17  | 40:20   | 4:02   | 22:30 | OURENS          | Independiente                |
| 304 | Oscar Dapousa Gallego         |       | SENM- 118 | 40:23   | 4:02   | 22:57 | Ourense         | Independiente                |
| 305 | Jose Manuel Barge Barge       |       | VETCM- 19 | 40:24   | 4:02   | 22:03 | xinzo de limia  | Independiente                |
| 306 | Ivan Rubio Aviñoa             |       | PROM- 18  | 40:24   | 4:02   | 22:02 | Ourense         | Independiente                |
| 307 | Pedro Diez Lopez              |       | SENM- 119 | 40:27   | 4:03   | 22:50 | LEON            | Independiente                |
| 308 | Elena Del Mar Naveiro Parada  | F- 18 | SENF- 11  | 40:27   | 4:03   | 22:20 | O GROVE         | Venturiña do Grove           |
| 309 | Oscar Marques Marban          |       | SENM- 120 | 40:27   | 4:03   | 22:08 | LEON            | AD VEGA DE ESPINAREDA        |
| 310 | Emilio Fernandez Sorribas     |       | SENM- 122 | 40:29   | 4:03   | 21:55 | Ourense         | Independiente                |
| 311 | Diego Calviño Rodríguez       |       | SENM- 121 | 40:29   | 4:03   | 21:44 | Cartelle        | Independiente                |
| 312 | Xil Rodriguez Gil             |       | VETAM- 64 | 40:29   | 4:03   | 22:17 | Lugo            | CD Egozarros                 |
| 313 | Ivan Marnotes Conde           |       | JUNM- 8   | 40:31   | 4:03   | 22:15 | Ourense         | Ourense ATLETISMO            |
| 314 | Antonio Díez Silván           |       | SENM- 123 | 40:31   | 4:03   | 22:31 | MANZANEDA       | Independiente                |
| 315 | Pablo Rueda Rodríguez-Vila    |       | PROM- 19  | 40:31   | 4:03   | 22:18 |                 | Comesaña Sporting Club       |
| 316 | Santiago Gonzalez Gutierrez   |       | SENM- 124 | 40:32   | 4:03   | 21:46 |                 | Club Atletismo Deza          |
| 317 | Bernardo Fernandez Gonzalez   |       | SENM- 125 | 40:32   | 4:03   | 21:35 | Ourense         | Independiente                |
| 318 | Jose Antonio Veloso Miranda   |       | VETAM- 65 | 40:33   | 4:03   | 23:14 | Ourense         | Independiente                |
| 319 | Xabier Díaz Fernández         |       | SENM- 126 | 40:33   | 4:03   | 22:20 | Lugo            | SAN FERNANDO LUCUS           |
| 320 | Manuel Rosales Touza          |       | VETGM- 1  | 40:33   | 4:03   | 22:01 | MARIN           | Atletas Veteranos de Galicia |
| 321 | Diego Lobo Vicente            |       | SENM- 127 | 40:33   | 4:03   | 21:44 | Lugo            | Independiente                |
| 322 | José Román González González  |       | VETDM- 10 | 40:34   | 4:03   | 22:17 | Vigo            | Independiente                |
| 323 | Manuel Vigo Mourullo          |       | VETDM- 11 | 40:35   | 4:03   | 22:39 | Santiago        | Milla de Ouro                |
| 324 | Javier Reigosa Cubero         |       | VETAM- 66 | 40:35   | 4:03   | 22:06 | Lugo            | Independiente                |
| 325 | Rafael Perez Rego             |       | VETCM- 20 | 40:36   | 4:04   | 22:54 | Tui             | Independiente                |
| 326 | Javier Castellanos Marcos     |       | VETCM- 21 | 40:37   | 4:04   | 22:04 | UNION DE CAMPOS | -                            |
| 327 | Marco Antonio Perez Garcia    |       | SENM- 128 | 40:37   | 4:04   | 22:16 | Lugo            | CD Egozarros                 |
| 328 | Jose Ramon Rodriguez Iglesias |       | SENM- 129 | 40:37   | 4:04   | 20:35 | SAN CLAUDIO 2   | -                            |
| 329 | Juan Jose Cruz Alonso         |       | SENM- 130 | 40:37   | 4:04   | 22:05 | Barbadas        | -                            |
| 330 | Luciano Cendon Diz            |       | VETAM- 67 | 40:38   | 4:04   | 22:38 |                 | KORPORE Carballiño           |

| Pto | Nombre                           | Sx | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad          | Club                               |
|-----|----------------------------------|----|-----------|---------|--------|-------|--------------------|------------------------------------|
| 331 | Francisco Jose Martinez Ferrero  |    | VETAM- 68 | 40:38   | 4:04   | 22:22 | la bañeza          | Independiente                      |
| 332 | Francisco Xavier Baños Campo     |    | VETBM- 52 | 40:40   | 4:04   | 22:16 | Ourense            | Atletas Veteranos Pabellón Ourense |
| 333 | Marcos Alvarez Fernandez         |    | VETAM- 69 | 40:41   | 4:04   | 22:11 | Ourense            | PATO BLANCO CELANOVA               |
| 334 | Luis Miguel Garcia Fernandez     |    | VETDM- 12 | 40:43   | 4:04   | 22:22 | Lugo               | CD Egozarros                       |
| 335 | Castor Vazquez Vazquez           |    | VETBM- 53 | 40:44   | 4:04   | 21:57 | Barbadas           | Independiente                      |
| 336 | Marcos Cruz Sanchez              |    | PROM- 20  | 40:44   | 4:04   | 22:37 |                    | ATHLETICS AVENTURA                 |
| 337 | Angel Rodriguez Santamaria       |    | VETBM- 54 | 40:45   | 4:04   | 22:16 | Riveira            | Club Atletismo Riveira             |
| 338 | Jose Manuel Perez Vazquez        |    | VETCM- 22 | 40:45   | 4:04   | 22:39 |                    | ATHLETICS AVENTURA                 |
| 339 | Fernando Rego Perez              |    | SENM- 131 | 40:45   | 4:04   | 22:02 | Ourense            | Independiente                      |
| 340 | Fernando F. Bouzas Gonzalez      |    | VETDM- 13 | 40:46   | 4:05   | 22:43 | Ourense            | Sociedad Atletica Allariz          |
| 341 | Jesús Patricio Agulleiro Díaz    |    | VETAM- 70 | 40:47   | 4:05   | 22:02 | AMES               | Independiente                      |
| 342 | Juan Carlos Vidal Gonzalez       |    | VETBM- 55 | 40:48   | 4:05   | 22:56 |                    | ATLETISMO Porriño                  |
| 343 | Francisco Rodríguez Lama         |    | VETBM- 56 | 40:49   | 4:05   | 22:04 | Ourense            | Independiente                      |
| 344 | Afonso Toimil Castro             |    | VETAM- 71 | 40:50   | 4:05   | 22:40 | Teo                | -                                  |
| 345 | Alberto Rodriguez Meiriño        |    | SENM- 132 | 40:51   | 4:05   | 22:39 | Vigo               | -                                  |
| 346 | Ricardo Gil Dopazo               |    | SENM- 133 | 40:52   | 4:05   | 22:45 | MARIN              | Atletas Veteranos de Galicia       |
| 347 | Antonio Pulpeiro Alvarez         |    | SENM- 134 | 40:52   | 4:05   | 22:13 | RIBADEO            | Independiente                      |
| 348 | Jose Manuel Perez Feijoo         |    | VETBM- 57 | 40:52   | 4:05   | 22:03 | Ourense            | Independiente                      |
| 349 | Sergio Carreira                  |    | SENM- 135 | 40:52   | 4:05   | 22:04 | NOIA               | -                                  |
| 350 | Fernando Rascado Del Prado       |    | VETBM- 58 | 40:53   | 4:05   | 22:31 | Pontevedra         | Clube Atletismo Vigo - Massini     |
| 351 | Celso Fernandez Fernandez        |    | SENM- 136 | 40:53   | 4:05   | 21:47 | Ourense            | Independiente                      |
| 352 | Emilio Gomez Calviño             |    | VETAM- 72 | 40:54   | 4:05   | 22:17 | A Coruña           | VETERANOS NOIA                     |
| 353 | Marcos Antonio Blanco Figueirido |    | VETAM- 73 | 40:54   | 4:05   | 22:22 | SERRA DE OUTES     | CORRERENGALICIA.ORG                |
| 354 | Angel Martinez Oviedo            |    | VETBM- 59 | 40:55   | 4:05   | 22:18 | Noia               | Independiente                      |
| 355 | Francisco Jose Gomez Castro      |    | VETBM- 60 | 40:55   | 4:05   | 22:23 | A Coruña           | VETERANOS NOIA                     |
| 356 | Alvaro Cores Gonzalez            |    | VETCM- 23 | 40:55   | 4:05   | 22:16 | Pobra do Caramiñal | -                                  |
| 357 | Candido Miguez Garcia            |    | VETBM- 61 | 40:57   | 4:06   | 22:39 | Teo                | Clube Atletismo Milladoiro         |
| 358 | Ramon Perez De Lis Nieto         |    | SENM- 137 | 40:57   | 4:06   | 22:28 | Vigo               | -                                  |
| 359 | Jose Emilio Novoa Domuro         |    | VETBM- 62 | 40:58   | 4:06   | 22:17 | Ourense            | Independiente                      |
| 360 | Julian Alonso Rey                |    | VETCM- 24 | 40:58   | 4:06   | 22:15 | Ourense            | -                                  |

| Pto | Nombre                         | Sx | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad         | Club                           |
|-----|--------------------------------|----|-----------|---------|--------|-------|-------------------|--------------------------------|
| 361 | Alfredo Ferreiro Deaño         |    | SENM- 138 | 40:58   | 4:06   | 22:52 | RIBADAVIA         | TRIATLON Ourense               |
| 362 | Gonzalo Santos Argibay         |    | VETBM- 63 | 40:59   | 4:06   | 22:47 | Pontevedra        | DEPORTES MARCIAL               |
| 363 | Jose Miguel Fernandez Vazquez  |    | SENM- 139 | 40:59   | 4:06   | 22:06 | Lugo              | Independiente                  |
| 364 | Ramiro Mendez Rodriguez        |    | VETCM- 25 | 40:59   | 4:06   | 22:44 | Monforte de Lemos | Independiente                  |
| 365 | Francisco Javier Oliveira Boga |    | SENM- 140 | 41:00   | 4:06   | 22:05 | padron            | -                              |
| 366 | Felisindo Vila Blanco          |    | VETDM- 14 | 41:00   | 4:06   | 21:57 | TABOADELA         | Independiente                  |
| 367 | Emilio Jose Pajaro Crespo      |    | SENM- 141 | 41:00   | 4:06   | 22:14 | BEMBIBRE          | -                              |
| 368 | Santiago Rodriguez Carracedo   |    | SENM- 142 | 41:00   | 4:06   | 22:08 |                   | -                              |
| 369 | Ramon Rodriguez Estevez        |    | VETAM- 74 | 41:01   | 4:06   | 22:35 | COLES             | Independiente                  |
| 370 | Celestino Antunez Martinez     |    | SENM- 143 | 41:01   | 4:06   | 22:48 | Pias              | -                              |
| 371 | Jose Carlos Garcia Picallo     |    | VETBM- 64 | 41:03   | 4:06   | 22:17 | A Estrada         | -                              |
| 372 | Jose Pose Vilas                |    | SENM- 144 | 41:05   | 4:06   | 22:35 | A Coruña          | VETERANOS NOIA                 |
| 373 | Alfonso Rodriguez Moro         |    | VETDM- 15 | 41:07   | 4:07   | 23:21 | Vigo              | Club A. Castrelos              |
| 374 | Alberto Mallo Marcos           |    | VETAM- 75 | 41:07   | 4:07   | 22:52 | Vigo              | Club A. Castrelos              |
| 375 | Fernando Rodriguez Vilariño    |    | VETAM- 76 | 41:08   | 4:07   | 22:01 | Lalln             | Club Atletismo Deza            |
| 376 | Alvaro Rodriguez Plasencia     |    | VETBM- 65 | 41:08   | 4:07   | 22:29 | Ourense           | Burgas Atletismo Ourense       |
| 377 | Adriel Martinez Menor          |    | JUNM- 9   | 41:08   | 4:07   | 22:25 | Ourense           | Burgas Atletismo Ourense       |
| 378 | Francisco Barros Perez         |    | VETBM- 66 | 41:09   | 4:07   | 22:48 | BEADE-Vigo        | -                              |
| 379 | Francisco Blanco Alvarez       |    | VETAM- 77 | 41:10   | 4:07   | 22:06 | Ourense           | -                              |
| 380 | Francisco Miguel Buela Cruces  |    | VETAM- 78 | 41:10   | 4:07   | 22:38 | Ames              | Milla de Ouro                  |
| 381 | Jose Luis Gomez Nespereira     |    | VETBM- 67 | 41:11   | 4:07   | 22:11 | Ourense           | Independiente                  |
| 382 | Roberto Fernandez Añel         |    | VETAM- 79 | 41:12   | 4:07   | 22:12 | Ourense           | Independiente                  |
| 383 | Jose Enrique Fidalgo Vila      |    | SENM- 145 | 41:14   | 4:07   | 22:06 | Lugo              | CLUB FLUVIAL Lugo              |
| 384 | Alejandro Cuadros Vega         |    | VETAM- 80 | 41:14   | 4:07   | 22:20 | Lugo              | CLUB FLUVIAL Lugo              |
| 385 | Ramon Suarez Gomez             |    | VETDM- 16 | 41:15   | 4:07   | 23:09 | Milladoiro-Ames   | Clube Atletismo Milladoiro     |
| 386 | Jose Carlos Riol Cañedo        |    | VETBM- 68 | 41:16   | 4:08   | 22:33 | Ourense           | IES O COUTO                    |
| 387 | Jose Antonio Sandianes Lorenzo |    | VETDM- 17 | 41:16   | 4:08   | 22:45 | Ourense           | Club Auto Escola San Francisco |
| 388 | Jose Luis Lopez Sueiro         |    | SENM- 146 | 41:16   | 4:08   | 23:21 | Santiago          | Milla de Ouro                  |
| 389 | Jose Luis Rey Fernandez        |    | VETEM- 5  | 41:17   | 4:08   | 22:32 | Ourense           | VETERANOS PABELLON             |
| 390 | Ignacio Perez Rodriguez        |    | VETAM- 81 | 41:17   | 4:08   | 22:46 | Ourense           | Independiente                  |

| Pto | Nombre                         | Sx | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad           | Club                              |
|-----|--------------------------------|----|-----------|---------|--------|-------|---------------------|-----------------------------------|
| 391 | Antonio Perez Iglesias         |    | VETAM- 82 | 41:18   | 4:08   | 22:51 | Vigo                | -                                 |
| 392 | Juan Gigirey Amado             |    | SENM- 147 | 41:18   | 4:08   | 22:55 | Bertamirans (Ames)  | -                                 |
| 393 | Jose Luis Cid Perez            |    | SENM- 148 | 41:19   | 4:08   | 22:14 | VILAR DE ASTRES     | Independiente                     |
| 394 | Benito Gutierrez Alonso        |    | VETBM- 69 | 41:21   | 4:08   | 22:44 | LA Coruña           | -                                 |
| 395 | Jaime Vila Taboada             |    | VETDM- 18 | 41:21   | 4:08   | 22:52 | Ourense             | Independiente                     |
| 396 | Miguel Angel Fernandez Gallego |    | VETAM- 83 | 41:22   | 4:08   | 22:29 | Ourense             | -                                 |
| 397 | Miguel Varela Fernandez        |    | SENM- 149 | 41:24   | 4:08   | 23:22 | LALIN               | -                                 |
| 398 | Rodrigo Barbosa Gonzalez       |    | VETAM- 84 | 41:24   | 4:08   | 22:51 | Porriño             | Club Atletismo Val da Louriña     |
| 399 | Armando Piñeiro Perez          |    | VETBM- 70 | 41:24   | 4:08   | 23:23 | LALIN               | Independiente                     |
| 400 | Manuel Otero Perez             |    | VETEM- 6  | 41:24   | 4:08   | 23:45 | BUEU                | Atletismo Corredoiras             |
| 401 | Luis Maria Tojal Del Casero    |    | VETBM- 71 | 41:24   | 4:08   | 23:28 | Pontevedra          | Sociedad Gimnástica de Pontevedra |
| 402 | Juan Romero Fernandez          |    | SENM- 150 | 41:25   | 4:08   | 22:26 | Ourense             | CAIO                              |
| 403 | Pedro Agustin Navas Galvez     |    | SENM- 151 | 41:26   | 4:09   | 23:34 | Ourense             | -                                 |
| 404 | Diego Jesus Sotelo Fernandez   |    | SENM- 152 | 41:26   | 4:09   | 23:34 | Ourense             | Independiente                     |
| 405 | Jose Ramon Perdiz Gonzalez     |    | VETCM- 26 | 41:28   | 4:09   | 22:50 | Ourense             | Burgas Atletismo Ourense          |
| 406 | Jorge Pallas Valleros          |    | VETAM- 85 | 41:28   | 4:09   | 22:04 | Ourense             | Independiente                     |
| 407 | Gumersindo Alvarez Gonzalez    |    | VETBM- 72 | 41:28   | 4:09   | 23:15 | Ourense             | Burgas Atletismo Ourense          |
| 408 | Jose Manuel Iglesias Rodriguez |    | VETCM- 27 | 41:28   | 4:09   | 22:29 | Ourense             | Burgas Atletismo Ourense          |
| 409 | Bartolome Sanmartin Caamaño    |    | SENM- 153 | 41:29   | 4:09   | 23:01 | A Coruña            | VETERANOS NOIA                    |
| 410 | Victorino Pedrosa Pedrosa      |    | PROM- 21  | 41:31   | 4:09   | 21:26 | SERRA DE OUTES      | Independiente                     |
| 411 | Francisco Carames Masana       |    | JUNM- 10  | 41:31   | 4:09   | 22:16 |                     | Ourense Atletismo                 |
| 412 | Samuel Novoa Fernandez         |    | JUNM- 11  | 41:32   | 4:09   | 22:45 |                     | KORPORE Carballiño                |
| 413 | Roberto Rodal Gonzalez         |    | SENM- 154 | 41:33   | 4:09   | 22:58 | Cangas de Morrazo   | NON FEDERADO                      |
| 414 | Jose Antonio Rodriguez Alvarez |    | SENM- 155 | 41:34   | 4:09   | 22:59 | Pontevedra          | Clube Atletismo Vigo - Massini    |
| 415 | Francisco J. Del Río González  |    | SENM- 156 | 41:34   | 4:09   | 23:00 | Moaña               | Independiente                     |
| 416 | David Vazquez Rodriguez        |    | VETAM- 86 | 41:36   | 4:10   | 22:22 | Ourense             | Independiente                     |
| 417 | Carlos Guede Blanco            |    | VETBM- 73 | 41:36   | 4:10   | 22:52 | Ourense             | VETERANOS PABELLON                |
| 418 | Manuel Gil Grego               |    | VETDM- 19 | 41:37   | 4:10   | 22:45 | Ourense             | Independiente                     |
| 419 | Diego Garcia Dominguez         |    | SENM- 157 | 41:39   | 4:10   | 22:45 | S. Cibrao das Viñas | Independiente                     |
| 420 | Nicasio Castellanos Juan       |    | VETBM- 74 | 41:39   | 4:10   | 22:59 | Pontevedra          | Clube Atletismo Vigo - Massini    |

| Pto | Nombre                         | Sx    | PtoCat    | T_Final | Rit/Km | T_km5 | Localidad         | Club                           |
|-----|--------------------------------|-------|-----------|---------|--------|-------|-------------------|--------------------------------|
| 421 | Roberto Rodriguez Davila       |       | PROM- 22  | 41:40   | 4:10   | 22:54 | Pontevedra        | Independiente                  |
| 422 | Teodoro Martinez Alonso        |       | VETBM- 75 | 41:40   | 4:10   | 22:43 | Ourense           | -                              |
| 423 | Jose Manuel Carballada Granada |       | VETBM- 76 | 41:41   | 4:10   | 22:24 | Lugo              | Club Maraton Monforte          |
| 424 | Daniel Tarela Miramontes       |       | SENM- 158 | 41:42   | 4:10   | 22:55 | Noia              | -                              |
| 425 | Miguel Gonzalez Rodriguez      |       | SENM- 159 | 41:42   | 4:10   | 23:30 | Ourense           | Independiente                  |
| 426 | Jose Angel Barallobre Cancela  |       | VETBM- 77 | 41:43   | 4:10   | 22:38 | A Coruña          | Independiente                  |
| 427 | Juan Carlos Fernandez Caride   |       | VETAM- 87 | 41:46   | 4:11   | 23:40 |                   | KORPORE Carballiño             |
| 428 | Nicanor Fernandez Mojon        |       | SENM- 160 | 41:46   | 4:11   | 22:09 | Vigo              | -                              |
| 429 | Manuel Prada Alvarez           |       | VETCM- 28 | 41:47   | 4:11   | 22:10 | Ourense           | Club Adas-Campo                |
| 430 | Jose Luis Requejo Perez        |       | VETEM- 7  | 41:47   | 4:11   | 22:37 | Ourense           | VETERANOS PABELLON             |
| 431 | Oscar Couto Calviño            |       | SENM- 161 | 41:48   | 4:11   | 22:36 | Barbadas          | Independiente                  |
| 432 | Jose Manuel Alonso Perez       |       | VETCM- 29 | 41:49   | 4:11   | 22:47 | Lugo              | CLUB FLUVIAL Lugo              |
| 433 | David Pérez Santamaría         |       | VETAM- 88 | 41:49   | 4:11   | 23:37 | Padrón            | Independiente                  |
| 434 | Cesar Garcia Nuñez             |       | SENM- 162 | 41:50   | 4:11   | 23:01 | A Coruña          | VETERANOS NOIA                 |
| 435 | Equicio Prieto Gonzalez        |       | VETBM- 78 | 41:51   | 4:11   | 23:07 | Ourense           | VETERANOS PABELLON             |
| 436 | Julio J. Souto Diz             |       | VETBM- 79 | 41:51   | 4:11   | 23:23 | OLEIROS           | -                              |
| 437 | Alberto Campos Abalde          |       | SENM- 163 | 41:52   | 4:11   | 23:13 | Pontevedra        | Clube Atletismo Vigo - Massini |
| 438 | Javier Prieto Rodriguez        |       | VETAM- 89 | 41:53   | 4:11   | 23:17 | Ourense           | Independiente                  |
| 439 | Tomas Fraiz Velazquez          |       | PROM- 23  | 41:55   | 4:11   | 22:59 | VIANA DO BOLO     | -                              |
| 440 | Julio Alvarez Estevez          |       | VETAM- 90 | 41:56   | 4:12   | 23:57 | Vigo              | -                              |
| 441 | Alberto Trincado Fernandez     |       | VETAM- 91 | 41:56   | 4:12   | 22:28 | Vigo              | Independiente                  |
| 442 | Javier Rial Boubeta            |       | VETAM- 92 | 41:57   | 4:12   | 23:15 | Cangas do Morrazo | Independiente                  |
| 443 | Lucas Alvarez Rodriguez        |       | SENM- 164 | 41:57   | 4:12   | 23:15 | CANGAS            | Independiente                  |
| 444 | Adao Marcos                    |       | VETBM- 80 | 41:59   | 4:12   | 23:17 | CHAVES            | Independiente                  |
| 445 | Angel Barrio Alonso            |       | SENM- 165 | 42:00   | 4:12   | 23:04 | VerIn             | -                              |
| 446 | Pedro Maria Arufe Mayan        |       | SENM- 166 | 42:01   | 4:12   | 23:03 | A Coruña          | VETERANOS NOIA                 |
| 447 | Jose Lopez Suarez              |       | VETAM- 93 | 42:01   | 4:12   | 23:12 | Santiago          | Independiente                  |
| 448 | Sebastian Estevez Alonso       |       | VETAM- 94 | 42:03   | 4:12   | 23:16 | Pontevedra        | DEPORTES MARCIAL               |
| 449 | Tracey Carro Noya              | F- 19 | SENF- 12  | 42:04   | 4:12   | 22:38 | Culleredo         | marineda atlético              |
| 450 | Ignacio Rafael Ramos           |       | VETAM- 95 | 42:04   | 4:12   | 23:34 | Ourense           | Independiente                  |

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|-----|-----------------------------------|-------|-----------|---------|--------|-------|--------------------|--------------------------------|
| 451 | Teofilo Iglesias Outomuro         |       | SENM- 167 | 42:05   | 4:12   | 21:05 | Ourense            | Veteranos Pabellón Ourense     |
| 452 | Javier Martinez Almeida           |       | VETCM- 30 | 42:05   | 4:12   | 22:26 | Ourense            | Burgas Atletismo Ourense       |
| 453 | Jorge Carreira Nodar              |       | SENM- 168 | 42:05   | 4:12   | 23:08 |                    | -                              |
| 454 | Serafin Cic Paz                   |       | VETAM- 96 | 42:06   | 4:13   | 23:53 | Ourense            | -                              |
| 455 | Luis Valbuena Garrido             |       | SENM- 169 | 42:06   | 4:13   | 22:50 | Ourense            | Independiente                  |
| 456 | Serafin Pascual Canal             |       | VETBM- 81 | 42:07   | 4:13   | 23:31 | Ourense            | -                              |
| 457 | Manuel Perez Basalo               |       | VETBM- 82 | 42:07   | 4:13   | 22:37 | Ourense            | Independiente                  |
| 458 | Felix Sotelo Quintela             |       | VETDM- 20 | 42:07   | 4:13   | 22:47 | Ourense            | Independiente                  |
| 459 | Ramon Touza Prieto                |       | VETFM- 1  | 42:08   | 4:13   | 23:35 |                    | ESCUELA NAVAL MILITAR          |
| 460 | Salvador Fernandez Lamela         |       | SENM- 170 | 42:08   | 4:13   | 23:30 | POIO               | Independiente                  |
| 461 | Fernando Cabello Silva            |       | SENM- 171 | 42:08   | 4:13   | 23:34 |                    | ESCUELA NAVAL MILITAR          |
| 462 | Marcos Gandoy Pérez               |       | SENM- 172 | 42:09   | 4:13   | 23:31 | Sigrás-Cambre      | Independiente                  |
| 463 | Cesar Perez Garcia                |       | PROM- 24  | 42:09   | 4:13   | 23:21 | Lugo               | CD Egozarros                   |
| 464 | Jesus Angel Huete Jarabo          |       | SENM- 173 | 42:10   | 4:13   | 23:36 |                    | ESCUELA NAVAL MILITAR          |
| 465 | Ivan Blanco Perez                 |       | SENM- 174 | 42:10   | 4:13   | 22:58 | Ourense            | Independiente                  |
| 466 | Jose Maria Pérez Otero            |       | VETBM- 83 | 42:11   | 4:13   | 22:57 | Lugo               | Independiente                  |
| 467 | María Montserrat Pallisé Meilán   | F- 20 | VETBF- 2  | 42:11   | 4:13   | 22:57 | Lugo               | Independiente                  |
| 468 | Jose Antonio Suarez Dominguez     |       | VETBM- 84 | 42:12   | 4:13   | 22:46 | Ourense            | Independiente                  |
| 469 | Humberto Gallidoro Del Monte      |       | VETBM- 85 | 42:14   | 4:13   | 23:13 | Pontevedra         | Clube Atletismo Vigo - Massini |
| 470 | Jose Manuel Penas Varela          |       | SENM- 175 | 42:14   | 4:13   | 23:15 | santiso            | -                              |
| 471 | Enrique Viñas Romero              |       | SENM- 176 | 42:15   | 4:13   | 22:44 |                    | -                              |
| 472 | Camilo Parcerio Rial              |       | VETDM- 21 | 42:15   | 4:13   | 24:00 | CANGAS             | Atletismo Corredoiras          |
| 473 | Oscar Fernandez Garcia            |       | SENM- 177 | 42:16   | 4:14   | 23:27 | CANGAS             | Independiente                  |
| 474 | Daniel Gonzalez Quinteiros        |       | VETCM- 31 | 42:17   | 4:14   | 23:13 | Ourense            | Independiente                  |
| 475 | Ramiro Alvarez Nores              |       | VETCM- 32 | 42:18   | 4:14   | 23:13 | Vigo               | Independiente                  |
| 476 | Jesus Manuel Sanvicente Figueiras |       | SENM- 178 | 42:20   | 4:14   | 22:43 | Muros              | -                              |
| 477 | Matias Regueira Muñiz             |       | SENM- 179 | 42:21   | 4:14   | 23:28 | Pobra do Caramiñal | -                              |
| 478 | Moreno Zuñiga                     | F- 21 | VETAF- 4  | 42:21   | 4:14   | 23:04 | Vilardecervos      | Club triatlOn orense           |
| 479 | Manuel Barciela Camiña            |       | SENM- 180 | 42:22   | 4:14   | 23:07 | Pontevedra         | DEPORTES MARCIAL               |
| 480 | Franciso Luis Caamaño Rama        |       | VETEM- 8  | 42:22   | 4:14   | 23:03 | ESTEIRO MUROS      | A.D. ATLETES                   |



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|-----|--------------------------------|-------|------------|---------|--------|-------|------------------|--------------------------------|
| 481 | Manuel Rodriguez Vaamonde      |       | SENM- 181  | 42:23   | 4:14   | 23:19 | Santiago         | Independiente                  |
| 482 | Agustin Batalla Ons            |       | VETBM- 86  | 42:24   | 4:14   | 23:09 | A Coruña         | VETERANOS NOIA                 |
| 483 | Luis Javier Arce Escudero      |       | SENM- 182  | 42:24   | 4:14   | 22:53 | oleiros          | -                              |
| 484 | Ruben Rodriguez Vaamonde       |       | JUNM- 12   | 42:24   | 4:14   | 23:18 | Santiago         | Club Universitario de Santiago |
| 485 | David Patricio Hayden Doval    |       | SENM- 183  | 42:25   | 4:14   | 23:47 | baiona           | -                              |
| 486 | Cesar Lopez Fernandez          |       | VETCM- 33  | 42:26   | 4:15   | 23:55 | Pontevedra       | Clube Atletismo Vigo - Massini |
| 487 | Francisco Javier Garcia Lopez  |       | VETAM- 97  | 42:27   | 4:15   | 22:51 | Ourense          | Independiente                  |
| 488 | Miguel Anxo Neira Pernas       |       | VETCM- 34  | 42:28   | 4:15   | 23:53 | Pontevedra       | Atletismo Estradense           |
| 489 | Gabriel Barros Gonzalez        |       | VETAM- 98  | 42:30   | 4:15   | 23:42 | Pontevedra       | Club Grupo Vigo                |
| 490 | Alvaro Garrido Rodriguez       |       | VETAM- 99  | 42:31   | 4:15   | 23:25 | Ourense          | Independiente                  |
| 491 | Juan Manuel Suarez Feijoo      |       | VETAM- 100 | 42:33   | 4:15   | 22:42 | Ourense          | -                              |
| 492 | Jose Dopazo Otero              |       | VETFM- 2   | 42:34   | 4:15   | 23:10 | MARIN            | Atletas Veteranos de Galicia   |
| 493 | Eloy Campos Dacosta            |       | SENM- 184  | 42:35   | 4:15   | 23:44 | CUDEIRO          | Independiente                  |
| 494 | Jose Felipe Iglesias Cañedo    |       | VETCM- 35  | 42:35   | 4:15   | 23:01 | Ourense          | -                              |
| 495 | Enrique Ucha Lorenzo           |       | VETBM- 87  | 42:36   | 4:16   | 23:45 | Pontevedra       | DEPORTES MARCIAL               |
| 496 | Francisco Gonzalez Lago        |       | VETAM- 101 | 42:37   | 4:16   | 24:16 | Vigo             | -                              |
| 497 | Antonio Mariño Santamaria      |       | VETDM- 22  | 42:37   | 4:16   | 23:27 | RIBEIRA          | -                              |
| 498 | Carlos Docampo Perez           |       | VETBM- 88  | 42:38   | 4:16   | 23:40 | Pontevedra       | Clube Atletismo Vigo - Massini |
| 499 | Ignacio Gonzalez Lago          |       | SENM- 185  | 42:39   | 4:16   | 24:16 | REDONDELA        | -                              |
| 500 | Jose Manuel Garcia Nuñez       |       | VETAM- 102 | 42:40   | 4:16   | 23:08 | A Coruña         | VETERANOS NOIA                 |
| 501 | Luis Miguel Vilanova Martelo   |       | VETAM- 103 | 42:40   | 4:16   | 23:09 | A Coruña         | VETERANOS NOIA                 |
| 502 | Ivan Fernandez Requejo         |       | SENM- 186  | 42:41   | 4:16   | 23:45 | Ourense          | Independiente                  |
| 503 | Felix Rodriguez Ansia          |       | VETBM- 89  | 42:42   | 4:16   | 23:35 | Ourense          | Burgas Atletismo Ourense       |
| 504 | Jose Manuel Nouche Botana      |       | VETBM- 90  | 42:43   | 4:16   | 23:29 | ORDES            | Amigos da Larga Distancia      |
| 505 | Gonzalo Perez Lopez            |       | VETDM- 23  | 42:43   | 4:16   | 23:13 | Lugo             | Promocions Abuin e Escolante   |
| 506 | Jose Manuel Cachaldora Sanchez |       | VETAM- 104 | 42:43   | 4:16   | 23:17 | Ourense          | Independiente                  |
| 507 | Augusto Suarez Gomez           |       | VETDM- 24  | 42:43   | 4:16   | 23:04 | amoeiro          | -                              |
| 508 | Brais Rodriguez Lopez          |       | PROM- 25   | 42:45   | 4:16   | 23:00 | Ourense          | Independiente                  |
| 509 | Javier Portela Vieira          | F- 22 | SENF- 13   | 42:45   | 4:16   | 22:52 | O ROSAL          | Independiente                  |
| 510 | Miguel Angel Fernandez Novoa   |       | VETAM- 105 | 42:46   | 4:17   | 22:58 | PUEBLA DE TRIVES | Independiente                  |

| Pto | Nombre                         | Sx | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                              |
|-----|--------------------------------|----|------------|---------|--------|-------|-------------------|-----------------------------------|
| 511 | Guillermo Garcia Villanueva    |    | VETCM- 36  | 42:47   | 4:17   | 24:40 | Vigo              | Independiente                     |
| 512 | Manuel Dalmeda Vazquez         |    | VETEM- 9   | 42:47   | 4:17   | 23:55 | Pontevedra        | Clube Atletismo Vigo - Massini    |
| 513 | Anton Pousada Pazos            |    | VETDM- 25  | 42:47   | 4:17   | 24:27 | MARIN             | Atletas Veteranos de Galicia      |
| 514 | Jose Forneiro Iglesias         |    | VETCM- 37  | 42:48   | 4:17   | 23:29 | Barbadas          | Veteranos Pabellón Ourense        |
| 515 | Juan Regal Lamelo              |    | VETCM- 38  | 42:50   | 4:17   | 22:49 | Ourense           | Independiente                     |
| 516 | Juan Luis Botana Mosquera      |    | SENM- 187  | 42:50   | 4:17   | 23:30 | Santiago          | -                                 |
| 517 | Manuel Quiroga Gallego         |    | SENM- 188  | 42:51   | 4:17   | 23:52 | LEON              | AD VEGA DE ESPINAREDA             |
| 518 | Iago Dieguez Galego            |    | SENM- 189  | 42:52   | 4:17   | 22:56 |                   | CLUB TRIATLO COSTA BRAVA          |
| 519 | Xoan Figueroa Diaz             |    | SENM- 190  | 42:52   | 4:17   | 24:11 | A CAEIRA - POIO   | -                                 |
| 520 | Antonio Riera Cachero          |    | VETEM- 10  | 42:52   | 4:17   | 23:24 | Lalín             | Club Atletismo Deza               |
| 521 | Jose Rodriguez Vega            |    | VETAM- 106 | 42:53   | 4:17   | 23:12 | Ourense           | Independiente                     |
| 522 | Juan Carlos Crespo Fraiz       |    | VETAM- 107 | 42:54   | 4:17   | 23:34 |                   | KORPORE Carballiño                |
| 523 | Jose Miguel Meza Morales       |    | SENM- 191  | 42:54   | 4:17   | 23:10 | Ourense           | Independiente                     |
| 524 | Enrique Santas Parente         |    | SENM- 192  | 42:56   | 4:18   | 24:04 | Ourense           | Independiente                     |
| 525 | Alfonso Fernandez Bouzada      |    | VETGM- 2   | 42:57   | 4:18   | 23:25 | Ourense           | Veteranos Pabellón Ourense        |
| 526 | Jose Javier Fernandez Gonzalez |    | VETAM- 108 | 42:57   | 4:18   | 23:16 | Ourense           | Independiente                     |
| 527 | Andres Agis Gondar             |    | VETBM- 91  | 43:00   | 4:18   | 24:17 | sanxenxo          | -                                 |
| 528 | Oscar Santos Rodriguez         |    | SENM- 193  | 43:03   | 4:18   | 23:25 | Vimianzo          | -                                 |
| 529 | Roberto Rodriguez Rogel        |    | VETBM- 92  | 43:06   | 4:19   | 23:29 | Ourense           | Independiente                     |
| 530 | Manuel Freire Velo             |    | VETDM- 26  | 43:06   | 4:19   | 23:45 | Pontevedra        | Sociedad Gimnástica de Pontevedra |
| 531 | Luis Diaz Rodriguez            |    | VETBM- 93  | 43:06   | 4:19   | 23:08 | Ourense           | Independiente                     |
| 532 | Daniel Porto Pedrosa           |    | SENM- 194  | 43:06   | 4:19   | 23:23 | ponteareas        | Independiente                     |
| 533 | Fernando Argones Marquez       |    | SENM- 195  | 43:07   | 4:19   | 22:54 | Vigo              | -                                 |
| 534 | Jose Varela Vazquez            |    | VETCM- 39  | 43:07   | 4:19   | 23:14 | Lugo              | Promocions Abuin e Escolante      |
| 535 | Jose Prol Quintas              |    | VETBM- 94  | 43:08   | 4:19   | 24:18 | Lugo              | -                                 |
| 536 | Manuel Arias Veiga             |    | VETAM- 109 | 43:10   | 4:19   | 24:18 | Lugo              | -                                 |
| 537 | Carlos Perez Perez             |    | VETAM- 110 | 43:10   | 4:19   | 23:27 | Vigo              | Independiente                     |
| 538 | Luis Alvarez Gonzalez          |    | PROM- 26   | 43:11   | 4:19   | 23:32 | A Pobra de Trives | Independiente                     |
| 539 | Manuel Todea Gonzalez          |    | VETAM- 111 | 43:12   | 4:19   | 23:35 | Ourense           | PATO BLANCO CELANOVA              |
| 540 | Jaime Diaz Fiuza               |    | VETAM- 112 | 43:13   | 4:19   | 24:02 | Teo               | -                                 |

| Pto | Nombre                        | Sx | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad           | Club                          |
|-----|-------------------------------|----|------------|---------|--------|-------|---------------------|-------------------------------|
| 541 | David Samaniego Garcia        |    | PROM- 27   | 43:13   | 4:19   | 22:47 | Ourense             | Independiente                 |
| 542 | David Rodriguez Gonzalez      |    | VETEM- 11  | 43:14   | 4:19   | 23:21 | Lugo                | Independiente                 |
| 543 | Adriano Casado Fernandez      |    | JUNM- 13   | 43:15   | 4:19   | 23:09 |                     | Ourense Atletismo             |
| 544 | Jose Esteves                  |    | VETCM- 40  | 43:15   | 4:19   | 23:19 | CHAVES              | Independiente                 |
| 545 | Fernando Guerra Lopez         |    | SENM- 196  | 43:16   | 4:20   | 24:30 | Ponferrada          | Independiente                 |
| 546 | Alberto Santos Cea            |    | SENM- 197  | 43:16   | 4:20   | 23:48 | LALIN               | Independiente                 |
| 547 | SIN DATOS DEL DORSAL 629      |    | SENM- 198  | 43:16   | 4:20   | 23:47 |                     | Independiente                 |
| 548 | Jesus Acosta Gonzalez         |    | VETAM- 113 | 43:17   | 4:20   | 23:08 | CENLLE              | Independiente                 |
| 549 | Roberto Mayo Moreno           |    | VETAM- 114 | 43:17   | 4:20   | 23:54 |                     | KORPORE Carballiño            |
| 550 | Miguel Angel Alvarez Vazquez  |    | SENM- 199  | 43:17   | 4:20   | 23:51 | Ourense             | Independiente                 |
| 551 | Tarsicio Rodriguez Del Junco  |    | VETEM- 12  | 43:17   | 4:20   | 23:50 | Sarria              | -                             |
| 552 | Jose Manuel Ferreiro Formoso  |    | SENM- 200  | 43:17   | 4:20   | 24:31 | Ourense             | Independiente                 |
| 553 | Juan Manuel Mayo Romero       |    | VETCM- 41  | 43:18   | 4:20   | 23:41 | Lousada-Guntin      | -                             |
| 554 | Ricardo Vieites Blanco        |    | VETCM- 42  | 43:18   | 4:20   | 23:20 | A Pobra de Trives   | A.D.A.S.                      |
| 555 | Fernando Damaso Reino Alvarez |    | VETAM- 115 | 43:18   | 4:20   | 24:27 | Ourense             | Independiente                 |
| 556 | Guillermo Criado Cao          |    | SENM- 201  | 43:19   | 4:20   | 23:33 | MUGARDOS            | OS MORCEGOS                   |
| 557 | Yago Lago Álvarez             |    | SENM- 202  | 43:20   | 4:20   | 24:11 | Vigo                | Independiente                 |
| 558 | Pablo Alonso Barreiro         |    | JUNM- 14   | 43:21   | 4:20   | 23:35 | S. Cibrao das Viñas | Independiente                 |
| 559 | Florencio Docampo Asenjo      |    | VETCM- 43  | 43:22   | 4:20   | 24:12 | LEON                | Club Deportivo Peñambolias    |
| 560 | Salvador Caamaño Santiago     |    | VETAM- 116 | 43:22   | 4:20   | 23:34 |                     | ESCUELA NAVAL MILITAR         |
| 561 | Juan José Illán López         |    | VETAM- 117 | 43:22   | 4:20   | 24:16 | POIO                | Independiente                 |
| 562 | Jorge E. Castro Abelleira     |    | VETDM- 27  | 43:22   | 4:20   | 24:19 | Vigo                | -                             |
| 563 | Rene Lorenzo Taboas           |    | VETBM- 95  | 43:23   | 4:20   | 24:00 | Porriño             | Club Atletismo Val da Louriña |
| 564 | Javier Conde Vazquez          |    | SENM- 203  | 43:23   | 4:20   | 23:51 | Ourense             | Independiente                 |
| 565 | Jose Antonio Formoso Gonzalez |    | VETBM- 96  | 43:23   | 4:20   | 24:32 | Ourense             | -                             |
| 566 | Manuel Lojo Carames           |    | SENM- 204  | 43:23   | 4:20   | 23:55 | noia                | -                             |
| 567 | Pedro Villaverde Alvarez      |    | VETAM- 118 | 43:23   | 4:20   | 22:09 | LEON                | AD VEGA DE ESPINAREDA         |
| 568 | Javier Fernandez Sobrino      |    | VETCM- 44  | 43:24   | 4:20   | 23:45 |                     | ATHLETICS AVENTURA            |
| 569 | Eloy Otero Fernandez          |    | SENM- 205  | 43:25   | 4:20   | 25:04 |                     | -                             |
| 570 | Anxo Conde Diz                |    | SENM- 206  | 43:25   | 4:20   | 24:16 | Ourense             | Independiente                 |

| Pto | Nombre                        | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad            | Club                           |
|-----|-------------------------------|-------|------------|---------|--------|-------|----------------------|--------------------------------|
| 571 | Bruno Fernandez Gonzalez      |       | SENM- 207  | 43:26   | 4:21   | 23:38 | Ourense              | Independiente                  |
| 572 | Francisco Ramon Blanco Pan    |       | SENM- 208  | 43:27   | 4:21   | 24:10 | noia                 | -                              |
| 573 | Diego Rodriguez-Toubes Muñiz  |       | VETBM- 97  | 43:27   | 4:21   | 23:39 | Ourense              | Independiente                  |
| 574 | Ruben Atanes Rivero           |       | PROM- 28   | 43:28   | 4:21   | 23:35 |                      | -                              |
| 575 | Pablo Cesar Gonzalez Carballo |       | VETAM- 119 | 43:28   | 4:21   | 24:00 | Ourense              | Independiente                  |
| 576 | Jose Manuel Liste Barreiro    |       | VETCM- 45  | 43:28   | 4:21   | 23:29 | TEO                  | Amigos da Larga Distancia      |
| 577 | Bernardo Estevez Villar       |       | VETAM- 120 | 43:29   | 4:21   | 23:56 | Vigo                 | Independiente                  |
| 578 | Manuel Antonio Latorre Diaz   |       | VETDM- 28  | 43:29   | 4:21   | 23:43 | Ourense              | Independiente                  |
| 579 | Jose Baranda Fernandez        |       | VETAM- 121 | 43:30   | 4:21   | 24:13 | O Carballiño         | -                              |
| 580 | Pedro Rocillo Arencibia       |       | VETBM- 98  | 43:30   | 4:21   | 23:35 |                      | ESCUELA NAVAL MILITAR          |
| 581 | Andreolas Calvo Roo           |       | SENM- 209  | 43:31   | 4:21   | 24:38 | NOIA                 | Club Atletismo Noia            |
| 582 | Juan Carlos Lopez Perez       |       | VETBM- 99  | 43:32   | 4:21   | 23:37 | Puebla de Brollón    | Independiente                  |
| 583 | Emilio Abal Morrazi           |       | VETBM- 100 | 43:32   | 4:21   | 23:33 | Vilagarcía de Arousa | -                              |
| 584 | Paula Roman Miralles          | F- 23 | SENF- 14   | 43:33   | 4:21   | 23:37 | Vigo                 | CTCORMORANS                    |
| 585 | Fernando Huelin Trillo        |       | VETCM- 46  | 43:33   | 4:21   | 23:43 | MARIN                | Atletas Veteranos de Galicia   |
| 586 | Santiago Soto Iglesias        |       | VETAM- 122 | 43:34   | 4:21   | 23:26 | Ourense              | -                              |
| 587 | Ruben Ventosela Novoa         |       | SENM- 210  | 43:34   | 4:21   | 24:18 | Ourense              | Independiente                  |
| 588 | Raquel Alvarez Lopez          | F- 24 | SENF- 15   | 43:34   | 4:21   | 23:43 |                      | -                              |
| 589 | Javier Eliseo Crespo Gonzalez |       | SENM- 211  | 43:34   | 4:21   | 24:28 | Pereiro de Aguiar    | Independiente                  |
| 590 | Alfonso Codon Vega            |       | VETAM- 123 | 43:34   | 4:21   | 24:06 | Vigo                 | -                              |
| 591 | Ivan Pardiñas Blanco          |       | SENM- 212  | 43:35   | 4:21   | 23:36 | Vimianzo             | -                              |
| 592 | Celso Saavedra De La Cruz     |       | VETDM- 29  | 43:35   | 4:21   | 23:12 | Ourense              | Independiente                  |
| 593 | Pancho Maseda Rodriguez       |       | VETAM- 124 | 43:35   | 4:21   | 23:38 |                      | SD SAN ROQUE VIVEIRO           |
| 594 | Lisardo Blanco Vazquez        |       | VETDM- 30  | 43:35   | 4:22   | 24:12 | Pontevedra           | Clube Atletismo Vigo - Massini |
| 595 | Modesto Arturo Garcia Puga    |       | SENM- 213  | 43:36   | 4:22   | 24:17 | Ourense              | Independiente                  |
| 596 | Pablo Fernández Vilariño      |       | SENM- 214  | 43:36   | 4:22   | 24:03 | Vigo                 | Independiente                  |
| 597 | Victor Ameijeiras Doval       |       | VETAM- 125 | 43:37   | 4:22   | 23:47 |                      | KORPORE Carballiño             |
| 598 | Luzdivino Lopez Gonzalez      |       | VETCM- 47  | 43:37   | 4:22   | 24:28 | LEON                 | Independiente                  |
| 599 | Francisco Folgueira Rebolo    |       | VETAM- 126 | 43:37   | 4:22   | 23:53 | Ourense              | -                              |
| 600 | Ramiro Amigo Gonzalez         |       | SENM- 215  | 43:37   | 4:22   | 23:50 | Becerreá             | Independiente                  |

| Pto | Nombre                           | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                         |
|-----|----------------------------------|-------|------------|---------|--------|-------|-------------------|------------------------------|
| 601 | Felix Alvarez Rodriguez          |       | VETFM- 3   | 43:37   | 4:22   | 24:03 | baiona            | GRUPO QUEIMADA               |
| 602 | Patricio Pelaez Mendez           |       | VETBM- 101 | 43:39   | 4:22   | 23:41 | LEON              | Club Deportivo Peñambolias   |
| 603 | Juan Carlos Ruiz Zumel           |       | VETAM- 127 | 43:39   | 4:22   | 23:42 | LEON              | Club Deportivo Peñambolias   |
| 604 | Ricardo Nuñez Mendez             |       | SENM- 216  | 43:39   | 4:22   | 23:52 | Lugo              | -                            |
| 605 | Emilio Gonta Pereiro             |       | VETEM- 13  | 43:40   | 4:22   | 23:37 | Lugo              | Independiente                |
| 606 | Carlos Morillo Martin            |       | SENM- 217  | 43:40   | 4:22   | 23:49 |                   | ESCUELA NAVAL MILITAR        |
| 607 | Jose Francisco Gil Moreira       |       | VETDM- 31  | 43:40   | 4:22   | 24:09 | MARIN             | Atletas Veteranos de Galicia |
| 608 | Jose Alvarez Rodriguez           |       | VETFM- 4   | 43:41   | 4:22   | 24:13 | Pontevedra        | Club Veteranos/as Samil      |
| 609 | Jose Alejandro Gandara Bouza     |       | VETAM- 128 | 43:42   | 4:22   | 23:50 | redondela         | -                            |
| 610 | Rogelio Castro Fernandez         |       | VETBM- 102 | 43:42   | 4:22   | 24:15 | Ourense           | Independiente                |
| 611 | Marcos Lopez Mallo               |       | SENM- 218  | 43:42   | 4:22   | 23:57 | Santiago          | Independiente                |
| 612 | Alberto Goce Mosquera            |       | VETCM- 48  | 43:42   | 4:22   | 24:03 | Vigo              | GRUPO QUEIMADA               |
| 613 | Montserrat Carreira Costas       | F- 25 | VETAF- 5   | 43:43   | 4:22   | 23:41 |                   | Comesaña Sporting Club       |
| 614 | Alberto Garcia Arias             |       | SENM- 219  | 43:43   | 4:22   | 24:29 | Ponferrada        | -                            |
| 615 | Jose Ramon Rodriguez Fernandez   |       | VETCM- 49  | 43:44   | 4:22   | 23:21 | CHANTADA          | -                            |
| 616 | Jose Antonio Quintas Castro      |       | SENM- 220  | 43:44   | 4:22   | 24:21 | REDONDELA         | -                            |
| 617 | Jose Manuel Moreira Fuentes      |       | VETBM- 103 | 43:44   | 4:22   | 24:14 | MARIN             | Atletas Veteranos de Galicia |
| 618 | Manuel Vazquez                   |       | VETAM- 129 | 43:45   | 4:22   | 24:14 | A BARCALA .CAMBRE | Club Cimáns ComarcA Coruña   |
| 619 | Luis Nelberto Segade Fraga       |       | VETEM- 14  | 43:45   | 4:22   | 23:45 | Ourense           | Independiente                |
| 620 | Gonzalo Sanchez Busons           |       | VETBM- 104 | 43:45   | 4:22   | 23:40 | Ourense           | DIVINA PASTORA               |
| 621 | Julio Martinez Oviedo            |       | SENM- 221  | 43:46   | 4:23   | 24:00 | Noia              | -                            |
| 622 | Jose Vazquez Rojo                |       | VETBM- 105 | 43:47   | 4:23   | 23:03 | Ourense           | Independiente                |
| 623 | Alberto Novoa Lopez              |       | SENM- 222  | 43:47   | 4:23   | 25:06 | Ourense           | Independiente                |
| 624 | Manuel Novoa Lopez               |       | SENM- 223  | 43:47   | 4:23   | 25:06 | Ourense           | Independiente                |
| 625 | Javier Perez Calviño             |       | SENM- 224  | 43:48   | 4:23   | 24:03 | Cartelle          | Independiente                |
| 626 | Xose Ramon Blanco Sotelo         |       | VETBM- 106 | 43:48   | 4:23   | 23:47 | Ourense           | VETERANOS PABELLON           |
| 627 | Samuel Gomez Quintas             |       | JUNM- 15   | 43:49   | 4:23   | 23:34 | Ourense           | Independiente                |
| 628 | Jose Losada Perez                |       | SENM- 225  | 43:49   | 4:23   | 24:44 | Ourense           | -                            |
| 629 | Jose Isidro Iñiguez Mancilleiras |       | VETDM- 32  | 43:50   | 4:23   | 24:35 | Lugo              | Promocions Abuin e Escolante |
| 630 | Fernando Vila Alamancos          |       | VETAM- 130 | 43:51   | 4:23   | 23:44 | Vigo              | Independiente                |

| Pto | Nombre                           | Sx | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad           | Club                         |
|-----|----------------------------------|----|------------|---------|--------|-------|---------------------|------------------------------|
| 631 | Jose Gamote Gonzalez             |    | VETBM- 107 | 43:51   | 4:23   | 23:38 | PONTEAEAS           | -                            |
| 632 | Diego Ares Tapia                 |    | JUNM- 16   | 43:51   | 4:23   | 23:58 | Ourense             | Ourense ATLETISMO            |
| 633 | David Novoa Piñeiro              |    | SENM- 226  | 43:52   | 4:23   | 25:08 |                     | -                            |
| 634 | Xoan Xesus Blanco Castro         |    | VETCM- 50  | 43:52   | 4:23   | 24:37 | Teo.                | Milla de Ouro. Ames.         |
| 635 | Juan Carlos Rodriguez Vazquez    |    | VETAM- 131 | 43:53   | 4:23   | 24:35 | Ourense             | -                            |
| 636 | Jose Antonio Rodriguez Lopez     |    | VETBM- 108 | 43:55   | 4:23   | 23:28 |                     | ATLETISMO Porriño            |
| 637 | Amador Reboreda Graña            |    | VETBM- 109 | 43:56   | 4:24   | 24:25 | redondela           | Independiente                |
| 638 | Diego Garcia Conde               |    | JUNM- 17   | 43:57   | 4:24   | 23:52 | Ourense             | Independiente                |
| 639 | Carlos Román Miralles            |    | VETAM- 132 | 43:57   | 4:24   | 24:24 | Vigo                | CTCORMORANS                  |
| 640 | Javier Meizoso Presendo Del Rio  |    | VETAM- 133 | 43:58   | 4:24   | 23:49 | A Coruña            | Independiente                |
| 641 | Jose Rial Pais                   |    | VETDM- 33  | 43:58   | 4:24   | 24:10 | Ourense             | PATO BLANCO CELANOVA         |
| 642 | Alberto Diaz Portas              |    | VETAM- 134 | 43:59   | 4:24   | 23:44 | GOIAN- TOMIÑO       | Independiente                |
| 643 | Gersom Costas Bastida            |    | VETBM- 110 | 43:59   | 4:24   | 24:31 | Vigo                | -                            |
| 644 | Miguel Angel Diaz Valdes         |    | VETAM- 135 | 44:00   | 4:24   | 24:41 | Lugo                | FeFeMe Triatlón              |
| 645 | Carlos Ferreiro Outomuro         |    | SENM- 227  | 44:00   | 4:24   | 23:55 | Ourense             | -                            |
| 646 | Jose Antonio Gallardo Canitrot   |    | SENM- 228  | 44:01   | 4:24   | 24:21 |                     | KORPORE Carballiño           |
| 647 | Nemesio Gomez Mangana            |    | VETBM- 111 | 44:01   | 4:24   | 23:49 | Ourense             | Independiente                |
| 648 | Roberto Ovalle Fierro            |    | VETAM- 136 | 44:01   | 4:24   | 24:29 | LEON                | AD VEGA DE ESPINAREDA        |
| 649 | Roberto Iglesias Delgado         |    | VETAM- 137 | 44:02   | 4:24   | 24:35 |                     | -                            |
| 650 | Anxo Romero Baleirón             |    | VETAM- 138 | 44:02   | 4:24   | 24:17 | Santiago            | Independiente                |
| 651 | Jorge Cid Perez                  |    | SENM- 229  | 44:03   | 4:24   | 24:18 | S. Cibrao das Viñas | Independiente                |
| 652 | Elías Bouso Comendeiro           |    | VETAM- 139 | 44:03   | 4:24   | 24:32 | Otero De Rey        | Independiente                |
| 653 | Rafael Carlos Cabezas Enriquez   |    | VETDM- 34  | 44:03   | 4:24   | 23:42 | Ourense             | -                            |
| 654 | Manuel Oliver Romero Santamariña |    | VETEM- 15  | 44:04   | 4:24   | 24:08 |                     | Atletismo As Mariñas         |
| 655 | Javier Perez Villaverde          |    | VETEM- 16  | 44:04   | 4:24   | 24:14 | Pontevedra          | Atletas Veteranos de Galicia |
| 656 | Oscar Barrio Montes              |    | SENM- 230  | 44:04   | 4:24   | 23:52 | Ourense             | Independiente                |
| 657 | Ivan Carballeira Fraga           |    | SENM- 231  | 44:05   | 4:24   | 24:18 | Lugo                | -                            |
| 658 | Oscar Lorenzo Ferreira           |    | SENM- 232  | 44:06   | 4:25   | 24:06 | Vigo                | CTCORMORANS                  |
| 659 | Andres Martinez Limens           |    | PROM- 29   | 44:06   | 4:25   | 23:58 | Ourense             | Ourense ATLETISMO            |
| 660 | Antonio Lora Martinez            |    | VETBM- 112 | 44:07   | 4:25   | 23:47 | Vigo                | Independiente                |

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|-----|--------------------------------|-------|------------|---------|--------|-------|---------------------|-------------------------------|
| 661 | Jose Lopez Perez               |       | SENM- 233  | 44:07   | 4:25   | 24:48 | Carballiño          | Independiente                 |
| 662 | Sergio Garcia Castiñeiras      |       | SENM- 234  | 44:08   | 4:25   | 23:33 | oleiros             | -                             |
| 663 | Juan Lopez Louro               |       | VETAM- 140 | 44:08   | 4:25   | 24:52 | PORTAS              | Independiente                 |
| 664 | Dionisio Gil Ramos             |       | SENM- 235  | 44:08   | 4:25   | 24:20 | Ourense             | -                             |
| 665 | Alfonso Teijeiro Muínelo       |       | VETAM- 141 | 44:11   | 4:25   | 24:36 | Lugo                | FeFeMe Triatlón               |
| 666 | Julio Martinez Sendin          |       | VETBM- 113 | 44:11   | 4:25   | 24:30 | Ourense             | Independiente                 |
| 667 | Francisco Jose Balvis Gonzalez |       | VETAM- 142 | 44:11   | 4:25   | 23:36 | Ourense             | Independiente                 |
| 668 | Javier Ledo Francisco          |       | SENM- 236  | 44:11   | 4:25   | 25:21 | PONTEAREAS          | -                             |
| 669 | Adolfo Seoane Perez            |       | SENM- 237  | 44:13   | 4:25   | 25:18 | Ourense             | Independiente                 |
| 670 | Berta Seoane Casanova          | F- 26 | VETAF- 6   | 44:13   | 4:25   | 24:15 | Lugo                | -                             |
| 671 | Alfonso Domato Fernandez       |       | VETCM- 51  | 44:14   | 4:25   | 24:26 | Ourense             | Independiente                 |
| 672 | Jose Luis Castela Tejo         |       | SENM- 238  | 44:15   | 4:25   | 24:52 | Santiago            | MILLA DE ORO- SANTIAGO        |
| 673 | Jesus Vila Blanco              |       | VETCM- 52  | 44:16   | 4:26   | 24:05 | TABOADELA           | Independiente                 |
| 674 | Santiago Perez Alonso          |       | SENM- 239  | 44:17   | 4:26   | 24:00 |                     | Ourense Atletismo             |
| 675 | Jorge Ignacio Silva Crespo     |       | SENM- 240  | 44:17   | 4:26   | 23:59 |                     | Ourense Atletismo             |
| 676 | Oscar Cotón Gonzalez           |       | SENM- 241  | 44:17   | 4:26   | 23:54 | Padrón              | Independiente                 |
| 677 | Francisco Javier Salgado Cid   |       | VETAM- 143 | 44:18   | 4:26   | 24:36 | Ourense             | Independiente                 |
| 678 | Emilio Veiga Piñeiro           |       | VETCM- 53  | 44:19   | 4:26   | 24:37 | Lugo                | Independiente                 |
| 679 | Justo Vazquez Rodriguez        |       | VETBM- 114 | 44:19   | 4:26   | 23:58 | Ourense             | -                             |
| 680 | Miguel Vivas Pérez             |       | VETAM- 144 | 44:19   | 4:26   | 24:15 | Ourense             | Independiente                 |
| 681 | Elias Calvo Cid                |       | SENM- 242  | 44:19   | 4:26   | 23:59 |                     | Independiente                 |
| 682 | Pilar Cainzos Pan              | F- 27 | VETBF- 3   | 44:19   | 4:26   | 24:22 | OLEIROS             | -                             |
| 683 | Ricardo Cela Fernandez         |       | SENM- 243  | 44:19   | 4:26   | 24:33 | O Barco             | A.D.A.S.                      |
| 684 | Javier Groba Prego             |       | VETCM- 54  | 44:20   | 4:26   | 24:21 | PONTEAREAS          | -                             |
| 685 | Tao Moreira                    |       | VETDM- 35  | 44:20   | 4:26   | 24:03 | CHAVES              | Independiente                 |
| 686 | Carlos Soengas Lopez           |       | VETDM- 36  | 44:20   | 4:26   | 24:11 | Lugo                | Promociions Abuin e Escolante |
| 687 | Jose Rodriguez Rodriguez       |       | SENM- 244  | 44:20   | 4:26   | 24:04 | S. Cibrao das Viñas | Independiente                 |
| 688 | Agustin Gomez Boveda           |       | SENM- 245  | 44:20   | 4:26   | 24:47 | Ourense             | Independiente                 |
| 689 | Modesto Martinez Zuñiga        |       | VETAM- 145 | 44:20   | 4:26   | 24:15 | Vigo                | -                             |
| 690 | Antonio Jose Diaz Atanes       |       | SENM- 246  | 44:23   | 4:26   | 23:56 | Ourense             | -                             |

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|-----|-----------------------------------|-------|------------|---------|--------|-------|--------------------|-----------------------------------|
| 691 | Eliseo Lopez Rio                  |       | VETEM- 17  | 44:24   | 4:26   | 24:15 | cambre             | CD Egovarros                      |
| 692 | Jose Dominguez Dominguez          |       | VETFM- 5   | 44:24   | 4:26   | 24:46 | Cuntis             | Liceo Marítimo de Vilagarcía      |
| 693 | Enrique Lopez Patricio            |       | VETDM- 37  | 44:25   | 4:26   | 23:44 | VILABOA            | Independiente                     |
| 694 | Maria Borrajo Sanmamed            | F- 28 |            | 44:25   | 4:26   | 24:43 | Ourense            | Independiente                     |
| 695 | Juan Jose Rego Gonzalez           |       | VETCM- 55  | 44:25   | 4:26   | 24:31 | FOZ                | Independiente                     |
| 696 | Oscar Borrajo Vicente             |       | VETAM- 146 | 44:25   | 4:26   | 24:43 | Ourense            | Independiente                     |
| 697 | Emilio Conde Casas                |       | SENM- 247  | 44:25   | 4:26   | 24:53 | Ourense            | -                                 |
| 698 | Gustavo Patao Dieguez             |       | VETAM- 147 | 44:26   | 4:27   | 24:25 | Ourense            | Independiente                     |
| 699 | Ramon Areal Quintas               |       | VETAM- 148 | 44:26   | 4:27   | 25:22 |                    | -                                 |
| 700 | Jose Manuel Iglesias Grande       |       | VETDM- 38  | 44:27   | 4:27   | 23:47 | Ourense            | Independiente                     |
| 701 | Jose Carlos Rivas Miranda         |       | VETCM- 56  | 44:27   | 4:27   | 24:19 | Vigo               | -                                 |
| 702 | Manuel Rodriguez Rodriguez        |       | VETDM- 39  | 44:28   | 4:27   | 24:01 | Lalln              | Club Atletismo Deza               |
| 703 | Pilar Perille Vilasuso            | F- 29 | VETBF- 4   | 44:28   | 4:27   | 24:08 | Pontevedra         | Sociedad Gimnástica de Pontevedra |
| 704 | Juan R. Outeiriño Romero          |       | SENM- 248  | 44:29   | 4:27   | 24:24 | Ourense            | -                                 |
| 705 | Jose Luis Rodriguez Del Rio       |       | VETDM- 40  | 44:30   | 4:27   | 24:26 | A Coruña           | Club Atletismo Ordes              |
| 706 | Xurxo Cobelas Sobrino             |       | SENM- 249  | 44:31   | 4:27   | 24:21 | Ourense            | Independiente                     |
| 707 | Juan Manuel Lopez Dopazo          |       | VETAM- 149 | 44:32   | 4:27   | 24:05 | Ourense            | Independiente                     |
| 708 | Jorge Fernandez Sueiro            |       | SENM- 250  | 44:32   | 4:27   | 24:11 |                    | ESCOLAS MUNICIPAIS DE VERIN       |
| 709 | álvaro Barros Araújo              |       | SENM- 251  | 44:33   | 4:27   | 24:46 | Vigo               | Independiente                     |
| 710 | Alvaro Soto Mesias                |       | VETDM- 41  | 44:33   | 4:27   | 24:55 | Vigo               | GRUPO QUEIMADA                    |
| 711 | Delfin Quintana Devesa            |       | VETBM- 115 | 44:33   | 4:27   | 24:49 | Ourense            | Independiente                     |
| 712 | Manuel Seara Estevez              |       | SENM- 252  | 44:34   | 4:27   | 24:12 | Ourense            | Sociedad Atletica Allariz         |
| 713 | Francisco Javier Gonzalez Rodicio |       | SENM- 253  | 44:35   | 4:27   | 24:44 | Ourense            | -                                 |
| 714 | Javier Cuellas Pereira            |       | SENM- 254  | 44:36   | 4:28   | 24:06 | Vigo               | CTCORMORANS                       |
| 715 | Jose Frade Docampo                |       | CADM- 0    | 44:37   | 4:28   | 24:25 | Ourense            | SALESIANOS                        |
| 716 | Pedro Teijeiro Pena               |       | VETCM- 57  | 44:38   | 4:28   | 25:28 | Lugo               | atlectica muralla                 |
| 717 | Evaristo Nuñez Perez              |       | VETAM- 150 | 44:39   | 4:28   | 25:25 | Salvaterra de Miño | Independiente                     |
| 718 | Marcelino Gonzalez Ozores         |       | VETDM- 42  | 44:39   | 4:28   | 24:43 | Meaño              | -                                 |
| 719 | Francisco Cid Isla                |       | VETAM- 151 | 44:40   | 4:28   | 25:22 | Ourense            | -                                 |
| 720 | Guillermo Garcia Regueira         |       | SENM- 255  | 44:40   | 4:28   | 24:53 | Ourense            | Independiente                     |



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| 721 | Benito Vazquez Rodriguez        |       | VETCM- 58  | 44:40   | 4:28   | 24:14 | Ourense            | Independiente                  |
| 722 | Manuel Lugilde Rodriguez        |       | SENM- 256  | 44:41   | 4:28   | 24:44 | Lugo               | -                              |
| 723 | Juan Carlos Arias Castaño       |       | VETBM- 116 | 44:41   | 4:28   | 24:15 | Vigo               | -                              |
| 724 | Nino Saavedra Gayoso            |       | VETBM- 117 | 44:41   | 4:28   | 24:41 | Ourense            | Independiente                  |
| 725 | Manuel Barros Carneiro          |       | PROM- 30   | 44:42   | 4:28   | 24:21 | O Carballiño       | -                              |
| 726 | Manuel Becerra Mariño           |       | VETDM- 43  | 44:42   | 4:28   | 24:07 | Pobra do Caramiñal | -                              |
| 727 | Marina Laura Fernández López    | F- 30 | VETCF- 1   | 44:42   | 4:28   | 24:17 | Ames               | CORRERENGALICIA.ORG            |
| 728 | Javier Lopez Martin             |       | VETCM- 59  | 44:42   | 4:28   | 24:25 | LA Coruña          | Independiente                  |
| 729 | Roberto Dominguez Fernandez     |       | SENM- 257  | 44:42   | 4:28   | 24:39 | Vigo               | Independiente                  |
| 730 | Guillermo Diez Fernandez        |       | VETBM- 118 | 44:44   | 4:28   | 24:52 | Pontevedra         | Clube Atletismo Vigo - Massini |
| 731 | Marcos Cid Perez                |       | SENM- 258  | 44:44   | 4:28   | 23:52 | ALLARIZ            | Independiente                  |
| 732 | Javier Lago Cerqueira           |       | SENM- 259  | 44:44   | 4:28   | 24:56 | Teis-Vigo          | -                              |
| 733 | Cesar Perez Martinez            |       | VETAM- 152 | 44:44   | 4:28   | 24:52 | Pontevedra         | Clube Atletismo Vigo - Massini |
| 734 | Juan Carlos Doval Quiñones      |       | SENM- 260  | 44:45   | 4:28   | 24:34 |                    | -                              |
| 735 | Santos Vivas Perez              |       | SENM- 261  | 44:46   | 4:29   | 24:53 | Ourense            | SALESIANOS                     |
| 736 | Marcos Dieguez Ares             |       | VETAM- 153 | 44:46   | 4:29   | 24:28 | Santiago           | -                              |
| 737 | Eloy Prieto Criado              |       | VETDM- 44  | 44:47   | 4:29   | 24:27 | Pontevedra         | Club Veteranos/as Samil        |
| 738 | Carlos Rey Parente              |       | SENM- 262  | 44:47   | 4:29   | 23:56 | Ourense            | Independiente                  |
| 739 | Jesus Rico Junquera             |       | VETCM- 60  | 44:49   | 4:29   | 24:42 | BOQUEIXON          | Independiente                  |
| 740 | Ismael Garcia Vazquez           |       | SENM- 263  | 44:49   | 4:29   | 24:02 | Vedra              | -                              |
| 741 | Avelino Perez Santos            |       | VETBM- 119 | 44:49   | 4:29   | 24:16 |                    | PRECISGAL TEAM                 |
| 742 | Fernando Bianchi Bustillo       |       | VETAM- 154 | 44:50   | 4:29   | 24:24 | Ourense            | Independiente                  |
| 743 | Carlos Pernal Duran             |       | SENM- 264  | 44:51   | 4:29   | 25:21 | Vigo               | Independiente                  |
| 744 | Sindo Alvarez Vazquez           |       | VETAM- 155 | 44:52   | 4:29   | 25:06 | Vigo               | Independiente                  |
| 745 | Cristian Alvarez Dieguez        |       | JUNM- 18   | 44:52   | 4:29   | 23:20 | Ourense            | Club Adas-Campo                |
| 746 | Daniel Garcia Fabello           |       | SENM- 265  | 44:52   | 4:29   | 24:38 | Ourense            | -                              |
| 747 | Francisco Javier Fernández Polo |       | VETBM- 120 | 44:52   | 4:29   | 25:21 | Sigüeiro           | Independiente                  |
| 748 | Jose Nogueiras Santana          |       | VETDM- 45  | 44:53   | 4:29   | 23:57 | VILAR DE SANTOS    | Independiente                  |
| 749 | Jose Manuel Fernandez Sangiao   |       | VETCM- 61  | 44:53   | 4:29   | 23:38 | Lugo               | -                              |
| 750 | Julian Mena Valiño              |       | SENM- 266  | 44:53   | 4:29   | 24:07 | CARBALLINO         | Independiente                  |

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|-----|---------------------------------|-------|------------|---------|--------|-------|----------------|------------------------------|
| 751 | Jose Manuel Saborido Martinez   |       | VETAM- 156 | 44:54   | 4:29   | 24:56 | A Coruña       | VETERANOS NOIA               |
| 752 | Florindo Jose Gonzalez Gonzalez |       | SENM- 267  | 44:54   | 4:29   | 24:43 | Ourense        | Independiente                |
| 753 | Julio Cesar Constenla Fontana   |       | VETFM- 6   | 44:55   | 4:29   | 24:52 | Pontevedra     | Independiente                |
| 754 | Jose Manuel Perez Rodriguez     |       | VETCM- 62  | 44:55   | 4:29   | 24:55 | BARBANTES      | Independiente                |
| 755 | Francisco Javier Cid Quintas    |       | VETBM- 121 | 44:55   | 4:29   | 24:38 | Ourense        | Sociedad Atletica Allariz    |
| 756 | Javier Eliseo Doval Quiñones    |       | SENM- 268  | 44:57   | 4:30   | 24:33 | Ourense        | Independiente                |
| 757 | Antonio Melon Gonzalez          |       | VETCM- 63  | 44:58   | 4:30   | 24:45 | Vigo           | Independiente                |
| 758 | Javier Martínez Cachafeiro      |       | VETCM- 64  | 44:59   | 4:30   | 24:09 | Ourense        | Independiente                |
| 759 | Jose Prado Fernandez            |       | VETBM- 122 | 45:00   | 4:30   | 25:20 | Ourense        | -                            |
| 760 | Pablo Rego Perez                |       | VETAM- 157 | 45:00   | 4:30   | 22:12 | Orense         | -                            |
| 761 | Eliodoro Gil Lorenzo            |       | VETAM- 158 | 45:01   | 4:30   | 25:07 | Vigo           | Independiente                |
| 762 | Ramon Rodriguez Gonzalez        |       | VETAM- 159 | 45:02   | 4:30   | 25:35 | Carballiño     | Independiente                |
| 763 | ángel Hugueros Núñez            |       | SENM- 269  | 45:03   | 4:30   | 25:18 | Ourense        | A. D. LIMIACTIVA             |
| 764 | Benigno Torres Lopez            |       | VETDM- 46  | 45:04   | 4:30   | 24:51 | Pontevedra     | Club Veteranos/as Samil      |
| 765 | Estefano Elias Cabrera Crespo   |       | SENM- 270  | 45:04   | 4:30   | 25:56 | Ourense        | -                            |
| 766 | Carlos Deiros Diaz              |       | VETAM- 160 | 45:05   | 4:30   | 23:59 | Becerreá       | Independiente                |
| 767 | Jose Maria Polo Bertos          |       | VETCM- 65  | 45:05   | 4:30   | 24:32 | Ourense        | Independiente                |
| 768 | Jose Antonio Lopez Fernandez    |       | SENM- 271  | 45:06   | 4:31   | 24:42 | Ourense        | PATO BLANCO CELANOVA         |
| 769 | Jorge Posada Fernandez          |       | VETAM- 161 | 45:06   | 4:31   | 25:06 |                | PRECISGAL TEAM               |
| 770 | Almudena Cordon Perez           | F- 31 | VETAF- 7   | 45:07   | 4:31   | 25:02 |                | Ourense Atletismo            |
| 771 | Jaime Carrodegua Martinez       |       | VETBM- 123 | 45:07   | 4:31   | 25:10 | A Coruña       | -                            |
| 772 | Humberto Corral Boveda          |       | VETBM- 124 | 45:07   | 4:31   | 24:45 | Lugo           | -                            |
| 773 | Manuel González Núñez           |       | VETDM- 47  | 45:08   | 4:31   | 25:03 | Vigo           | Independiente                |
| 774 | Jesus Abad Gomez                |       | VETAM- 162 | 45:08   | 4:31   | 24:39 | Xinzo de limia | Independiente                |
| 775 | Nicolas Bayon Meleiro           |       | VETAM- 163 | 45:08   | 4:31   | 24:13 |                | -                            |
| 776 | Roi Garcia Seoane               |       | SENM- 272  | 45:09   | 4:31   | 25:22 | Ourense        | -                            |
| 777 | Sergio Alonso Alvarez           |       | JUVM- 0    | 45:09   | 4:31   | 24:46 | Ourense        | Independiente                |
| 778 | Jose Maria Rodriguez Piñeira    |       | VETBM- 125 | 45:09   | 4:31   | 24:45 | Lugo           | -                            |
| 779 | Fernando Esteban Meruendano     |       | VETCM- 66  | 45:09   | 4:31   | 24:46 | LEIRO          | -                            |
| 780 | Anton Lois Fernandez Alvarez    |       | SENM- 273  | 45:10   | 4:31   | 25:19 | Muiños         | CLUBE ATLETAS DA BAIXA LIMIA |

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| 781 | Jose Garcia Rodriguez                 |       | SENM- 274  | 45:10   | 4:31   | 24:30 | Cangas Morrazo    | -                        |
| 782 | Alejandro Mera Alvarez                |       | SENM- 275  | 45:10   | 4:31   | 24:30 | Cangas Morrazo    | -                        |
| 783 | Jose Luis Feijoo Lopez                |       | VETCM- 67  | 45:12   | 4:31   | 24:30 | Ourense           | Independiente            |
| 784 | Pablo Vieitez Gil                     |       | SENM- 276  | 45:12   | 4:31   | 25:22 | ToEn              | -                        |
| 785 | Ruben Alvarez Araujo                  |       | SENM- 277  | 45:12   | 4:31   | 25:59 | Amoeiro           | -                        |
| 786 | Consi Gomez Bolabo                    | F- 32 | PROF- 4    | 45:12   | 4:31   | 24:23 |                   | Ourense Atletismo        |
| 787 | Oscar Rey Martinez                    |       | SENM- 278  | 45:13   | 4:31   | 25:50 | Lugo              | -                        |
| 788 | Angel Nuñez                           |       | SENM- 279  | 45:13   | 4:31   | 25:19 | cacabelos         | -                        |
| 789 | Roberto Fernandez Alonso              |       | VETAM- 164 | 45:14   | 4:31   | 25:43 | Pereiro de Aguiar | Independiente            |
| 790 | SIN DATOS DEL DORSAL 2848             |       | SENM- 280  | 45:15   | 4:31   | 24:48 |                   | Independiente            |
| 791 | Miguel Angel Fernandez Garcia         |       | SENM- 281  | 45:15   | 4:31   | 25:14 |                   | -                        |
| 792 | Jose M. Rodal Parcerio                |       | VETDM- 48  | 45:15   | 4:31   | 25:19 | CANGAS            | Atletismo Corredoiras    |
| 793 | Jose Luis Bravo Montero               |       | VETCM- 68  | 45:15   | 4:31   | 25:03 | Ourense           | Independiente            |
| 794 | Francisco Antonio Rodriguez Rodriguez |       | VETAM- 165 | 45:16   | 4:32   | 24:43 | Ourense           | IES O COUTO              |
| 795 | Ruben Alvarez Gonzalez                |       | SENM- 282  | 45:17   | 4:32   | 25:01 | Ourense           | -                        |
| 796 | Francisco Javier Fariñas Rodriguez    |       | SENM- 283  | 45:18   | 4:32   | 25:17 | Ourense           | Independiente            |
| 797 | Javier Gonzalez Gonzalez              |       | SENM- 284  | 45:18   | 4:32   | 24:55 |                   | KORPORE Carballiño       |
| 798 | Víctor Rey Martínez                   |       | SENM- 285  | 45:19   | 4:32   | 25:50 | Lugo              | Independiente            |
| 799 | Alan Penedo Rodriguez                 |       | SENM- 286  | 45:19   | 4:32   | 25:07 | Ourense           | Independiente            |
| 800 | Alberto Sanchez Gomez                 |       | SENM- 287  | 45:20   | 4:32   | 24:25 | Santiago          | Independiente            |
| 801 | Alejandro Novo Vazquez                |       | VETCM- 69  | 45:20   | 4:32   | 25:14 | Lugo              | FLUVIAL DE Lugo          |
| 802 | Manuel Souto Cortizo                  |       | VETCM- 70  | 45:20   | 4:32   | 24:26 | Ourense           | Burgas Atletismo Ourense |
| 803 | Rui Manuel Ferro Dos Santos           |       | VETAM- 166 | 45:21   | 4:32   | 25:10 | Ourense           | Independiente            |
| 804 | Celia Recaman Campos                  | F- 33 | VETAF- 8   | 45:23   | 4:32   | 25:10 |                   | Independiente            |
| 805 | Alberto Belerdas Tesan                |       | VETCM- 71  | 45:23   | 4:32   | 25:10 |                   | Independiente            |
| 806 | Jose Luis Sousa Mendez                |       | VETBM- 126 | 45:23   | 4:32   | 24:35 | Pereiro de Aguiar | Independiente            |
| 807 | Jose Rey Borrajo                      |       | VETAM- 167 | 45:23   | 4:32   | 25:31 | Baños de Molgas   | Independiente            |
| 808 | Ramses M. Torres Barreiros            |       | SENM- 288  | 45:23   | 4:32   | 25:51 | Ourense           | -                        |
| 809 | Eliseo Iglesias Barreiro              |       | VETCM- 72  | 45:24   | 4:32   | 25:45 | A Coruña          | VETERANOS NOIA           |
| 810 | Alberto Vazquez Cabano                |       | SENM- 289  | 45:24   | 4:32   | 25:14 | Ourense           | Independiente            |

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| 811 | Jose Ignacio Rivera Saez       |       | VETDM- 49  | 45:25   | 4:32   | 24:45 | Ourense      | -                                  |
| 812 | Luis Santiago Costa            |       | VETAM- 168 | 45:25   | 4:32   | 25:40 | Vigo         | -                                  |
| 813 | Antonio Fraga Fdez             |       | VETAM- 169 | 45:26   | 4:33   | 25:04 | Santiago     | -                                  |
| 814 | Luis Chaves                    |       | VETBM- 127 | 45:26   | 4:33   | 24:46 | CHAVES       | Independiente                      |
| 815 | Jose Manuel Insua Insua        |       | VETBM- 128 | 45:26   | 4:33   | 25:44 | A Coruña     | VETERANOS NOIA                     |
| 816 | Mario Arufe Santamaria         |       | VETCM- 73  | 45:26   | 4:33   | 25:44 | A Coruña     | VETERANOS NOIA                     |
| 817 | Jose Ramon Nuñez Vazquez       |       | VETEM- 18  | 45:26   | 4:33   | 24:55 | Ourense      | PATO BLANCO CELANOVA               |
| 818 | Angel Meira Dieguez            |       | VETCM- 74  | 45:27   | 4:33   | 25:20 | Ourense      | Atletas Veteranos Pabellón Ourense |
| 819 | Miguel Angel Lorenzo Alvarez   |       | PROM- 31   | 45:27   | 4:33   | 25:11 |              | KORPORE Carballiño                 |
| 820 | Diego Barja Lopez              |       | JUNM- 19   | 45:27   | 4:33   | 25:09 | Ourense      | DIVINA PASTORA                     |
| 821 | Laura Sueiro Fernandez         | F- 34 | PROF- 5    | 45:28   | 4:33   | 24:20 | CANGAS       | CLUB ATLETISMO OFRIMA              |
| 822 | Angel Dominguez Vispo          |       | SENM- 290  | 45:30   | 4:33   | 24:44 |              | KORPORE Carballiño                 |
| 823 | Guillermo Rodriguez Rodriguez  |       | VETAM- 170 | 45:31   | 4:33   | 25:15 | Ourense      | Independiente                      |
| 824 | Manuel Ferreiro Ferron         |       | VETAM- 171 | 45:31   | 4:33   | 25:32 | Ourense      | Independiente                      |
| 825 | Luis Sanchez Seco              |       | VETBM- 129 | 45:31   | 4:33   | 25:43 | Ourense      | Independiente                      |
| 826 | Jose Fernandez Otero           |       | VETEM- 19  | 45:33   | 4:33   | 25:25 | Ourense      | Independiente                      |
| 827 | Jose Antonio Novoa Rodriguez   |       | VETDM- 50  | 45:33   | 4:33   | 26:15 | Ourense      | Independiente                      |
| 828 | Guillermo Concheiro Fernandez  |       | VETCM- 75  | 45:34   | 4:33   | 25:32 | CARRAL       | -                                  |
| 829 | Delmiro Casas Filgueira        |       | VETAM- 172 | 45:34   | 4:33   | 24:46 |              | KORPORE Carballiño                 |
| 830 | Xurxo Louro Insua              |       | VETAM- 173 | 45:34   | 4:33   | 24:43 | NOIA         | Amigos da Larga Distancia          |
| 831 | Jose Antonio Gonzalez Cid      |       | VETDM- 51  | 45:35   | 4:33   | 25:22 | Ourense      | -                                  |
| 832 | Jose Antonio Moyano Ledesma    |       | VETAM- 174 | 45:35   | 4:33   | 24:58 | Ourense      | Independiente                      |
| 833 | SIN DATOS DEL DORSAL 6394      |       | SENM- 291  | 45:37   | 4:34   | 24:27 |              | Independiente                      |
| 834 | Ricardo Perez Gonzalez         |       | VETBM- 130 | 45:39   | 4:34   | 24:26 | Ourense      | Independiente                      |
| 835 | Maria Yolanda Gutiérrez Robles | F- 35 | SENF- 16   | 45:39   | 4:34   | 24:37 | TEO          | Independiente                      |
| 836 | Alfredo Corral Boveda          |       | VETDM- 52  | 45:39   | 4:34   | 25:17 | Chantada     | -                                  |
| 837 | Jose Carballo Alvarez          |       | VETEM- 20  | 45:41   | 4:34   | 24:31 | MONTEDERRAMO | Independiente                      |
| 838 | Felix Fernandez Abalde         |       | SENM- 292  | 45:43   | 4:34   | 25:29 | Vigo         | -                                  |
| 839 | Juan Manuel Mata Torreira      |       | VETAM- 175 | 45:43   | 4:34   | 24:52 |              | -                                  |
| 840 | Angel Ferro Mancho             |       | VETBM- 131 | 45:43   | 4:34   | 26:10 | Vigo         | -                                  |

| Pto | Nombre                       | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                   |
|-----|------------------------------|-------|------------|---------|--------|-------|-------------------|------------------------|
| 841 | Josep Navarro Olmos          |       | VETCM- 76  | 45:43   | 4:34   | 25:40 | Ribeira           | Independiente          |
| 842 | Pablo Gonzalez Gomez         |       | JUNM- 20   | 45:43   | 4:34   | 24:38 | Ourense           | Independiente          |
| 843 | José David Fernández Leiva   |       | VETAM- 176 | 45:44   | 4:34   | 25:25 | Santiago          | Independiente          |
| 844 | Alba Feijoo Artacho          | F- 36 | JUNF- 1    | 45:44   | 4:34   | 24:48 |                   | Ourense Atletismo      |
| 845 | Alfonso Fernandez Fernandez  |       | VETAM- 177 | 45:45   | 4:34   | 25:39 | Valenzana         | -                      |
| 846 | Jaime Vazquez Aldemunde      |       | JUVM- 0    | 45:45   | 4:34   | 25:41 | Ourense           | Independiente          |
| 847 | Jose Manuel Rodriguez Robles |       | VETAM- 178 | 45:45   | 4:34   | 25:44 | A Coruña          | VETERANOS NOIA         |
| 848 | Xan Mariano Trigo Recarey    |       | VETAM- 179 | 45:46   | 4:35   | 25:13 | Ourense           | Independiente          |
| 849 | Xose Anton Calviño Martinez  |       | VETCM- 77  | 45:46   | 4:35   | 24:29 | Ourense           | -                      |
| 850 | Balbino Barcelo Mendiguchia  |       | VETBM- 132 | 45:46   | 4:35   | 25:19 | A Coruña          |                        |
| 851 | Jaime Cortizo Sedano         |       | SENM- 293  | 45:47   | 4:35   | 25:37 | Santiago          | -                      |
| 852 | Ruben Outeiriño Iglesias     |       | SENM- 294  | 45:47   | 4:35   | 25:01 | Ourense           | Independiente          |
| 853 | Carlos Vázquez Vilar         |       | SENM- 295  | 45:47   | 4:35   | 25:57 | TUI               | CORRERENGALICIA.ORG    |
| 854 | Enrique Domínguez Cabral     |       | SENM- 296  | 45:47   | 4:35   | 25:57 | Vigo              | Independiente          |
| 855 | Alfonso Guerra Reboredo      |       | VETAM- 180 | 45:48   | 4:35   | 25:05 | Santiago          | -                      |
| 856 | Manuel Gonzalez Santamaria   |       | VETDM- 53  | 45:49   | 4:35   | 25:20 | Ourense           | Independiente          |
| 857 | Juan Antonio Perez Gonzalez  |       | VETBM- 133 | 45:50   | 4:35   | 24:47 | Ourense           | Independiente          |
| 858 | Josefa Morales Gomez         | F- 37 | SENF- 17   | 45:51   | 4:35   | 25:12 | REBOREDO          | Independiente          |
| 859 | Celso Rodriguez Rodriguez    |       | SENM- 297  | 45:51   | 4:35   | 25:12 | REBOREDO          | Independiente          |
| 860 | Juan Luis Izquierdo Ramallo  |       | SENM- 298  | 45:51   | 4:35   | 25:12 | Ourense           | Independiente          |
| 861 | Delfin Carballo Carballo     |       | VETBM- 134 | 45:51   | 4:35   | 25:11 | Ourense           | Independiente          |
| 862 | Hilario Gulias Marta         |       | VETCM- 78  | 45:52   | 4:35   | 25:23 | Carballiño        | Independiente          |
| 863 | Mercedes Mayor Lopez         | F- 38 | SENF- 18   | 45:52   | 4:35   | 25:27 |                   | Ría de Ferrol          |
| 864 | Miguel Carballo González     |       | VETAM- 181 | 45:52   | 4:35   | 25:19 | Pereiro de Aguiar | atletas da baixa limia |
| 865 | Raul Costoya Garcia          |       | SENM- 299  | 45:53   | 4:35   | 25:52 | LALIN             | Independiente          |
| 866 | Vicente Parapar Fustes       |       | VETAM- 182 | 45:53   | 4:35   | 25:06 | OLEIROS           | -                      |
| 867 | Roy De Prado Lahoz           |       | SENM- 300  | 45:53   | 4:35   | 26:39 | TOEN              | Independiente          |
| 868 | Bernardo De Prado Lahoz      |       | SENM- 301  | 45:53   | 4:35   | 26:40 | TOEN              | Independiente          |
| 869 | Adolfo Omar Rios             |       | VETCM- 79  | 45:53   | 4:35   | 24:47 | Lugo              | CD Egozarros           |
| 870 | Luis Antonio Requejo Joga    |       | VETAM- 183 | 45:54   | 4:35   | 25:32 | Ourense           | Independiente          |

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|-----|--------------------------------|-------|------------|---------|--------|-------|----------------|-----------------------------------|
| 871 | Emilio Gonzalez Rodriguez      |       | VETBM- 135 | 45:54   | 4:35   | 25:35 | Ourense        | Independiente                     |
| 872 | Jose Angel Bascoy Casas        |       | VETBM- 136 | 45:56   | 4:36   | 25:31 | Ourense        | Independiente                     |
| 873 | Nohemi Freijo Diaz             | F- 39 | SENF- 19   | 45:56   | 4:36   | 24:53 | Lugo           | Sociedad Gimnástica de Pontevedra |
| 874 | Eduardo Ramos Balseiro         |       | VETCM- 80  | 45:57   | 4:36   | 25:02 | Lugo           | CD Egozarros                      |
| 875 | Antonio Carnero Vazquez        |       | VETCM- 81  | 45:57   | 4:36   | 24:33 | Ourense        | Independiente                     |
| 876 | Jose Ramon Gonzalez Moure      |       | VETAM- 184 | 45:57   | 4:36   | 25:43 | Ourense        | Independiente                     |
| 877 | Jesus Rey Pardal               |       | VETAM- 185 | 45:58   | 4:36   | 25:45 | PONTECESURES   | Independiente                     |
| 878 | Jose Garcia Gamallo            |       | VETDM- 54  | 45:58   | 4:36   | 25:03 | VILAGARCIA     | -                                 |
| 879 | Francisco Lopez Martinez       |       | VETAM- 186 | 45:58   | 4:36   | 25:24 | Santiago       | Independiente                     |
| 880 | Carlos Alvarez Deza            |       | VETCM- 82  | 45:59   | 4:36   | 25:07 | Ourense        | Independiente                     |
| 881 | Domingo Castro Sotelo          |       | VETEM- 21  | 45:59   | 4:36   | 25:06 | Ourense        | Independiente                     |
| 882 | Palmira Rodriguez Alves        | F- 40 | VETAF- 9   | 45:59   | 4:36   | 25:43 | Ourense        | Independiente                     |
| 883 | Candido Villaverde Otero       |       | VETAM- 187 | 46:00   | 4:36   | 25:37 | sanxenxo       | -                                 |
| 884 | Jose Antonio Caride Taboada    |       | VETCM- 83  | 46:00   | 4:36   | 24:41 | Ourense        | Independiente                     |
| 885 | Francisco Javier Pereiro Posse |       | VETAM- 188 | 46:00   | 4:36   | 25:09 | PANXON-NIGRAN  | -                                 |
| 886 | Emilio Castro Barros           |       | VETCM- 84  | 46:00   | 4:36   | 25:23 | Pontevedra     | Club Veteranos/as Samil           |
| 887 | Victor Carbajo Carrete         |       | SENM- 302  | 46:01   | 4:36   | 25:38 | San Lorenzo    | -                                 |
| 888 | Gabriel Prol Damota            |       | SENM- 303  | 46:01   | 4:36   | 25:17 | Maceda         | -                                 |
| 889 | Jose Manuel Conde Conde        |       | VETCM- 85  | 46:01   | 4:36   | 25:20 | Ourense        | Sociedad Atletica Allariz         |
| 890 | Antonio Hernandez Barreiro     |       | VETFM- 7   | 46:03   | 4:36   | 25:01 | Lugo           | CD Egozarros                      |
| 891 | Jesus Dominguez Gonzalez       |       | VETCM- 86  | 46:04   | 4:36   | 25:20 | Ourense        | Sociedad Atletica Allariz         |
| 892 | Juan Carlos Vazquez Cierna     |       | VETAM- 189 | 46:04   | 4:36   | 25:37 | ABRAL          | -                                 |
| 893 | Humberto Gurierrez Esposito    |       | VETCM- 87  | 46:05   | 4:36   | 25:36 | Ourense        | Independiente                     |
| 894 | Evaristo Garcia Martinez       |       | VETAM- 190 | 46:05   | 4:36   | 25:18 | A Coruña       | Club Atletismo Sar-Mahía          |
| 895 | Jose Luis Modrego Casalots     |       | VETBM- 137 | 46:05   | 4:36   | 25:38 | Vigo           | -                                 |
| 896 | Jose Rodriguez Iglesias        |       | VETAM- 191 | 46:06   | 4:37   | 25:27 | Cartelle       | -                                 |
| 897 | Manuel Garcia Alfonso          |       | VETGM- 3   | 46:07   | 4:37   | 25:34 | Ourense        | Club Adas-Campo                   |
| 898 | Juan Pablo Rey Souto           |       | SENM- 304  | 46:08   | 4:37   | 26:16 | CALDAS DE REIS | -                                 |
| 899 | Francisco Lago Gonzalez        |       | SENM- 305  | 46:09   | 4:37   | 26:27 | Chapela        | -                                 |
| 900 | Jorge Ferreiroa Gonzalez       |       | VETDM- 55  | 46:09   | 4:37   | 25:17 |                | PRECISGAL TEAM                    |

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|-----|-------------------------------|-------|------------|---------|--------|-------|---------------------|--------------------------------|
| 901 | Felix Castro De Pazos         |       | SENM- 306  | 46:09   | 4:37   | 26:27 | BAIONA              | -                              |
| 902 | Jose Maria Levoso Touceda     |       | VETAM- 192 | 46:10   | 4:37   | 25:00 | A Coruña            | Independiente                  |
| 903 | Lola Martinez Losada          | F- 41 | SENF- 20   | 46:11   | 4:37   | 26:13 | NIGRAN              | GRUPO QUEIMADA                 |
| 904 | Uxío García Yáñez             |       | VETDM- 56  | 46:11   | 4:37   | 25:08 | Ourense             | Independiente                  |
| 905 | Jose Carlos Dieguez Muñoz     |       | VETBM- 138 | 46:11   | 4:37   | 25:07 | Pontevedra          | Clube Atletismo Vigo - Massini |
| 906 | Marcos Gutierrez Viso         |       | SENM- 307  | 46:12   | 4:37   | 25:16 | Ourense             | Independiente                  |
| 907 | Eugenio Lopez Rodriguez       |       | VETDM- 57  | 46:12   | 4:37   | 25:44 | Vigo                | -                              |
| 908 | Luisa Ibañez Ibañez Martin    | F- 42 | VETAF- 10  | 46:12   | 4:37   | 25:10 | Lugo                | -                              |
| 909 | Jose Garcia-Calvo Rodriguez   |       | VETEM- 22  | 46:13   | 4:37   | 25:35 | Loñoa               | Independiente                  |
| 910 | Javier Cid Bouzas             |       | PROM- 32   | 46:13   | 4:37   | 24:43 | Pereiro de Aguiar   | Independiente                  |
| 911 | Juan Carlos Rodriguez Rial    |       | VETAM- 193 | 46:14   | 4:37   | 25:09 | Ourense             | Independiente                  |
| 912 | Ernesto Taboada Pousa         |       | VETBM- 139 | 46:14   | 4:37   | 25:45 | RIBADAVIA           | Independiente                  |
| 913 | Santiago Gonzalez Cid         |       | VETBM- 140 | 46:15   | 4:37   | 25:37 | Barbadas            | Independiente                  |
| 914 | Luciano Ramilo Dantas         |       | VETCM- 88  | 46:16   | 4:38   | 25:56 | Pontevedra          | Clube Atletismo Vigo - Massini |
| 915 | Angel Gomez Gomez             |       | VETAM- 194 | 46:16   | 4:38   | 25:44 | A Coruña            | VETERANOS NOIA                 |
| 916 | Segundo Morante Garcia Patron |       | VETDM- 58  | 46:16   | 4:38   | 25:08 | Vigo                | CTCORMORANS                    |
| 917 | Javier Iglesias Perez         |       | VETAM- 195 | 46:16   | 4:38   | 25:27 | Ourense             | Sociedad Atletica Allariz      |
| 918 | Manuel Garcia Camba           |       | VETCM- 89  | 46:18   | 4:38   | 24:58 | S. Cibrao das Viñas | Independiente                  |
| 919 | Ramon Barreiro Cermadas       |       | VETCM- 90  | 46:18   | 4:38   | 25:59 | A Coruña            | VETERANOS NOIA                 |
| 920 | Rogelio Jose Valbuena Alvarez |       | VETCM- 91  | 46:18   | 4:38   | 25:30 | Ourense             | Independiente                  |
| 921 | Jorge Equino Cuña             |       | VETAM- 196 | 46:18   | 4:38   | 25:31 | Santiago            | Independiente                  |
| 922 | Castor Perez Perez            |       | VETBM- 141 | 46:19   | 4:38   | 25:58 | salvaterra de miño  | Independiente                  |
| 923 | Luis Carlos Parada Gonzalez   |       | VETAM- 197 | 46:19   | 4:38   | 25:55 | pOboa do brollOn    | -                              |
| 924 | Carlos Moure Fraga            |       | SENM- 308  | 46:19   | 4:38   | 26:01 | Ourense             | Independiente                  |
| 925 | Carlos Lago Blanco            |       | VETAM- 198 | 46:20   | 4:38   | 26:03 |                     | Comesaña Sporting Club         |
| 926 | Javier Gonzalez Martinez      |       | SENM- 309  | 46:20   | 4:38   | 26:03 | Vigo                | -                              |
| 927 | Alejandro Garcia Rebolo       |       | SENM- 310  | 46:21   | 4:38   | 24:49 | Ourense             | Independiente                  |
| 928 | Enrique Vazquez Carricoba     |       | VETEM- 23  | 46:23   | 4:38   | 26:02 | Lugo                | ATLETICA MURALLA               |
| 929 | Roberto C Gonzalez Perez      |       | SENM- 311  | 46:23   | 4:38   | 24:49 | Ourense             | -                              |
| 930 | Silvia Teijeiro Ferro         | F- 43 | VETAF- 11  | 46:23   | 4:38   | 26:03 |                     | Ourense Atletismo              |

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|-----|--------------------------------|-------|------------|---------|--------|-------|--------------------------------|----------------------------|
| 931 | Ramon Martinez Marquez         |       | VETCM- 92  | 46:24   | 4:38   | 25:18 |                                | PRECISGAL TEAM             |
| 932 | Arturo Vazquez Casal           |       | VETBM- 142 | 46:27   | 4:39   | 25:35 | Ourense                        | Independiente              |
| 933 | Enrique Gandara Ulloa          |       | VETCM- 93  | 46:27   | 4:39   | 25:25 |                                | Atletismo As Mariñas       |
| 934 | Roberto Lagarón Rodriguez      |       | SENM- 312  | 46:27   | 4:39   | 25:48 | Lugo                           | Independiente              |
| 935 | Arturo Casanovas Calvo         |       | VETCM- 94  | 46:27   | 4:39   | 25:36 | Ourense                        | Independiente              |
| 936 | Jose Rodriguez Alvarez         |       | SENM- 313  | 46:28   | 4:39   | 24:23 | Ourense                        | Independiente              |
| 937 | Juan Carlos Dominguez Carlos   |       | VETBM- 143 | 46:30   | 4:39   | 25:58 | Vigo                           | -                          |
| 938 | Santiago Iglesias Ferro        |       | SENM- 314  | 46:31   | 4:39   | 25:05 | Barbadas                       | -                          |
| 939 | Mercedes Fernandez Valencia    | F- 44 | VETAF- 12  | 46:32   | 4:39   | 25:53 | Ourense                        | Independiente              |
| 940 | Roberto Crespo                 |       | VETEM- 24  | 46:32   | 4:39   | 25:59 | Santiago                       | MILLA DE ORO- SANTIAGO     |
| 941 | Jesus Antonio Gonzalez Sanchez |       | VETBM- 144 | 46:34   | 4:39   | 24:28 | Ourense                        | -                          |
| 942 | Alexandre Blanco Lopez         |       | PROM- 33   | 46:34   | 4:39   | 24:41 | Ourense                        | -                          |
| 943 | Jose Miguel Pujol Lima         |       | VETAM- 199 | 46:34   | 4:39   | 26:10 | Vigo                           | -                          |
| 944 | Delfin Gonzalez Freire         |       | VETAM- 200 | 46:34   | 4:39   | 25:29 | Ourense                        | Independiente              |
| 945 | Daniel Manzano Garcia          |       | SENM- 315  | 46:35   | 4:39   | 26:17 | Ourense                        | Independiente              |
| 946 | Gerardo Fernandez Gallego      |       | VETDM- 59  | 46:35   | 4:39   | 26:45 | Ourense                        | Independiente              |
| 947 | Roberto Gonzalez Blanco        |       | VETAM- 201 | 46:35   | 4:39   | 26:58 | Vigo                           | Independiente              |
| 948 | Abraham Radio Carrera          |       | SENM- 316  | 46:36   | 4:40   | 26:59 | Vigo                           | Independiente              |
| 949 | Ricardo Torres Paris           |       | VETEM- 25  | 46:36   | 4:40   | 25:06 | Vigo                           | -                          |
| 950 | Mª Cristina Gonzalez Gonzalez  | F- 45 | VETCF- 2   | 46:36   | 4:40   | 25:18 |                                | -                          |
| 951 | Manuel Colmenero               |       | VETDM- 60  | 46:36   | 4:40   | 25:26 | VERIN                          | Independiente              |
| 952 | Fernando Antonio Rugero Gomar  |       | VETBM- 145 | 46:36   | 4:40   | 26:01 | Villaverde de la Abadla Aros 5 |                            |
| 953 | Angel Garcia Garcia            |       | VETCM- 95  | 46:37   | 4:40   | 26:08 | LEON                           | Club Deportivo Peñambolias |
| 954 | Jesus Eduardo Perez Rodrigued  |       | SENM- 317  | 46:38   | 4:40   | 25:49 | Porriño                        | -                          |
| 955 | Agustin Gonzalez Cortiñas      |       | VETCM- 96  | 46:39   | 4:40   | 25:20 | Ourense                        | Independiente              |
| 956 | Benito Pouso Carrera           |       | VETAM- 202 | 46:40   | 4:40   | 26:57 | Vigo                           | Independiente              |
| 957 | Saul Garrido Rodriguez         |       | SENM- 318  | 46:41   | 4:40   | 25:12 | Ourense                        | Independiente              |
| 958 | Anxo Fernandez Diaz            |       | VETBM- 146 | 46:41   | 4:40   | 25:11 | Ourense                        | -                          |
| 959 | Jose Diaz Rodrigiez            |       | VETBM- 147 | 46:41   | 4:40   | 24:58 | Ourense                        | -                          |
| 960 | Angel Prado Nieto              |       | VETEM- 26  | 46:41   | 4:40   | 25:38 | Pontevedra                     | Club Veteranos/as Samil    |



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|-------------------------------------|-------|------------|---------|--------|-------|----------------------|-----------------------------------|
| 961 Claudio Marques                 |       | VETBM- 148 | 46:41   | 4:40   | 26:03 | Ponferrada           | -                                 |
| 962 Javier Quiroga Fernandez        |       | VETAM- 203 | 46:42   | 4:40   | 26:10 | Ourense              | Independiente                     |
| 963 Adrian Delgado Coello           |       | SENM- 319  | 46:43   | 4:40   | 27:39 | Ourense              | Independiente                     |
| 964 Francisco Villarino Pazo        |       | VETAM- 204 | 46:43   | 4:40   | 25:36 | COLES                | -                                 |
| 965 Roberto Verela Urrutia          |       | VETCM- 97  | 46:43   | 4:40   | 25:22 | OLEIROS              | -                                 |
| 966 Aprigio Alexandre Chaves        |       | JUVM- 0    | 46:44   | 4:40   | 25:07 | CHAVES               | Independiente                     |
| 967 José Vicente Guzmán Ares        |       | SENM- 320  | 46:46   | 4:41   | 25:51 | Santiago             | Independiente                     |
| 968 Ruben Lamas Gonzalez            |       | SENM- 321  | 46:47   | 4:41   | 26:38 | Ourense              | -                                 |
| 969 Victor Vieitez Villar           |       | SENM- 322  | 46:47   | 4:41   | 25:48 | Ourense              | Independiente                     |
| 970 Sonia Alfonsin Perez            | F- 46 | SENF- 21   | 46:48   | 4:41   | 25:42 | Pontevedra           | Sociedad Gimnástica de Pontevedra |
| 971 Miguel Angel Lopez Freire       |       | VETAM- 205 | 46:48   | 4:41   | 25:42 | OZA DE LOS RIOS      | -                                 |
| 972 Rubén Porto Pedrosa             |       | SENM- 323  | 46:49   | 4:41   | 26:24 | PONTEAREAS           | Independiente                     |
| 973 Hilario Genicio Bouza           |       | SENM- 324  | 46:49   | 4:41   | 26:24 | Ponteareas           | -                                 |
| 974 Antonio Taboada Rodriguez       |       | SENM- 325  | 46:50   | 4:41   | 25:25 | Ourense              | Independiente                     |
| 975 Antonio Recuna Cuiña            |       | SENM- 326  | 46:51   | 4:41   | 25:50 | vilagarcia de arousa | -                                 |
| 976 Alberto Lores Perez             |       | VETDM- 61  | 46:51   | 4:41   | 26:02 | Pontevedra           | Clube Atletismo Vigo - Massini    |
| 977 Javier Carnero Valcarcel        |       | SENM- 327  | 46:51   | 4:41   | 26:41 | Ourense              | -                                 |
| 978 Carlos Boo Alvarez              |       | VETBM- 149 | 46:52   | 4:41   | 25:23 | Ourense              | Independiente                     |
| 979 Julio Torreira López            |       | SENM- 328  | 46:52   | 4:41   | 25:55 | A Coruña             | Independiente                     |
| 980 Jose Angel Feijoo Grande        |       | VETCM- 98  | 46:52   | 4:41   | 25:45 | Ourense              | Independiente                     |
| 981 David Rodriguez Gandara         |       | SENM- 329  | 46:53   | 4:41   | 27:28 | Ourense              | Independiente                     |
| 982 Pablo Rodriguez Gandara         |       | SENM- 330  | 46:53   | 4:41   | 27:28 | Ourense              | Independiente                     |
| 983 Jose Antonio Palomares Martinez |       | JUNM- 21   | 46:53   | 4:41   | 25:59 | Ourense              | Ourense ATLETISMO                 |
| 984 Jose Carlos Gonzalez Fernandez  |       | VETCM- 99  | 46:53   | 4:41   | 26:41 | Ourense              | Independiente                     |
| 985 Abel Amigo Digón                |       | VETBM- 150 | 46:53   | 4:41   | 25:13 | Becerreá             | Independiente                     |
| 986 Eulogio Gay Castro              |       | VETBM- 151 | 46:54   | 4:41   | 25:29 |                      | Club Fluvial de Lugo              |
| 987 Paulino Jose Gonzalez Lopez     |       | VETAM- 206 | 46:54   | 4:41   | 25:06 |                      | Independiente                     |
| 988 Damian Barros Barros            |       | VETAM- 207 | 46:55   | 4:41   | 26:04 | Pontevedra           | Club Grupo Vigo                   |
| 989 Brais Perez Gonzalez            |       | SENM- 331  | 46:55   | 4:41   | 25:11 | PUNXIN               | Independiente                     |
| 990 Rafa Vazquez Garcia             |       | VETAM- 208 | 46:55   | 4:41   | 25:33 | Santiago             | Independiente                     |

| Pto  | Nombre                        | Sx | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad       | Club                         |
|------|-------------------------------|----|------------|---------|--------|-------|-----------------|------------------------------|
| 991  | David Ramos Espada            |    | SENM- 332  | 46:56   | 4:42   | 25:39 | Ponferrada      | Independiente                |
| 992  | Antonio Gomez Cid             |    | VETAM- 209 | 46:56   | 4:42   | 25:39 | Ourense         | Sociedad Atletica Allariz    |
| 993  | Celso Vazquez Suarez          |    | VETBM- 152 | 46:56   | 4:42   | 25:23 | Ourense         | -                            |
| 994  | Antonio Francisco Gil Alonso  |    | VETAM- 210 | 46:57   | 4:42   | 25:43 | GONDOMAR        | -                            |
| 995  | Nestor Muñoz Soto             |    | SENM- 333  | 46:57   | 4:42   | 25:16 | Ferrol          | -                            |
| 996  | Ruben Mendez Lois             |    | PROM- 34   | 46:58   | 4:42   | 25:36 | LALIN           | Independiente                |
| 997  | Javier Rodriguez Outerelo     |    | PROM- 35   | 46:59   | 4:42   | 26:32 | Vigo            | Independiente                |
| 998  | Julio Fernandez Gallego       |    | VETCM- 100 | 46:59   | 4:42   | 26:45 | Ourense         | Independiente                |
| 999  | Ramon Feijoo Alvarez          |    | VETBM- 153 | 47:00   | 4:42   | 26:03 |                 | -                            |
| 1000 | Nestor Martin Gulias          |    | VETBM- 154 | 47:00   | 4:42   | 26:07 | Ourense         | Independiente                |
| 1001 | Martin Harris                 |    | VETDM- 62  | 47:00   | 4:42   | 25:51 | PAZOS DE BORBEN | Independiente                |
| 1002 | Ramiro Sanchez Varela         |    | VETAM- 211 | 47:00   | 4:42   | 25:22 | Ourense         | -                            |
| 1003 | Pedro Mendez Benegassi        |    | SENM- 334  | 47:00   | 4:42   | 26:13 | Ourense         | Independiente                |
| 1004 | Jose Maria Paniagua Alvarez   |    | VETCM- 101 | 47:02   | 4:42   | 26:20 | OLEIROS         | -                            |
| 1005 | Ernesto Picouto Duran         |    | VETBM- 155 | 47:04   | 4:42   | 25:35 | Ourense         | Independiente                |
| 1006 | Jose Martinez                 |    | VETBM- 156 | 47:04   | 4:42   | 26:15 | RABANEDO        | -                            |
| 1007 | Jose Luis Lago Vila           |    | VETCM- 102 | 47:05   | 4:42   | 26:41 | Ourense         | Independiente                |
| 1008 | Jose Antonio Carballo Pose    |    | SENM- 335  | 47:05   | 4:42   | 26:25 | MACEDA          | -                            |
| 1009 | Gonzalo Rodriguez Fontan      |    | SENM- 336  | 47:05   | 4:42   | 27:05 | Cambados        | -                            |
| 1010 | Jesus Bouzas Otero            |    | VETEM- 27  | 47:05   | 4:42   | 26:40 | Lugo            | Promocions Abuin e Escolante |
| 1011 | Jose Alberto Atanes Iglesias  |    | SENM- 337  | 47:05   | 4:42   | 26:09 | O Carballiño    | Independiente                |
| 1012 | Santiago Andres Roubado       |    | VETBM- 157 | 47:06   | 4:43   | 25:16 | NOIA            | Club Atletismo Noia          |
| 1013 | Jose Luis Colmenero Veloso    |    | VETBM- 158 | 47:06   | 4:43   | 25:24 | Ourense         | -                            |
| 1014 | Jose Luis Gonzalez Portabales |    | SENM- 338  | 47:06   | 4:43   | 26:08 | Ourense         | Independiente                |
| 1015 | Jorge Fernandez Soto          |    | SENM- 339  | 47:07   | 4:43   | 25:39 | Ourense         | Independiente                |
| 1016 | Jose Cadavid Nuñez            |    | VETAM- 212 | 47:08   | 4:43   | 24:57 | Ourense         | Independiente                |
| 1017 | Juan Luis Soto Salceda        |    | SENM- 340  | 47:09   | 4:43   | 26:30 | BOBORÁS         | Independiente                |
| 1018 | Jose Manuel Pimentel Varela   |    | VETDM- 63  | 47:10   | 4:43   | 25:36 | Ourense         | DIVINA PASTORA               |
| 1019 | Jaime Pereira Novoa           |    | VETAM- 213 | 47:11   | 4:43   | 25:00 | Ourense         | -                            |
| 1020 | Jose Besteiro Gayoso          |    | VETAM- 214 | 47:11   | 4:43   | 25:21 | Lugo            | -                            |

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|------|--------------------------------------|-------|------------|---------|--------|-------|----------------|--------------------------|
| 1021 | Jose Luis Mendez Santos              |       | VETAM- 215 | 47:11   | 4:43   | 25:47 | Ourense        | Independiente            |
| 1022 | M. Alberto Fernández Fraga           |       | VETCM- 103 | 47:11   | 4:43   | 25:59 | Lugo           | Independiente            |
| 1023 | Guillermo Mateos Garcia              |       | SENM- 341  | 47:12   | 4:43   | 25:22 | Ourense        | Independiente            |
| 1024 | Javier Miranda Lorenzo               |       | VETEM- 28  | 47:13   | 4:43   | 26:01 | Ourense        | Independiente            |
| 1025 | Jose Fernandez Rodriguez             |       | VETCM- 104 | 47:13   | 4:43   | 25:36 |                | KORPORE Carballiño       |
| 1026 | Francisco Javier Dominguez Zufiaurre |       | SENM- 342  | 47:13   | 4:43   | 25:46 | CARBALLINO     | Independiente            |
| 1027 | Jose Fernandez Amorin                |       | VETCM- 105 | 47:14   | 4:43   | 25:33 |                | Independiente            |
| 1028 | Jose Vazquez Fernandez               |       | VETAM- 216 | 47:14   | 4:43   | 25:21 | Ourense        | Independiente            |
| 1029 | Uxia Vazquez Velasco                 | F- 47 | SENF- 22   | 47:14   | 4:43   | 25:21 | Ourense        | Independiente            |
| 1030 | Jose Maria Dosouto Vilar             |       | VETCM- 106 | 47:14   | 4:43   | 25:54 | Ourense        | Club Adas-Campo          |
| 1031 | David Puga Santos                    |       | PROM- 36   | 47:15   | 4:43   | 26:07 | Ourense        | Independiente            |
| 1032 | Jose Manuel Lopez Cid                |       | SENM- 343  | 47:16   | 4:44   | 25:39 | Ourense        | Burgas Atletismo Ourense |
| 1033 | Julio Julio Peinado Zarco            |       | VETBM- 159 | 47:17   | 4:44   | 26:03 | A Coruña       | Amigos do Percebe        |
| 1034 | Mª Del Pilar López Graña             | F- 48 | SENF- 23   | 47:17   | 4:44   | 26:24 | Pontevedra     | Independiente            |
| 1035 | Miguel ángel Jimeno Enríquez         |       | VETCM- 107 | 47:17   | 4:44   | 26:24 | Pontevedra     | Independiente            |
| 1036 | Carlos Augusto Rodriguez Maya        |       | VETDM- 64  | 47:19   | 4:44   | 26:05 | Barbadas       | Independiente            |
| 1037 | Jose Fco. Budiño Pereira             |       | VETCM- 108 | 47:19   | 4:44   | 25:52 | BUEU           | Atletismo Corredoiras    |
| 1038 | Juan Vicente Hermo Santamaria        |       | VETAM- 217 | 47:19   | 4:44   | 26:10 | BOIRO          | -                        |
| 1039 | Manuel Picouto Duran                 |       | VETCM- 109 | 47:20   | 4:44   | 25:35 | Ourense        | Independiente            |
| 1040 | Jose Antonio Lopez Lopez             |       | VETCM- 110 | 47:20   | 4:44   | 26:26 | Ourense        | -                        |
| 1041 | Miguel Martinez Fernandez            |       | VETBM- 160 | 47:20   | 4:44   | 26:38 | Ourense        | Club Adas-Campo          |
| 1042 | Jesús Cabo                           |       | SENM- 344  | 47:21   | 4:44   | 26:26 | VEDRA          | -                        |
| 1043 | Jose Manuel Prado Lorenzo            |       | VETBM- 161 | 47:21   | 4:44   | 26:13 | Ourense        | -                        |
| 1044 | Luis Gomez Alvarez                   |       | VETAM- 218 | 47:21   | 4:44   | 26:13 | Ourense        | -                        |
| 1045 | Enrique Dacal Rivera                 |       | SENM- 345  | 47:22   | 4:44   | 27:36 | Xinzo de Limia | -                        |
| 1046 | Juan Ramon Rodriguez Peaguda         |       | VETAM- 219 | 47:22   | 4:44   | 25:56 | Ourense        | -                        |
| 1047 | Fabian Garcia Carreiro               |       | SENM- 346  | 47:23   | 4:44   | 26:00 | Ourense        | -                        |
| 1048 | Francisco Outeiriño Miguez           |       | VETEM- 29  | 47:23   | 4:44   | 25:29 | Ourense        | Independiente            |
| 1049 | Andres Rodriguez Arias               |       | JUNM- 22   | 47:24   | 4:44   | 25:53 | Pontevedra     | -                        |
| 1050 | Cristina Veiga Legaspi               | F- 49 | VETAF- 13  | 47:25   | 4:44   | 25:30 |                | Club Fluvial de Lugo     |

| Pto  | Nombre                         | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad        | Club               |
|------|--------------------------------|-------|------------|---------|--------|-------|------------------|--------------------|
| 1051 | Luis Martin Moreno             |       | VETEM- 30  | 47:25   | 4:44   | 26:22 |                  | Ourense Atletismo  |
| 1052 | Jose Silvosa Piñeiro           |       | VETCM- 111 | 47:26   | 4:45   | 25:44 | Lugo             | CLUB FLUVIAL Lugo  |
| 1053 | Isaac Alvarez Velasco          |       | VETCM- 112 | 47:26   | 4:45   | 25:43 | TORENO           | Independiente      |
| 1054 | Ignacio Feal Blanco            |       | JUNM- 23   | 47:26   | 4:45   | 27:57 | Pontedeume       | -                  |
| 1055 | Alejandro Lamas Campos         |       | JUNM- 24   | 47:27   | 4:45   | 22:53 |                  | -                  |
| 1056 | Jose Luis Ferro Fernandez      |       | SENM- 347  | 47:28   | 4:45   | 26:52 | SANTA CRUZ       | Independiente      |
| 1057 | Jose Andres Montero Mesa       |       | SENM- 348  | 47:28   | 4:45   | 26:58 | VALENZA Barbadas | Independiente      |
| 1058 | Manuel Ferro Delgado           |       | VETAM- 220 | 47:29   | 4:45   | 25:21 | Ourense          | Independiente      |
| 1059 | Gabriel Dasilva Alonso         |       | VETAM- 221 | 47:29   | 4:45   | 24:46 | Ourense          | Independiente      |
| 1060 | Francisco J. Salgado Fernandez |       | SENM- 349  | 47:30   | 4:45   | 25:49 |                  | KORPORE Carballiño |
| 1061 | Jose Carlos Alvarez Vazquez    |       | VETBM- 162 | 47:30   | 4:45   | 25:26 | Ourense          | Independiente      |
| 1062 | Bernardo Seara Seara           |       | SENM- 350  | 47:31   | 4:45   | 25:16 | Cartelle         | Independiente      |
| 1063 | Jorge Casal Rodriguez          |       | SENM- 351  | 47:31   | 4:45   | 26:58 | Ourense          | -                  |
| 1064 | Santiago Prado Alvarez         |       | VETAM- 222 | 47:31   | 4:45   | 26:19 | Vigo             | Independiente      |
| 1065 | Julio Aldrey                   |       | SENM- 352  | 47:32   | 4:45   | 26:32 | Santiago         | -                  |
| 1066 | Pablo Miguez Cordo             |       | SENM- 353  | 47:32   | 4:45   | 26:21 | TUI              | -                  |
| 1067 | Isabel Brea Pose               | F- 50 | VETEF- 1   | 47:32   | 4:45   | 26:05 | Lugo             | CD Egozarros       |
| 1068 | Andres Carrera Bugarin         |       | SENM- 354  | 47:33   | 4:45   | 26:12 | MONDARIZ         | -                  |
| 1069 | Federico Agustin Gomez Lamelas |       | VETDM- 65  | 47:33   | 4:45   | 26:00 | Santiago         | Independiente      |
| 1070 | Antonio Alonso                 |       | VETCM- 113 | 47:33   | 4:45   | 26:23 | GONDOMAR         | -                  |
| 1071 | Manuel Ocampo Figueiras        |       | VETDM- 66  | 47:34   | 4:45   | 25:48 | Ourense          | Independiente      |
| 1072 | Luis David Martin Peña         |       | VETAM- 223 | 47:34   | 4:45   | 25:49 | PONTEAREAS       | -                  |
| 1073 | Carlos Manuel Gomez Boveda     |       | SENM- 355  | 47:34   | 4:45   | 26:03 |                  | -                  |
| 1074 | Alberto Alvarez Roman          |       | SENM- 356  | 47:35   | 4:45   | 26:39 | Vigo             | -                  |
| 1075 | José Manuel Avendaño García    |       | VETCM- 114 | 47:36   | 4:46   | 26:25 | Vigo             | Independiente      |
| 1076 | Manuel Garcia Colomo           |       | VETDM- 67  | 47:36   | 4:46   | 25:56 | Ourense          | -                  |
| 1077 | Carlos Gómez Núñez             |       | SENM- 357  | 47:39   | 4:46   | 26:01 | Ourense          | A. D. LIMIACTIVA   |
| 1078 | Jesus Arufe Reino              |       | VETBM- 163 | 47:39   | 4:46   | 26:52 | A Coruña         | VETERANOS NOIA     |
| 1079 | Juan Carlos Gonzalez Lago      |       | VETAM- 224 | 47:40   | 4:46   | 26:01 | Vigo             | -                  |
| 1080 | Samuel Torres Barreiros        |       | SENM- 358  | 47:40   | 4:46   | 26:46 | Ourense          | -                  |

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|-----------------------------------------|----|------------|---------|--------|-------|-----------------|-------------------------|
| 1081 Ramiro Alberto Sanchez Francisco   |    | VETAM- 225 | 47:41   | 4:46   | 26:37 | Carballiño      | -                       |
| 1082 Xoan Xose Xoan Xose Fernandez Rilo |    | VETBM- 164 | 47:41   | 4:46   | 26:19 | A Coruña        | Amigos do Percebe       |
| 1083 Arturo Gonzalez Lopez              |    | VETBM- 165 | 47:43   | 4:46   | 25:46 | Ourense         | -                       |
| 1084 Roberto Ucha Perez                 |    | VETAM- 226 | 47:44   | 4:46   | 26:16 | Carballiño      | Independiente           |
| 1085 Javier Ucha Perez                  |    | SENM- 359  | 47:44   | 4:46   | 26:16 | Carballiño      | Independiente           |
| 1086 Luis Ogando Vazquez                |    | SENM- 360  | 47:45   | 4:46   | 26:49 | Ourense         | -                       |
| 1087 Augusto Lopez Lopez                |    | VETCM- 115 | 47:45   | 4:46   | 25:53 |                 | Independiente           |
| 1088 Oscar Martinez Dieguez             |    | VETAM- 227 | 47:46   | 4:47   | 25:31 | Santiago        | Independiente           |
| 1089 Miguel Angel Dominguez Gomez       |    | VETAM- 228 | 47:46   | 4:47   | 26:15 | Ourense         | Independiente           |
| 1090 Jose Alberto Pato Rodriguez        |    | SENM- 361  | 47:46   | 4:47   | 26:25 | Ourense         | Independiente           |
| 1091 Constantino Pino Araujo            |    | VETAM- 229 | 47:46   | 4:47   | 26:18 | PONTEAREAS      | -                       |
| 1092 Ceferino Sanchez Gestido           |    | VETEM- 31  | 47:47   | 4:47   | 26:35 | Pontevedra      | Club Veteranos/as Samil |
| 1093 Marcos Lopez Gonzalez              |    | JUNM- 25   | 47:48   | 4:47   | 26:14 | Ourense         | Independiente           |
| 1094 Pedro Alonso Barreiro              |    | SENM- 362  | 47:48   | 4:47   | 26:23 |                 | Independiente           |
| 1095 Adolfo Rumbo Rey                   |    | VETDM- 68  | 47:48   | 4:47   | 26:42 | Lugo            | CD Egozarros            |
| 1096 Alberto Bragado Rodriguez          |    | VETAM- 230 | 47:49   | 4:47   | 26:46 | Vigo            | Independiente           |
| 1097 Victor Monserrat Prats             |    | VETAM- 231 | 47:49   | 4:47   | 25:55 |                 | -                       |
| 1098 Manuel Cid                         |    | VETFM- 8   | 47:49   | 4:47   | 26:06 | Galdakao        | -                       |
| 1099 Ivan Folgoso Fernandez             |    | JUNM- 26   | 47:50   | 4:47   | 25:45 | Ourense         | Independiente           |
| 1100 Jose Luis Torres Freire            |    | SENM- 363  | 47:50   | 4:47   | 25:56 | Ourense         | -                       |
| 1101 Daniel Perez Rey                   |    | SENM- 364  | 47:51   | 4:47   | 26:33 | MILLADOIRO-AMES | -                       |
| 1102 Carlos Javier Santos Cao           |    | VETCM- 116 | 47:51   | 4:47   | 26:00 | Ourense         | -                       |
| 1103 Cesar Manuel Caeiro Fernandez      |    | SENM- 365  | 47:52   | 4:47   | 26:11 | Ourense         | Independiente           |
| 1104 Roberto Lopez Prado                |    | SENM- 366  | 47:52   | 4:47   | 26:00 | VALDORREGUEIRO  | Independiente           |
| 1105 Manuel Romero Perez                |    | VETCM- 117 | 47:52   | 4:47   | 26:16 | Ourense         | Independiente           |
| 1106 Francisco Paz Feijoo               |    | SENM- 367  | 47:53   | 4:47   | 25:32 | Ourense         | -                       |
| 1107 Alejandro Patiño Prieto            |    | SENM- 368  | 47:53   | 4:47   | 27:41 | Vigo            | -                       |
| 1108 Gorje De Lorenzo Paradela          |    | SENM- 369  | 47:53   | 4:47   | 26:41 |                 | -                       |
| 1109 Francisco Javier Moas Perez        |    | VETBM- 166 | 47:54   | 4:47   | 26:37 | A Coruña        | VETERANOS NOIA          |
| 1110 Manuel Silva Iglesias              |    | VETAM- 232 | 47:54   | 4:47   | 26:01 | Ourense         | Independiente           |

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|--------------------------------------|-------|------------|---------|--------|-------|---------------------|---------------------------|
| 1111 Pedro Perez Alvarez             |       | VETCM- 118 | 47:55   | 4:47   | 25:50 | Ourense             | -                         |
| 1112 Abel Garcia Salgado             |       | VETAM- 233 | 47:55   | 4:47   | 26:11 | Ceboliño            | Independiente             |
| 1113 Jesús Rodríguez Diéguez         |       | VETCM- 119 | 47:55   | 4:47   | 26:19 | Vigo                | Independiente             |
| 1114 Alfredo Fernandez Blanco        |       | VETCM- 120 | 47:56   | 4:48   | 26:31 | Vigo                | GRUPO QUEIMADA            |
| 1115 Manuel Fernandez De Dios        |       | VETAM- 234 | 47:57   | 4:48   | 27:07 | Laza                | -                         |
| 1116 Eligio Lopez Perez              |       | SENM- 370  | 47:58   | 4:48   | 26:40 | Ourense             | -                         |
| 1117 Jose Luis Iglesias Vila         |       | VETCM- 121 | 47:59   | 4:48   | 26:37 | Ourense             | Independiente             |
| 1118 Manuel Perez Vazquez            |       | SENM- 371  | 48:00   | 4:48   | 27:01 | Vigo                | -                         |
| 1119 Manuel Alfonso Nuñez Vila       |       | SENM- 372  | 48:01   | 4:48   | 26:43 | Barbadas            | -                         |
| 1120 Jose Ramon Garcia Gomez         |       | VETBM- 167 | 48:01   | 4:48   | 26:14 | Ourense             | Independiente             |
| 1121 Andrea Michèle Rosario Faure    | F- 51 | SENF- 24   | 48:01   | 4:48   | 25:23 | baiona              | Comesaña Sporting Club    |
| 1122 Manuel Rendon Fernandez         |       | SENM- 373  | 48:02   | 4:48   | 25:46 |                     | ESCUELA NAVAL MILITAR     |
| 1123 Jose Rogel Sanchez              |       | VETBM- 168 | 48:02   | 4:48   | 28:43 | Ourense             | Sociedad Atletica Allariz |
| 1124 Sergio Rivas Martinez           |       | VETFM- 9   | 48:03   | 4:48   | 26:31 | Pontevedra          | Club Veteranos/as Samil   |
| 1125 Jose Luis Garcia Fernandez      |       | VETCM- 122 | 48:04   | 4:48   | 26:35 | Ourense             | Independiente             |
| 1126 Lourdes Prieto Vietes           | F- 52 | VETCF- 3   | 48:05   | 4:48   | 25:52 | Santiago            | Milla de Ouro             |
| 1127 Jose Isaías Burlido Borrego     |       | VETCM- 123 | 48:05   | 4:48   | 26:08 |                     | ATLETISMO Porriño         |
| 1128 Javier Acinas Prada             |       | SENM- 374  | 48:05   | 4:48   | 26:16 | Ourense             | Independiente             |
| 1129 Luis Toimil Castro              |       | VETBM- 169 | 48:05   | 4:48   | 26:32 | LALIN               | -                         |
| 1130 Manuel Angel Gonzalez Rodriguez |       | VETAM- 235 | 48:05   | 4:48   | 26:17 | Salvaterra de Miño  | Independiente             |
| 1131 Amadeo Lemos Ogea               |       | VETBM- 170 | 48:06   | 4:49   | 26:18 | salvaterra de miño  | Independiente             |
| 1132 Jose Manuel Pinto Figueiredo    |       | VETBM- 171 | 48:06   | 4:49   | 26:27 | Ourense             | Independiente             |
| 1133 Juan Manuel Rodriguez Bernardez |       | SENM- 375  | 48:06   | 4:49   | 25:44 |                     | Club Atletismo Deza       |
| 1134 Carlos Iglesias Camba           |       | VETBM- 172 | 48:06   | 4:49   | 25:41 | S. Cibrao das Viñas | Independiente             |
| 1135 Manuel Valcárcel Lastra         |       | VETEM- 32  | 48:08   | 4:49   | 27:11 | a pontenova         | Independiente             |
| 1136 Mirian Rivas Lozano             | F- 53 | SENF- 25   | 48:08   | 4:49   | 27:11 | a pontenova         | Independiente             |
| 1137 Luis Castro De Leon             |       | SENM- 376  | 48:10   | 4:49   | 26:49 | Ourense             | Independiente             |
| 1138 Jorge Regal Lamelo              |       | VETCM- 124 | 48:11   | 4:49   | 25:58 | Ourense             | Independiente             |
| 1139 Francisco Javier Gil Gonzalez   |       | SENM- 377  | 48:12   | 4:49   | 26:28 | Vigo                | Independiente             |
| 1140 Jose M. Juncal Del Rio          |       | VETBM- 173 | 48:12   | 4:49   | 27:58 | BUEU                | Atletismo Corredoiras     |

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| 1141 Pilar Gonzalez Iglesias        | F- 54 | VETCF- 4   | 48:13   | 4:49   | 26:16 | Ourense           | Burgas Atletismo Ourense    |
| 1142 Antonio Bañobre Gonzalez       |       | SENM- 378  | 48:13   | 4:49   | 27:11 | Pereiro de Aguiar | -                           |
| 1143 Jose M. Navarro Lorenzo        |       | VETAM- 236 | 48:13   | 4:49   | 26:28 | Vigo              | Independiente               |
| 1144 Miguel Angel Gonzalez Congil   |       | VETAM- 237 | 48:13   | 4:49   | 26:36 | Ourense           | PATO BLANCO CELANOVA        |
| 1145 Alberto Gamallo Otero          |       | VETBM- 174 | 48:14   | 4:49   | 26:45 | Pontevedra        | Independiente               |
| 1146 Eliseo Lopez Lopez             |       | VETCM- 125 | 48:15   | 4:49   | 26:28 | Goiriz-Vilalba    | -                           |
| 1147 Roberto Gonzalo Alvarez        |       | SENM- 379  | 48:15   | 4:49   | 26:31 | PONTEAREAS        | -                           |
| 1148 Antonio Blanco Rodriguez       |       | VETEM- 33  | 48:15   | 4:49   | 25:59 | Ourense           | Sociedad Atletica Allariz   |
| 1149 Amado Fernandez Castro         |       | SENM- 380  | 48:17   | 4:50   | 27:07 |                   | ESCOLAS MUNICIPAIS DE VERIN |
| 1150 Jose Luis Casais Gude          |       | VETCM- 126 | 48:18   | 4:50   | 26:54 | Santiago          | Independiente               |
| 1151 Manuel Alejandro Cid Rodriguez |       | JUNM- 27   | 48:19   | 4:50   | 26:01 | Ourense           | Independiente               |
| 1152 Alejandro Agromayor Cid        |       | SENM- 381  | 48:19   | 4:50   | 26:49 | Ourense           | Independiente               |
| 1153 SIN DATOS DEL DORSAL 239       |       | SENM- 382  | 48:20   | 4:50   | 26:11 |                   | Independiente               |
| 1154 Alberto Feal                   |       | VETBM- 175 | 48:20   | 4:50   | 26:55 | Barbadas          | -                           |
| 1155 Venancio Feal                  |       | VETAM- 238 | 48:20   | 4:50   | 26:54 | Pontedeume        | -                           |
| 1156 Cristian Feijoo Melendez       |       | JUVM- 0    | 48:22   | 4:50   | 27:18 | Ourense           | Independiente               |
| 1157 German Rodriguez Quintela      |       | VETBM- 176 | 48:24   | 4:50   | 26:39 | maside            | Independiente               |
| 1158 Jesus Riveras Fernandez        |       | SENM- 383  | 48:24   | 4:50   | 26:34 |                   | -                           |
| 1159 Ismael Rodriguez Garcia        |       | VETCM- 127 | 48:24   | 4:50   | 26:48 | Ourense           | Independiente               |
| 1160 Pedro Trillo Parejo            |       | VETDM- 69  | 48:24   | 4:50   | 26:47 | Ourense           | Independiente               |
| 1161 Luis Orlando Martinez Perez    |       | VETBM- 177 | 48:25   | 4:50   | 27:35 | Ourense           | Independiente               |
| 1162 Jose Manuel Cruz Santos        |       | SENM- 384  | 48:25   | 4:50   | 26:20 | Ourense           | -                           |
| 1163 Mario Gonzalez Rodriguez       |       | SENM- 385  | 48:25   | 4:50   | 26:00 | Ourense           | Ourense ATLETISMO           |
| 1164 Jorge Gomez Vazquez            |       | VETBM- 178 | 48:26   | 4:51   | 27:05 | Ourense           | Independiente               |
| 1165 Jesus Cobelo Fojo              |       | SENM- 386  | 48:26   | 4:51   | 24:34 | ORTIGUEIRA        | OS MORCEGOS                 |
| 1166 Antonio Alvarez Vallaseca      |       | VETBM- 179 | 48:27   | 4:51   | 26:06 | Ourense           | Independiente               |
| 1167 Maria Jose Velazquez Garcia    | F- 55 | VETAF- 14  | 48:28   | 4:51   | 26:52 | Vigo              | -                           |
| 1168 Jesus Angel Rodriguez Gonzalez |       | VETBM- 180 | 48:28   | 4:51   | 26:52 | Vigo              | -                           |
| 1169 Lourdes Vazquez Figueiras      | F- 56 | VETAF- 15  | 48:29   | 4:51   | 27:01 | Ourense           | -                           |
| 1170 José ángel Fernández Martínez  |       | VETCM- 128 | 48:29   | 4:51   | 27:09 | Lugo              | FeFeMe Triatlón             |

| Pto Nombre                          | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club                          |
|-------------------------------------|-------|------------|---------|--------|-------|--------------------|-------------------------------|
| 1171 Raul Perez Justo               |       | SENM- 387  | 48:31   | 4:51   | 27:14 |                    | Independiente                 |
| 1172 Nicole Campos Mosquera         | F- 57 | VETAF- 16  | 48:31   | 4:51   | 26:29 | Ourense            | Independiente                 |
| 1173 Gelasio Rodriguez Iglesias     |       | SENM- 388  | 48:31   | 4:51   | 26:27 | nogueira de ramuin | Independiente                 |
| 1174 Juan Santeiro Peña             |       | VETBM- 181 | 48:31   | 4:51   | 27:05 | Ourense            | Independiente                 |
| 1175 Joaquin Manuel Antao           |       | VETBM- 182 | 48:32   | 4:51   | 25:45 | Ourense            | VETERANOS PABELLON            |
| 1176 Pedro Villar Pardo             |       | SENM- 389  | 48:32   | 4:51   | 28:29 | Lugo               | Independiente                 |
| 1177 Carlos March Tesouro           |       | VETCM- 129 | 48:33   | 4:51   | 26:15 | Ourense            | Independiente                 |
| 1178 Lois Babarro Alen              |       | SENM- 390  | 48:33   | 4:51   | 26:02 | Ourense            | Independiente                 |
| 1179 Jose Antonio Fernandez Duran   |       | VETCM- 130 | 48:34   | 4:51   | 26:19 | Pontevedra         | Club Veteranos/as Samil       |
| 1180 Luis Antonio Iglesias Paz      |       | VETAM- 239 | 48:34   | 4:51   | 27:07 | Ourense            | -                             |
| 1181 Manuel Miranda Carbajales      |       | VETBM- 183 | 48:34   | 4:51   | 26:15 | Ourense            | Independiente                 |
| 1182 Javier Gomez Sequeiros         |       | SENM- 391  | 48:35   | 4:51   | 27:10 | Ourense            | -                             |
| 1183 Maria Del Pilar Torres Reino   | F- 58 | VETBF- 5   | 48:35   | 4:51   | 26:28 | Noia               | Milla de Ouro                 |
| 1184 Víctor Manuel Villaverde Miras |       | VETAM- 240 | 48:36   | 4:52   | 24:46 | Ordenes            | Milla de Ouro                 |
| 1185 Pablo Feijoo Garcia            |       | JUNM- 28   | 48:36   | 4:52   | 26:29 | Ourense            | Independiente                 |
| 1186 Jose Rufino Perez Rodriguez    |       | VETFM- 10  | 48:37   | 4:52   | 26:24 | Lugo               | -                             |
| 1187 Carlos Gonzalez Souto          |       | VETCM- 131 | 48:37   | 4:52   | 26:13 | Ourense            | Independiente                 |
| 1188 Enrique Abati Gomez            |       | VETCM- 132 | 48:38   | 4:52   | 26:42 | SANTIAGO           | Independiente                 |
| 1189 Severino Doallo Moure          |       | VETDM- 70  | 48:39   | 4:52   | 26:39 | Ourense            | VETERANOS PABELLON            |
| 1190 Jose Manuel Iglesias Rodriguez |       | VETDM- 71  | 48:39   | 4:52   | 26:21 | Ourense            | Independiente                 |
| 1191 Rosendo Fernandez Fernandez    |       | VETDM- 72  | 48:40   | 4:52   | 26:37 | Ourense            | Independiente                 |
| 1192 Javier Leal Duran              |       | JUNM- 29   | 48:41   | 4:52   | 25:14 | Ourense            | Ourense ATLETISMO             |
| 1193 Carlos Francisco Carreira Cruz |       | SENM- 392  | 48:42   | 4:52   | 26:44 | Ourense            | -                             |
| 1194 Fco Javier Del Rio Liboreiro   |       | SENM- 393  | 48:43   | 4:52   | 26:43 | NOIA               | Independiente                 |
| 1195 Julio Armando Masid Bande      |       | VETAM- 241 | 48:43   | 4:52   | 26:57 | TEO                | Independiente                 |
| 1196 Irene Rodriguez Alves          | F- 59 | SENF- 26   | 48:44   | 4:52   | 26:16 | Ourense            | Independiente                 |
| 1197 Juan Enrique Gonzalez Miguens  |       | VETBM- 184 | 48:44   | 4:52   | 27:10 | Ourense            | Independiente                 |
| 1198 Jose Antonio Bernardez Mallo   |       | VETBM- 185 | 48:45   | 4:52   | 26:38 | Santiago           | Independiente                 |
| 1199 Belen Freijeiro Fernandez      | F- 60 | SENF- 27   | 48:45   | 4:52   | 27:47 | Guillarey          | Club Atletismo Val da Louriña |
| 1200 Felix Perez Vazquez            |       | SENM- 394  | 48:45   | 4:52   | 27:02 | Vigo               | -                             |



| Pto  | Nombre                         | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club                           |
|------|--------------------------------|-------|------------|---------|--------|-------|--------------------|--------------------------------|
| 1201 | Sonia Alonso Miguez            | F- 61 | SENF- 28   | 48:46   | 4:53   | 26:59 | Vigo               | Independiente                  |
| 1202 | Carlos Feijoo Seoane           |       | VETBM- 186 | 48:47   | 4:53   | 27:38 | Ourense            | Independiente                  |
| 1203 | Jose Ramon Juanatey Gonzalez   |       | VETBM- 187 | 48:47   | 4:53   | 27:04 | A Coruña           | VETERANOS NOIA                 |
| 1204 | Abel Destar Gonzalez           |       | SENM- 395  | 48:48   | 4:53   | 27:13 | Vigo               | Independiente                  |
| 1205 | Jose Manuel Rodriguez Lopez    |       | VETDM- 73  | 48:52   | 4:53   | 26:46 | Carballiño         | Independiente                  |
| 1206 | Xulio Teixeira Rodriguez       |       | VETAM- 242 | 48:53   | 4:53   | 27:14 | Porriño            | Independiente                  |
| 1207 | Manuel Portela Salgado         |       | VETDM- 74  | 48:53   | 4:53   | 26:15 | TOEN               | Independiente                  |
| 1208 | German Cebreiro Rey            |       | SENM- 396  | 48:54   | 4:53   | 26:29 | Rianxo             | -                              |
| 1209 | Jose Fraile Fernandez          |       | VETDM- 75  | 48:55   | 4:53   | 27:04 | Zamora             | -                              |
| 1210 | Julian Rodriguez Valiñas       |       | SENM- 397  | 48:57   | 4:54   | 27:41 | Ourense            | Independiente                  |
| 1211 | Luis Soneira Couselo           |       | VETDM- 76  | 48:57   | 4:54   | 27:47 | Oroso              | -                              |
| 1212 | Pedro Cuesta Morales           |       | VETAM- 243 | 48:58   | 4:54   | 26:41 | Ourense            | -                              |
| 1213 | Mario Cal Varela               |       | VETBM- 188 | 48:59   | 4:54   | 26:46 | Bertamiráns        | Independiente                  |
| 1214 | Jose Ramon Conde Torres        |       | VETDM- 77  | 49:01   | 4:54   | 26:33 | Porriño            | E.A. Concello de Porriño       |
| 1215 | Juan Antonio Saburido Enriquez |       | VETBM- 189 | 49:02   | 4:54   | 26:57 | Ourense            | DIVINA PASTORA                 |
| 1216 | Jose Rodriguez Rivero          |       | SENM- 398  | 49:02   | 4:54   | 26:43 | Vigo               | Club Fontefría Muiños          |
| 1217 | Jose Luis Carrera Carrera      |       | VETCM- 133 | 49:03   | 4:54   | 27:43 | Ourense            | Independiente                  |
| 1218 | Francisco Bellas Bouza         |       | SENM- 399  | 49:03   | 4:54   | 26:25 | Naron              | -                              |
| 1219 | Marcos Alvarez Acuña           |       | SENM- 400  | 49:03   | 4:54   | 28:29 |                    | NATURA                         |
| 1220 | Jorge Gonzalez Lopez           |       | SENM- 401  | 49:04   | 4:54   | 27:19 |                    | Independiente                  |
| 1221 | Carlos Maldonado Gonzalez      |       | SENM- 402  | 49:04   | 4:54   | 27:03 | Ourense            | -                              |
| 1222 | Jose Masid Rodriguez           |       | SENM- 403  | 49:05   | 4:54   | 26:44 | nogueira de ramuin | -                              |
| 1223 | Emilio Fernandez Gonzalez      |       | VETBM- 190 | 49:06   | 4:55   | 26:49 | Ourense            | -                              |
| 1224 | Jose Manuel Vieites Castro     |       | VETCM- 134 | 49:07   | 4:55   | 27:25 | A Coruña           | VETERANOS NOIA                 |
| 1225 | Juan Pablo Valverde Moran      |       | VETBM- 191 | 49:07   | 4:55   | 28:00 | TUI                | -                              |
| 1226 | Lucinio Medel Iglesias         |       | SENM- 404  | 49:08   | 4:55   | 26:30 | Ourense            | Independiente                  |
| 1227 | Rafael De Los Arcos Lage       |       | VETFM- 11  | 49:09   | 4:55   | 27:22 | Pontevedra         | Club Veteranos/as Samil        |
| 1228 | Gerardo Aragoes Martinez       |       | VETDM- 78  | 49:09   | 4:55   | 26:47 | Ourense            | Independiente                  |
| 1229 | Antonio Bermejo Conde          |       | VETEM- 34  | 49:10   | 4:55   | 26:45 | Ourense            | Club Auto Escola San Francisco |
| 1230 | Mª Del Carmen Ferreiro Díaz    | F- 62 | VETCF- 5   | 49:11   | 4:55   | 27:02 | Lugo               | CLUB FLUVIAL Lugo              |

| Pto Nombre                             | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                      |
|----------------------------------------|-------|------------|---------|--------|-------|-------------------|---------------------------|
| 1231 Amadeo Estevez Rodriguez          |       | VETBM- 192 | 49:11   | 4:55   | 26:51 | A Coruña          | -                         |
| 1232 Raul Gomez Taboada                |       | VETAM- 244 | 49:11   | 4:55   | 27:34 | Ourense           | Independiente             |
| 1233 José María Solla Casqueiro        |       | VETBM- 193 | 49:12   | 4:55   | 27:00 | Pontevedra        | Independiente             |
| 1234 Oscar Rodriguez Gomez             |       | SENM- 405  | 49:12   | 4:55   | 28:21 |                   | KORPORE Carballiño        |
| 1235 Perfecto Antonio González Ferro   |       | VETCM- 135 | 49:15   | 4:55   | 27:05 | Santiago          | Independiente             |
| 1236 Nicolas Vesteiro Orbe             |       | VETAM- 245 | 49:16   | 4:56   | 26:32 | Milladoiro (Ames) | -                         |
| 1237 Serafin Manuel Rodriguez Gonzalez |       | VETBM- 194 | 49:16   | 4:56   | 27:55 | Tui               | -                         |
| 1238 Xulian Carlos Brea Sanchez        |       | VETBM- 195 | 49:16   | 4:56   | 26:57 | BETANZOS          | CLUB Atletismo As Mariñas |
| 1239 Daniel Vazquez Nouche             |       | SENM- 406  | 49:17   | 4:56   | 27:28 | Ourense           | Independiente             |
| 1240 Jose Teofilo Lopez Rodriguez      |       | VETAM- 246 | 49:17   | 4:56   | 27:02 | Vigo              | -                         |
| 1241 Carlos Alvarez Alvarez            |       | VETAM- 247 | 49:18   | 4:56   | 26:36 |                   | KORPORE Carballiño        |
| 1242 Fatima Montero Prado              | F- 63 | SENF- 29   | 49:18   | 4:56   | 27:15 | Ferrol            | Independiente             |
| 1243 Carlos Perez Garcia               |       | VETAM- 248 | 49:21   | 4:56   | 26:37 |                   | KORPORE Carballiño        |
| 1244 Javier Puente Diaz                |       | SENM- 407  | 49:22   | 4:56   | 26:05 | Santiago          | -                         |
| 1245 Xose Maria Miel Dieguez           |       | VETBM- 196 | 49:23   | 4:56   | 26:48 | Ourense           | Independiente             |
| 1246 Celso Blanco Garcia               |       | SENM- 408  | 49:23   | 4:56   | 27:39 | VERIN             | Independiente             |
| 1247 Maria Del Carmen Novo Varela      | F- 64 | VETCF- 6   | 49:24   | 4:56   | 27:14 | Lugo              | Independiente             |
| 1248 Blanca Labandeira Fernandez       | F- 65 | SENF- 30   | 49:24   | 4:56   | 27:32 | Vigo              | -                         |
| 1249 Victor Domarco Garcia             |       | PROM- 37   | 49:25   | 4:56   | 26:44 | Ourense           | Independiente             |
| 1250 Antonio Sergio Permuy Capon       |       | VETBM- 197 | 49:26   | 4:57   | 26:47 | Lugo              | -                         |
| 1251 Celso Delgado Arce                |       | VETCM- 136 | 49:28   | 4:57   | 26:47 | Ourense           | SALESIANOS                |
| 1252 Jose Antonio Salgado Docampo      |       | SENM- 409  | 49:29   | 4:57   | 27:36 | OURES             | Independiente             |
| 1253 Manuel Rivero Fernandez           |       | SENM- 410  | 49:29   | 4:57   | 27:36 | XINZO DA LIMIA    | Independiente             |
| 1254 Xose Manuel Carballeira Hortas    |       | VETFM- 12  | 49:30   | 4:57   | 26:59 | Lugo              | CD Egovarros              |
| 1255 Daniel Rodriguez Schnee           |       | SENM- 411  | 49:30   | 4:57   | 26:23 | Madrid            | -                         |
| 1256 Jose Benito Pereiro Castiñeiras   |       | VETAM- 249 | 49:30   | 4:57   | 27:00 | Lugo              | Independiente             |
| 1257 Miguel A. Parbole Souto           |       | SENM- 412  | 49:30   | 4:57   | 28:02 | Ponferrada        | -                         |
| 1258 Cosme Bermudez Mendez             |       | PROM- 38   | 49:31   | 4:57   | 27:51 | Ourense           | Independiente             |
| 1259 Carmen Costas Rodriguez           | F- 66 | VETCF- 7   | 49:31   | 4:57   | 27:37 | Vigo              | GRUPO QUEIMADA            |
| 1260 Jose Martinez Vila                |       | VETGM- 4   | 49:32   | 4:57   | 26:58 | TABOADELA         | Independiente             |

| Pto  | Nombre                       | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad  | Club                         |
|------|------------------------------|-------|------------|---------|--------|-------|------------|------------------------------|
| 1261 | Oscar García Gago            |       | VETAM- 250 | 49:33   | 4:57   | 28:08 | Oleiros    | Independiente                |
| 1262 | Jesús Carlos Quintas Barros  |       | SENM- 413  | 49:33   | 4:57   | 27:33 | Ourense    | Independiente                |
| 1263 | Fco. Xavier Pereira Guitian  |       | VETCM- 137 | 49:33   | 4:57   | 27:08 | Ourense    | Independiente                |
| 1264 | Andres Gomez Cachaldora      |       | SENM- 414  | 49:33   | 4:57   | 27:47 | Ourense    | Independiente                |
| 1265 | Lourdes Diez Santalla        | F- 67 | SENF- 31   | 49:35   | 4:57   | 26:34 | Ponferrada | Independiente                |
| 1266 | Angel Cid Cid                |       | VETAM- 251 | 49:35   | 4:57   | 26:58 | Ourense    | -                            |
| 1267 | Jose Luis Ferro Balvis       |       | VETAM- 252 | 49:35   | 4:57   | 27:27 | Barbadas   | Independiente                |
| 1268 | Rafael Castro Armesto        |       | SENM- 415  | 49:36   | 4:58   | 26:51 | Barbadas   | Independiente                |
| 1269 | David Alvarez Outerelo       |       | SENM- 416  | 49:39   | 4:58   | 27:50 | Vigo       | Independiente                |
| 1270 | Juan Carlos Lopez Diaz       |       | VETAM- 253 | 49:39   | 4:58   | 27:32 | Ourense    | Independiente                |
| 1271 | Juan Antonio Pereira Sotelo  |       | VETCM- 138 | 49:39   | 4:58   | 26:57 | Ourense    | Independiente                |
| 1272 | Angel Sanchez Plaza          |       | SENM- 417  | 49:41   | 4:58   | 27:06 | Lugo       | -                            |
| 1273 | Juan Manuel Dominguez Garcia |       | VETAM- 254 | 49:41   | 4:58   | 27:43 | Ourense    | Independiente                |
| 1274 | Javier Fernandez Fernandez   |       | SENM- 418  | 49:41   | 4:58   | 27:30 | Ourense    | Independiente                |
| 1275 | Carlos Estevez Devesa        |       | CADM- 0    | 49:42   | 4:58   | 27:11 | Ourense    | Independiente                |
| 1276 | Iván Diéguez Baladrón        |       | SENM- 419  | 49:42   | 4:58   | 28:24 | Ourense    | Independiente                |
| 1277 | Monica Flores Ferreiro       | F- 68 | SENF- 32   | 49:42   | 4:58   | 27:40 | Lugo       | FeFeMe Triatlón              |
| 1278 | Carlos Perez Sanmartin       |       | SENM- 420  | 49:43   | 4:58   | 28:27 |            | KORPORE Carballiño           |
| 1279 | Gabriel Martinez Limens      |       | PROM- 39   | 49:43   | 4:58   | 25:11 | Ourense    | Ourense ATLETISMO            |
| 1280 | Jorge Ferreiro Perez         |       | JUNM- 30   | 49:43   | 4:58   | 26:23 | Ourense    | Independiente                |
| 1281 | Jesus Marquina Leal          |       | SENM- 421  | 49:43   | 4:58   | 27:52 | Ourense    | Independiente                |
| 1282 | Juan Ramon Cerrada Cortes    |       | VETAM- 255 | 49:44   | 4:58   | 27:49 | Ourense    | Independiente                |
| 1283 | Samuel Alves Rodriguez       |       | SENM- 422  | 49:46   | 4:59   | 27:10 | LOBIOS     | CLUBE ATLETAS DA BAIXA LIMIA |
| 1284 | Alfonso Gonzalez Docasar     |       | VETAM- 256 | 49:47   | 4:59   | 27:15 | Ourense    | Independiente                |
| 1285 | Maria Ferreiro Perez         | F- 69 | PROF- 6    | 49:47   | 4:59   | 27:24 |            | ATLETISMO SIERRA NARON       |
| 1286 | Julio Alba Guerra            |       | VETAM- 257 | 49:47   | 4:59   | 26:17 | Barbadas   | -                            |
| 1287 | Ricardo Garcia Leon          |       | VETEM- 35  | 49:48   | 4:59   | 26:56 | Bande      | -                            |
| 1288 | Modesto Araujo Dominguez     |       | VETBM- 198 | 49:48   | 4:59   | 27:32 | Barbadas   | Independiente                |
| 1289 | Angel Delgado Rodriguez      |       | PROM- 40   | 49:49   | 4:59   | 26:55 | Ourense    | -                            |
| 1290 | Fernando Calvo Fernandez     |       | SENM- 423  | 49:50   | 4:59   | 27:37 | Ourense    | Independiente                |

| Pto  | Nombre                             | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad       | Club                         |
|------|------------------------------------|-------|------------|---------|--------|-------|-----------------|------------------------------|
| 1291 | Segundo Varela Fernandez           |       | VETAM- 258 | 49:50   | 4:59   | 28:30 | Ourense         | Independiente                |
| 1292 | Domingo Alberto Miranda Prol       |       | VETAM- 259 | 49:51   | 4:59   | 27:07 | Ourense         | Independiente                |
| 1293 | Manuel Rodriguez Rodriguez         |       | SENM- 424  | 49:51   | 4:59   | 28:38 | Ourense         | -                            |
| 1294 | Jose Antonio Gomez Sanchez         |       | VETAM- 260 | 49:51   | 4:59   | 27:35 | Ourense         | Independiente                |
| 1295 | Juan Carlos Sotelo Paris           |       | SENM- 425  | 49:52   | 4:59   | 28:29 |                 | NATURA                       |
| 1296 | Jesus Alonso Da Silva              |       | VETAM- 261 | 49:52   | 4:59   | 28:30 | TUY             | Independiente                |
| 1297 | Andres Fontenla Paredes            |       | JUNM- 31   | 49:54   | 4:59   | 27:48 | sanxenxo        | -                            |
| 1298 | Jesus Basanta Salguero             |       | SENM- 426  | 49:54   | 4:59   | 27:34 | CACHEIRAS (TEO) | -                            |
| 1299 | Jesus Barrio Gomez                 |       | SENM- 427  | 49:55   | 4:59   | 27:26 | Ourense         | -                            |
| 1300 | Maria Castaña Alonso               | F- 70 | VETBF- 6   | 49:56   | 5:00   | 27:02 | Ourense         | VETERANOS PABELLON           |
| 1301 | Antonio Sotelo Martinez            |       | VETBM- 199 | 49:56   | 5:00   | 28:12 | Vigo            | -                            |
| 1302 | Alvaro Gasalla Salgado             |       | VETCM- 139 | 49:57   | 5:00   | 27:48 | Lugo            | -                            |
| 1303 | Jose Enrique Perez Pereira         |       | SENM- 428  | 49:58   | 5:00   | 28:01 | Vigo            | -                            |
| 1304 | Jose Alberto Romero Saco           |       | VETBM- 200 | 49:59   | 5:00   | 27:55 | Barbadas        | Independiente                |
| 1305 | Jesus Santin Alfonso               |       | SENM- 429  | 49:59   | 5:00   | 27:52 | LEON            | AD VEGA DE ESPINAREDA        |
| 1306 | Oscar Sanchez Canosa               |       | JUVM- 0    | 49:59   | 5:00   | 26:08 | Ourense         | IES OTERO PEDRAYO            |
| 1307 | Eneko Lizarralde                   |       | VETBM- 201 | 49:59   | 5:00   | 27:50 | Vigo            | CORRERENGALICIA.ORG          |
| 1308 | Marcos Fernandez Vazquez           |       | SENM- 430  | 49:59   | 5:00   | 26:26 | Ourense         | -                            |
| 1309 | Antonio Rosales Pedrouso           |       | SENM- 431  | 49:59   | 5:00   | 27:46 | BUEU            | Atletas Veteranos de Galicia |
| 1310 | Fernando Conde Suarez              |       | JUNM- 32   | 50:00   | 5:00   | 27:51 | Ourense         | Independiente                |
| 1311 | Miguel A. Gonzalez Rodriguez       |       | VETEM- 36  | 50:00   | 5:00   | 28:03 | Ourense         | Independiente                |
| 1312 | Francisco Alonso Cuevas            |       | VETAM- 262 | 50:00   | 5:00   | 27:39 | Cambre          | CORRERENGALICIA.ORG          |
| 1313 | Abel Jesus Gonzalez Rodriguez      |       | VETCM- 140 | 50:00   | 5:00   | 28:02 | Ourense         | Independiente                |
| 1314 | Fernando Telle Rodriguez           |       | VETAM- 263 | 50:01   | 5:00   | 26:40 |                 | -                            |
| 1315 | Alberto Paz Perez                  |       | SENM- 432  | 50:02   | 5:00   | 27:24 | Barbadas        | Independiente                |
| 1316 | Manuel Iglesias Prego              |       | VETFM- 13  | 50:02   | 5:00   | 27:39 | Sada            | Independiente                |
| 1317 | Jose Fermin Troncoso Casares       |       | VETCM- 141 | 50:03   | 5:00   | 27:55 | VILAR DE ASTRES | Independiente                |
| 1318 | Esteban Albarez Miguelez           |       | SENM- 433  | 50:03   | 5:00   | 27:40 | Ourense         | -                            |
| 1319 | Miguel De Cervantes Garcia Allegue |       | SENM- 434  | 50:03   | 5:00   | 28:20 | fene            | Independiente                |
| 1320 | Pio Rodriguez Rodriguez            |       | SENM- 435  | 50:04   | 5:00   | 26:24 | Barbadas        | -                            |

| Pto Nombre                          | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club                          |
|-------------------------------------|-------|------------|---------|--------|-------|--------------------|-------------------------------|
| 1321 Ilvania Moldes Vazquez         | F- 71 | SENF- 33   | 50:04   | 5:00   | 27:38 |                    | ESCUELA NAVAL MILITAR         |
| 1322 Jose Antonio Ginartes Bugarin  |       | VETDM- 79  | 50:04   | 5:00   | 27:34 | Vigo               | Independiente                 |
| 1323 Serafina Pereiro Giraldez      | F- 72 | VETAF- 17  | 50:05   | 5:00   | 27:48 | Porriño            | Club Atletismo Val da Louriña |
| 1324 Javier Esteban Quiñoa          |       | VETAM- 264 | 50:05   | 5:00   | 27:20 | Lugo               | -                             |
| 1325 Victor Manuel Armesto Aparicio |       | SENM- 436  | 50:06   | 5:01   | 27:52 | Lugo               | Independiente                 |
| 1326 Antonio Perez Villar           |       | VETAM- 265 | 50:06   | 5:01   | 27:33 | Ourense            | Independiente                 |
| 1327 Jose Luis Senra Jacome         |       | SENM- 437  | 50:07   | 5:01   | 27:47 | Pereiro de Aguiar  | -                             |
| 1328 Francisco Castro Rodriguez     |       | SENM- 438  | 50:09   | 5:01   | 27:50 | Ourense            | Independiente                 |
| 1329 Jose Luis Macedo Cruz          |       | SENM- 439  | 50:11   | 5:01   | 28:52 | TUY                | BIOSOS RIAS BAIXAS - BTT      |
| 1330 Rafael Gonzalez Rodriguez      |       | PROM- 41   | 50:14   | 5:01   | 29:04 | Ourense            | -                             |
| 1331 Juan Manuel Alonso Fernandez   |       | SENM- 441  | 50:14   | 5:01   | 27:29 | Ourense            | Independiente                 |
| 1332 Oscar Lama Martinez            |       | SENM- 440  | 50:14   | 5:01   | 27:31 | Ourense            | Independiente                 |
| 1333 Jose Antonio Rodriguez Pena    |       | VETBM- 202 | 50:14   | 5:01   | 27:15 | Muiños             | CLUBE ATLETAS DA BAIXA LIMIA  |
| 1334 Roberto Feijoo Cantarilla      |       | SENM- 442  | 50:14   | 5:01   | 27:31 | Ourense            | Independiente                 |
| 1335 Xoán Area Santos               |       | SENM- 443  | 50:16   | 5:02   | 27:50 | A Coruña           | CORRERENGALICIA.ORG           |
| 1336 Alfonso Rodriguez Vazquez      |       | VETAM- 266 | 50:16   | 5:02   | 27:13 | nogueira de ramuin | Independiente                 |
| 1337 Jose Lino Barrio Valencia      |       | VETEM- 37  | 50:17   | 5:02   | 28:16 | Valladolid         | -                             |
| 1338 Javier Alvarez Vazquez         |       | VETCM- 142 | 50:19   | 5:02   | 27:34 | Ourense            | Club Adas-Campo               |
| 1339 Sergio Perez Alvarez           |       | SENM- 444  | 50:20   | 5:02   | 27:21 | Ourense            | Independiente                 |
| 1340 Candido Perez Cerviño          |       | VETCM- 143 | 50:20   | 5:02   | 28:31 | Vigo               | -                             |
| 1341 Luis Miguel Mangana Vidal      |       |            | 50:22   | 5:02   | 27:43 | Ourense            | Independiente                 |
| 1342 Jorge Puga Gonzalez            |       | VETBM- 203 | 50:22   | 5:02   | 27:58 | Ourense            | Independiente                 |
| 1343 David Vazquez Dominguez        |       | SENM- 445  | 50:23   | 5:02   | 27:37 | Ourense            | Independiente                 |
| 1344 Cristina Quebrada Moure        | F- 73 | VETAF- 18  | 50:24   | 5:02   | 27:18 | Lugo               | -                             |
| 1345 Andres Rodriguez Robles        |       | VETAM- 267 | 50:26   | 5:03   | 28:15 | Ourense            | Independiente                 |
| 1346 Ignacio Paz Fernandez          |       | VETAM- 268 | 50:27   | 5:03   | 28:06 | Barbadas           | Independiente                 |
| 1347 Jhon Conde Pirela              |       | SENM- 446  | 50:28   | 5:03   | 27:42 | Ourense            | -                             |
| 1348 Santiago Figueiras Garcia      |       | VETAM- 269 | 50:29   | 5:03   | 28:07 | CASTRO DE BEIRO    | Independiente                 |
| 1349 Jose Antonio Estevez Alvarez   |       | VETDM- 80  | 50:30   | 5:03   | 27:36 | CORTEGADA          | -                             |
| 1350 Carlos Navia Rey               |       | SENM- 447  | 50:30   | 5:03   | 28:07 |                    | Club Fluvial de Lugo          |

| Pto  | Nombre                             | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad   | Club                     |
|------|------------------------------------|-------|------------|---------|--------|-------|-------------|--------------------------|
| 1351 | Santiago Rodriguez Montoiro        |       | SENM- 448  | 50:32   | 5:03   | 27:40 | Ourense     | Independiente            |
| 1352 | Raul Casas Martinez                |       | PROM- 42   | 50:33   | 5:03   | 27:54 | OS BLANCOS  | Independiente            |
| 1353 | Rolando Rolando Martinez Rodriguez |       | VETAM- 270 | 50:33   | 5:03   | 28:25 | A Coruña    | Amigos do Percebe        |
| 1354 | Lupe Gonzalez Salceda              | F- 74 | VETBF- 7   | 50:35   | 5:03   | 27:52 | Ourense     | Burgas Atletismo Ourense |
| 1355 | Fernando Castro Armesto            |       | SENM- 449  | 50:36   | 5:04   | 27:17 | Barbadas    | Independiente            |
| 1356 | Jose Antonio Cerdeira Perez        |       | SENM- 450  | 50:36   | 5:04   | 27:55 |             | KORPORE Carballiño       |
| 1357 | Jacqueline Gonzalez Vazquez        | F- 75 | VETAF- 19  | 50:36   | 5:04   | 27:52 | Ourense     | Independiente            |
| 1358 | Gonzalo Bascoy Varela              |       | VETBM- 204 | 50:37   | 5:04   | 28:58 | A Coruña    |                          |
| 1359 | Benjamin Gomex Ferreira            |       | VETBM- 205 | 50:38   | 5:04   | 28:57 | Ourense     | Independiente            |
| 1360 | Luis Fernandez Lago                |       | VETDM- 81  | 50:39   | 5:04   | 28:03 | Vigo        | Club A. Castrelos        |
| 1361 | Lorena Garcia Lago                 | F- 76 | SENF- 34   | 50:40   | 5:04   | 28:09 |             | -                        |
| 1362 | Santiago Dominguez Martin          |       | VETAM- 271 | 50:41   | 5:04   | 27:42 | Vigo        | -                        |
| 1363 | Benjamin Blanco Alvarez            |       | PROM- 43   | 50:41   | 5:04   | 26:46 | CARBALLINO  | Independiente            |
| 1364 | Miguel A. Carballa Cobas           |       | VETBM- 206 | 50:44   | 5:04   | 27:44 | VILLAGARCIA | Independiente            |
| 1365 | Manuel Molinero Galdon             |       | VETCM- 144 | 50:44   | 5:04   | 27:10 | LEON        | AD VEGA DE ESPINAREDA    |
| 1366 | Diego Gil Iglesias                 |       | SENM- 451  | 50:44   | 5:04   | 27:31 | Ourense     | Independiente            |
| 1367 | Karlos Blanco Romero               |       | SENM- 452  | 50:45   | 5:04   | 27:51 | Ourense     | -                        |
| 1368 | Jose Antonio Fernandez Barreiro    |       | VETBM- 207 | 50:46   | 5:05   | 27:49 | Lugo        | -                        |
| 1369 | Daniel Vazquez Aldemunde           |       | JUVM- 0    | 50:47   | 5:05   | 26:32 | Ourense     | SALESIANOS               |
| 1370 | Ruben Fernandez Montero            |       | SENM- 453  | 50:48   | 5:05   | 27:55 | Chapela     | -                        |
| 1371 | Mikel Zubigaray Ramos              |       | SENM- 454  | 50:49   | 5:05   | 28:09 | Vigo        | -                        |
| 1372 | Cisco Ariño Vilariño               |       | PROM- 44   | 50:49   | 5:05   | 27:42 | A Coruña    | Club Atletismo Ordes     |
| 1373 | Jesus Perez Perez                  |       | VETBM- 208 | 50:50   | 5:05   | 27:20 | Ponferrada  | -                        |
| 1374 | Mª Dos Anxeles Gomez Aldegonde     | F- 77 | SENF- 35   | 50:50   | 5:05   | 27:02 | Ourense     | Independiente            |
| 1375 | Adolfo Varela Gonzalez             |       | VETCM- 145 | 50:50   | 5:05   | 28:12 | Ourense     | Independiente            |
| 1376 | Francisco Javier Alonso Miranda    |       | VETCM- 146 | 50:51   | 5:05   | 28:36 | Ourense     | Independiente            |
| 1377 | Javier De La Torre Lopez           |       | SENM- 455  | 50:51   | 5:05   | 27:58 | Ourense     | Independiente            |
| 1378 | Antonio Aperador Prieto            |       | VETDM- 82  | 50:52   | 5:05   | 27:31 | Pontevedra  | -                        |
| 1379 | Eduardo Alberca Valera             |       | VETCM- 147 | 50:52   | 5:05   | 28:28 | Ourense     | Independiente            |
| 1380 | Jose Ignacio Carnicero Castro      |       | VETCM- 148 | 50:52   | 5:05   | 28:28 | Ourense     | Independiente            |

| Pto  | Nombre                         | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                  |
|------|--------------------------------|-------|------------|---------|--------|-------|-------------------|-----------------------|
| 1381 | Fernando Gonzalez Marquina     |       | VETBM- 209 | 50:54   | 5:05   | 28:12 |                   | KORPORE Carballiño    |
| 1382 | Jose Angel Dopazo Gonzalez     |       | VETBM- 210 | 50:57   | 5:06   | 27:23 | Ourense           | -                     |
| 1383 | Oscar Valbuena Casal           |       | JUVM- 0    | 50:57   | 5:06   | 27:21 | Ourense           | Independiente         |
| 1384 | Jose Conde Rua                 |       | VETAM- 272 | 50:58   | 5:06   | 28:12 | Ourense           | Independiente         |
| 1385 | Jose Carlos Rogriguez Terron   |       | SENM- 456  | 50:58   | 5:06   | 28:51 | LEON              | AD VEGA DE ESPINAREDA |
| 1386 | Eugenio Gómez Fernández        |       | VETBM- 211 | 50:58   | 5:06   | 28:28 | Ourense           | Independiente         |
| 1387 | Jose Rodriguez Fernandez       |       | VETCM- 149 | 50:59   | 5:06   | 26:45 | Barbadas          | Independiente         |
| 1388 | Juan Antonio De Jesus Gonzalez |       | SENM- 457  | 50:59   | 5:06   | 28:39 | Lugo              | -                     |
| 1389 | Manuel Cid Cid                 |       | VETDM- 83  | 51:00   | 5:06   | 28:10 | Ourense           | -                     |
| 1390 | Albino Rodriguez Rodriguez     |       | VETCM- 150 | 51:01   | 5:06   | 27:56 | A Pobra de Trives | Independiente         |
| 1391 | Emilio Bande Cabido            |       | VETCM- 151 | 51:01   | 5:06   | 26:45 | Ourense           | Independiente         |
| 1392 | Patricio Cruz Farias Forneiro  |       | SENM- 458  | 51:02   | 5:06   | 29:34 | Ourense           | Independiente         |
| 1393 | Angeles Rodriguez Del Rio      | F- 78 | VETCF- 8   | 51:02   | 5:06   | 27:43 | A Coruña          | Club Atletismo Ordes  |
| 1394 | César Valladares Varela        |       | SENM- 459  | 51:02   | 5:06   | 27:31 | Cangas de Morrazo | Independiente         |
| 1395 | Jose Manuel Garcia Ramirez     |       | VETCM- 152 | 51:03   | 5:06   | 28:03 | Pontevedra        | Independiente         |
| 1396 | Jesus Rodriguez Dorrio         |       | JUVM- 0    | 51:03   | 5:06   | 27:22 | Ourense           | Independiente         |
| 1397 | Jose Eduardo Merino Suengas    |       | SENM- 460  | 51:04   | 5:06   | 30:09 | Ourense           | Independiente         |
| 1398 | Adrian Ferreira Garcia         |       | SENM- 461  | 51:05   | 5:06   | 28:40 | Ourense           | Independiente         |
| 1399 | Daniel Gonzalez Vazquez        |       | VETAM- 273 | 51:05   | 5:06   | 27:45 | Ourense           | +                     |
| 1400 | Roberto Abella Perez           |       | SENM- 462  | 51:05   | 5:06   | 28:35 | Ourense           | Independiente         |
| 1401 | David Gonzalez Rodriguez       |       | VETAM- 274 | 51:06   | 5:07   | 27:49 | Ourense           | Independiente         |
| 1402 | Jose Javier Diaz Araujo        |       | VETAM- 275 | 51:06   | 5:07   | 27:48 | Ourense           | Independiente         |
| 1403 | Benito Nores Gomez             |       | SENM- 463  | 51:07   | 5:07   | 27:45 | Ourense           | Independiente         |
| 1404 | Miguel Angel Ferreiro Seguin   |       | VETBM- 212 | 51:07   | 5:07   | 27:44 | Ourense           | Independiente         |
| 1405 | Manolo Lorenzo Novoa           |       | VETEM- 38  | 51:07   | 5:07   | 27:44 |                   | Independiente         |
| 1406 | Pablo Mazaira Rodriguez        |       | JUNM- 33   | 51:07   | 5:07   | 28:03 | Ourense           | DIVINA PASTORA        |
| 1407 | Santos Bautista Dapoza Perez   |       | VETBM- 213 | 51:08   | 5:07   | 27:46 | VILAR DE SANTOS   | Independiente         |
| 1408 | Luisma Rodriguez Cabaleiro     |       | VETAM- 276 | 51:08   | 5:07   | 28:10 |                   | -                     |
| 1409 | Jose M Gomez Rodriguez         |       | VETCM- 153 | 51:08   | 5:07   | 29:19 | Ourense           | -                     |
| 1410 | Jose Antonio Cid Rivas         |       | VETCM- 154 | 51:09   | 5:07   | 28:31 |                   | ATLETISMO Porriño     |

| Pto Nombre                            | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                        |
|---------------------------------------|-------|------------|---------|--------|-------|-------------------|-----------------------------|
| 1411 Enrique Iglesias Fernandez       |       | VETAM- 277 | 51:09   | 5:07   | 28:30 | Ourense           | Independiente               |
| 1412 Javier Araujo Perez              |       | SENM- 464  | 51:10   | 5:07   | 28:33 |                   | ESCOLAS MUNICIPAIS DE VERIN |
| 1413 Enrique Iglesias Rivera          |       | VETFM- 14  | 51:10   | 5:07   | 28:34 | Ourense           | Independiente               |
| 1414 Ruben Ameijeiras Gonzalez        |       | VETFM- 15  | 51:10   | 5:07   | 28:35 | Ourense           | Independiente               |
| 1415 Carlos Araujo Perez              |       | VETCM- 155 | 51:10   | 5:07   | 28:33 |                   | ESCOLAS MUNICIPAIS DE VERIN |
| 1416 Julio Rodriguez Loren            |       | VETBM- 214 | 51:11   | 5:07   | 29:15 |                   | -                           |
| 1417 Felix Sanchez Alonso             |       | VETCM- 156 | 51:12   | 5:07   | 28:31 | Ourense           | Independiente               |
| 1418 Fco. Javier Lopez Fustes         |       | SENM- 465  | 51:12   | 5:07   | 28:51 | Foz               | -                           |
| 1419 Luis Manuel Fernandez Tesouro    |       | VETAM- 278 | 51:13   | 5:07   | 28:14 | Ourense           | -                           |
| 1420 Fco. Jose Fernandez Martinez     |       | VETBM- 215 | 51:13   | 5:07   | 27:30 | Ourense           | Independiente               |
| 1421 Marcial Torres Del Valle         |       | SENM- 466  | 51:13   | 5:07   | 28:48 | Galapagar         | Independiente               |
| 1422 Francisco Luis Combarros Vila    |       | VETDM- 84  | 51:14   | 5:07   | 28:11 |                   | -                           |
| 1423 Jose Manuel Fernandez Gallego    |       | VETCM- 157 | 51:14   | 5:07   | 28:00 | Ourense           | -                           |
| 1424 Jose Manuel Pombo Lopez          |       | VETBM- 216 | 51:15   | 5:07   | 28:30 | Lugo              | CD Egozarros                |
| 1425 Ramon Casas Lopez                |       | VETAM- 279 | 51:15   | 5:07   | 27:56 | Ourense           | Independiente               |
| 1426 Begoña De Arriba Bellogin        | F- 79 | VETDF- 1   | 51:16   | 5:08   | 27:41 | oleiros           | Riazor Coruña               |
| 1427 Jose Manuel Martinez Raris       |       | SENM- 467  | 51:17   | 5:08   | 28:17 | PADRON            | -                           |
| 1428 Ilia Goce Mosquera               | F- 80 | VETBF- 8   | 51:18   | 5:08   | 28:07 | Vigo              | GRUPO QUEIMADA              |
| 1429 Miguel Suarez Perez              |       | SENM- 468  | 51:19   | 5:08   | 28:10 | VILAMARIN         | Independiente               |
| 1430 David Pereira Veiga              |       | VETBM- 217 | 51:20   | 5:08   | 28:45 | A Coruña          | Independiente               |
| 1431 Tomas Cousiño Vazquez            |       | VETFM- 16  | 51:20   | 5:08   | 27:40 | Pontevedra        | Club Veteranos/as Samil     |
| 1432 Montse Martinez Cañas            | F- 81 | VETBF- 9   | 51:20   | 5:08   | 27:40 | Pontevedra        | Club Veteranos/as Samil     |
| 1433 Manuel Rafael Perez Gonzalez     |       | SENM- 469  | 51:24   | 5:08   | 28:46 | Pereiro de Aguiar | -                           |
| 1434 Fermin Rodriguez Sirvent         |       | VETCM- 158 | 51:26   | 5:09   | 28:22 | Ourense           | Independiente               |
| 1435 Juan Sanmiguel Estevez           |       | VETBM- 218 | 51:26   | 5:09   | 27:17 | Ourense           | Independiente               |
| 1436 Xose Manuel Carrera Carrera      |       | VETAM- 280 | 51:26   | 5:09   | 26:42 | Ponteareas        | -                           |
| 1437 Miguel Angel Fernandez Rodriguez |       | VETAM- 281 | 51:26   | 5:09   | 29:14 | O Barco           | Independiente               |
| 1438 Marco Antonio Saborido Silva     |       | SENM- 470  | 51:26   | 5:09   | 26:10 | Lugo              | CD Egozarros                |
| 1439 Oscar Gomez Miguez               |       | SENM- 471  | 51:27   | 5:09   | 26:39 | XINZO DE LIMIA    | A. D. LIMIACTIVA            |
| 1440 Santiago Rivas Fraga             |       | VETAM- 282 | 51:27   | 5:09   | 27:51 | Milladoiro (Ames) | -                           |



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|------------------------------------------|-------|------------|---------|--------|-------|---------------|--------------------|
| 1441 Roman Vilela Castro                 |       | SENM- 473  | 51:27   | 5:09   | 28:07 | VIANA DO BOLO | -                  |
| 1442 Francisco Ricardo Vazquez Rodriguez |       | SENM- 472  | 51:27   | 5:09   | 27:34 |               | KORPORE Carballiño |
| 1443 Alfonso Rubial Lopez                |       | VETCM- 159 | 51:28   | 5:09   | 29:13 | LALIN         | Independiente      |
| 1444 Marina Borrajo Iglesias             | F- 82 | VETAF- 20  | 51:31   | 5:09   | 28:31 | Barbadas      | Independiente      |
| 1445 Manuel Andres Vazquez Callon        |       | VETAM- 283 | 51:32   | 5:09   | 27:57 | Vigo          | Independiente      |
| 1446 Manuel Gandarela Rodríguez          |       | VETAM- 284 | 51:33   | 5:09   | 28:27 | Vigo          | Independiente      |
| 1447 Daniel Blanco Alvarez               |       | SENM- 474  | 51:34   | 5:09   | 29:15 | Ourense       | Independiente      |
| 1448 Manuel Castrillo Alvarez            |       | VETAM- 285 | 51:35   | 5:09   | 28:48 | Madrid        | Independiente      |
| 1449 Lino Carballo Davila                |       | VETDM- 85  | 51:36   | 5:10   | 29:19 | Pontevedra    | -                  |
| 1450 Alberto Lopez Pino                  |       | SENM- 475  | 51:36   | 5:10   | 28:04 | Vigo          | CTCORMORANS        |
| 1451 Juan Luis Casas Lopez               |       | VETBM- 219 | 51:37   | 5:10   | 29:24 | MONFORTE      | Independiente      |
| 1452 Jose Cofan Villamarin               |       | VETCM- 160 | 51:37   | 5:10   | 30:31 | Ourense       | Independiente      |
| 1453 Javier Barreira Alvarez             | F- 83 | SENF- 36   | 51:38   | 5:10   | 28:48 | Gustei-Coles  | Gustei atletico    |
| 1454 Ivan Vazquez Boveda                 |       | JUNM- 34   | 51:38   | 5:10   | 28:49 | Gustei-Coles  | Gustei atlEtico    |
| 1455 Rafael Valle Perez                  |       | SENM- 476  | 51:38   | 5:10   | 28:34 | Ourense       | Independiente      |
| 1456 Yago Gomez Alvarez                  |       | JUVM- 0    | 51:38   | 5:10   | 26:24 | Ourense       | IES BLANCO AMOR    |
| 1457 Pepe Gil Longo                      |       | VETBM- 220 | 51:38   | 5:10   | 27:51 | A Coruña      |                    |
| 1458 Diego Novelle Prado                 |       | SENM- 477  | 51:39   | 5:10   | 27:29 | Ourense       | Independiente      |
| 1459 Ivan Seco Cao                       |       | PROM- 45   | 51:40   | 5:10   | 27:09 | Ourense       | Independiente      |
| 1460 Francisco Rodriguez Balsa           |       | VETCM- 161 | 51:40   | 5:10   | 27:46 | Lugo          | CD Egozarros       |
| 1461 Julio Martinez Salgado              |       | VETBM- 221 | 51:42   | 5:10   | 27:07 | Ourense       | -                  |
| 1462 Julio Lopez Carrasco                |       | VETCM- 162 | 51:46   | 5:11   | 28:14 | Ourense       | Independiente      |
| 1463 Jose Antonio Varela Martinez        |       | SENM- 478  | 51:46   | 5:11   | 27:44 | Lugo          | Independiente      |
| 1464 Xacobe Saavedra Cotila              |       | CADM- 0    | 51:46   | 5:11   | 27:21 | Ourense       | Independiente      |
| 1465 Jesus Puga Vilarchao                |       | VETBM- 222 | 51:47   | 5:11   | 27:54 | Ourense       | Independiente      |
| 1466 Manuel Vizcaya Prieto               |       | VETCM- 163 | 51:48   | 5:11   | 28:04 | viana do bolo | Independiente      |
| 1467 Mario Varela Crespo                 |       | SENM- 479  | 51:48   | 5:11   | 28:34 | Carballiño    | Independiente      |
| 1468 Manuel Raña Prego                   |       | VETEM- 39  | 51:48   | 5:11   | 28:56 | Ordes         | -                  |
| 1469 Jose Feijoo Miranda                 |       | VETAM- 286 | 51:48   | 5:11   | 27:53 | Ourense       | -                  |
| 1470 Jose Antonio Vazquez Iglesias       |       | VETBM- 223 | 51:49   | 5:11   | 27:45 | TUI           | -                  |

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|------|----------------------------------|-------|------------|---------|--------|-------|-----------|--------------------|
| 1471 | Daniel Santos Martinez           |       | VETBM- 224 | 51:50   | 5:11   | 29:01 | Lugo      | Independiente      |
| 1472 | Eladio Garcia Martiña            |       | VETBM- 225 | 51:51   | 5:11   | 28:03 | VELLE     | Independiente      |
| 1473 | Avelino Jose Soto Salceda        |       | SENM- 480  | 51:53   | 5:11   | 28:32 | BOBORÁS   | Independiente      |
| 1474 | Roi Rodriguez-Do Forno Paz       |       | SENM- 481  | 51:54   | 5:11   | 28:58 | Ourense   | Independiente      |
| 1475 | Modesto Rodriguez Otero          |       | VETBM- 226 | 51:54   | 5:11   | 28:21 |           | KORPORE Carballiño |
| 1476 | Manuel Nuñez Siota               |       | SENM- 482  | 51:55   | 5:11   | 28:32 | Ourense   | Independiente      |
| 1477 | Jose Candido Gonzalez Santamaria |       | SENM- 483  | 51:57   | 5:12   | 28:02 | Ourense   | Independiente      |
| 1478 | Begoña Doniz Freire              | F- 84 | SENF- 37   | 51:57   | 5:12   | 28:13 | Ourense   | Independiente      |
| 1479 | Jose Luis Rodriguez Feaz         |       | VETBM- 227 | 51:58   | 5:12   | 28:48 | O Barco   | Independiente      |
| 1480 | Daniel Martinez Perez            |       | VETCM- 164 | 51:58   | 5:12   | 27:56 | Ourense   | Independiente      |
| 1481 | J.daniel Daquinta Santas         |       | VETEM- 40  | 51:58   | 5:12   | 27:41 | Ourense   | Independiente      |
| 1482 | Eduardo Vaquero Perez            |       | VETCM- 165 | 52:00   | 5:12   | 28:20 | Ourense   | Independiente      |
| 1483 | Raul Sobrinogarfia               |       | VETCM- 166 | 52:01   | 5:12   | 29:15 | OLEIROS   | -                  |
| 1484 | Diego Martinez Ribao             |       | SENM- 484  | 52:01   | 5:12   | 26:58 | Ourense   | Independiente      |
| 1485 | Sandi Eugenio Pedraza            |       | SENM- 485  | 52:02   | 5:12   | 26:58 | Ourense   | Independiente      |
| 1486 | Daniel Barreiro Lamas            |       | SENM- 486  | 52:04   | 5:12   | 27:39 | Ourense   | Independiente      |
| 1487 | Maria Dolores Cachafeiro Chamosa | F- 85 | VETCF- 9   | 52:05   | 5:12   | 28:00 | BOBORAS   | Independiente      |
| 1488 | Antonio Vazquez Balado           |       | PROM- 46   | 52:07   | 5:13   | 29:06 | Ourense   | -                  |
| 1489 | Jose Carlos Iglesias Cortiñas    |       | VETCM- 167 | 52:08   | 5:13   | 28:43 | Ourense   | Independiente      |
| 1490 | Eduardo Rey Quintela             |       | VETAM- 287 | 52:08   | 5:13   | 30:13 | Culleredo | -                  |
| 1491 | Anselmo Menendez Villalva        |       | VETBM- 228 | 52:08   | 5:13   | 27:13 | A Coruña  | -                  |
| 1492 | Jose Antonio Carril Brea         |       | SENM- 487  | 52:09   | 5:13   | 29:07 | Lugo      | CD Egozarros       |
| 1493 | Alberto Alvaro Cabezas           |       | SENM- 488  | 52:10   | 5:13   | 27:51 | Cartelle  | Independiente      |
| 1494 | Julio Comesaña Fernandez         |       | VETEM- 41  | 52:14   | 5:13   | 28:37 | Vigo      | Independiente      |
| 1495 | Jose Benito Meire Feijoo         |       | SENM- 489  | 52:15   | 5:13   | 28:33 | Ourense   | Independiente      |
| 1496 | Xose Anton Antelo Antelo         |       | SENM- 490  | 52:15   | 5:13   | 28:33 | SANTIAGO  | -                  |
| 1497 | Jose Antonio Cuadrado Martin     |       | VETBM- 229 | 52:17   | 5:14   | 29:04 | BAIONA    | -                  |
| 1498 | Jose Antonio Vazquez Silva       |       | VETBM- 230 | 52:18   | 5:14   | 28:57 | TOEN      | Independiente      |
| 1499 | Gil Perez Requejo                |       | VETCM- 168 | 52:19   | 5:14   | 28:37 | Ourense   | -                  |
| 1500 | Camilo Gonzalez Atanes           |       | VETAM- 288 | 52:19   | 5:14   | 30:00 |           | KORPORE Carballiño |

| Pto  | Nombre                          | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club                  |
|------|---------------------------------|-------|------------|---------|--------|-------|--------------------|-----------------------|
| 1501 | Arturo Fernandez Martinez       |       | VETDM- 86  | 52:21   | 5:14   | 29:07 | Ourense            | -                     |
| 1502 | Adolfo Taboada Rodriguez        |       | VETCM- 169 | 52:21   | 5:14   | 29:07 | A Valenza-Barbadas | -                     |
| 1503 | Oscar Mosquera Ferro            |       | SENM- 491  | 52:22   | 5:14   | 28:38 | PONTEAREAS         | -                     |
| 1504 | Javier Sierra Freire            |       | VETAM- 289 | 52:22   | 5:14   | 27:49 | A MERCA            | Independiente         |
| 1505 | J. Benito Rodriguez Novoa       |       | VETDM- 87  | 52:23   | 5:14   | 28:52 | Ourense            | Club Adas-Campo       |
| 1506 | Luis Lopez Ramos                |       | VETEM- 42  | 52:23   | 5:14   | 28:39 | Vigo               | CTCORMORANS           |
| 1507 | Ivan Liz Lopez                  |       | SENM- 492  | 52:24   | 5:14   | 28:34 |                    | Club Fluvial de Lugo  |
| 1508 | Jose Manuel Iglesias Vazquez    |       | VETBM- 231 | 52:26   | 5:15   | 29:11 | Ourense            | Independiente         |
| 1509 | Julio Miguez Cordo              |       | VETAM- 290 | 52:28   | 5:15   | 28:40 | TUY                | -                     |
| 1510 | Eladio Gomez Rosales            |       | SENM- 493  | 52:29   | 5:15   | 28:28 | Ourense            | -                     |
| 1511 | Manuel Franco Cividanes         |       | VETCM- 170 | 52:29   | 5:15   | 28:27 | a guarda           | -                     |
| 1512 | Diego Formoso Pato              |       | SENM- 494  | 52:30   | 5:15   | 28:28 | Pereiro de Aguiar  | -                     |
| 1513 | Celso Crespo Dalama             |       | VETEM- 43  | 52:31   | 5:15   | 28:49 | Ourense            | Independiente         |
| 1514 | Rodrigo González Fragueiro      |       | SENM- 495  | 52:32   | 5:15   | 28:52 | PAZOS DE BORBEN    | Independiente         |
| 1515 | Marta Perez Seguin              | F- 86 | SENF- 38   | 52:33   | 5:15   | 29:29 | Ourense            | Independiente         |
| 1516 | Luis Manuel Fernandez Gonzalez  |       | SENM- 496  | 52:33   | 5:15   | 28:46 | Ourense            | -                     |
| 1517 | Daniel Fernandez Alvariño Ferro |       | SENM- 497  | 52:33   | 5:15   | 28:29 | Vigo               | CTCORMORANS           |
| 1518 | Francisco Gonzalez Fraga        |       | SENM- 498  | 52:35   | 5:15   | 28:50 | Pereiro de Aguiar  | Independiente         |
| 1519 | Jose Emilio Coello Carretero    |       | VETDM- 88  | 52:35   | 5:15   | 28:07 | Ourense            | Independiente         |
| 1520 | Manuel Gonzalez Rodriguez       |       | PROM- 47   | 52:36   | 5:16   | 28:16 | Ourense            | -                     |
| 1521 | Jose Luis Seara Sierra          |       | VETAM- 291 | 52:37   | 5:16   | 28:55 | Ourense            | Independiente         |
| 1522 | Victorino Cores Liste           |       | VETFM- 17  | 52:38   | 5:16   | 29:21 | A Coruña           | Club Atletismo Ordes  |
| 1523 | Cipriano Chas Vazquez           |       | SENM- 499  | 52:39   | 5:16   | 28:20 | cambre             | Independiente         |
| 1524 | Leticia Carrera Dasilva         | F- 87 | SENF- 39   | 52:40   | 5:16   | 28:32 | Pereiro de Aguiar  | Independiente         |
| 1525 | Fernando Gonzalez Vivas         |       | VETCM- 171 | 52:42   | 5:16   | 28:56 | VILLAMARIN         | Independiente         |
| 1526 | Fernando Montenegro Criado      |       | VETDM- 89  | 52:43   | 5:16   | 29:32 |                    | -                     |
| 1527 | Manuel Sanchez Seco             |       | VETAM- 292 | 52:44   | 5:16   | 29:06 | Ourense            | -                     |
| 1528 | Rosa Perez Fernandez            | F- 88 | SENF- 40   | 52:44   | 5:16   | 28:06 | Lugo               | Independiente         |
| 1529 | Ivan Abella Alvarez             |       | JUNM- 35   | 52:44   | 5:16   | 29:35 | LEON               | AD VEGA DE ESPINAREDA |
| 1530 | Jose Manuel Salgado Fernandez   |       | VETAM- 293 | 52:47   | 5:17   | 28:49 | Ourense            | Independiente         |

| Pto  | Nombre                        | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad         | Club                         |
|------|-------------------------------|-------|------------|---------|--------|-------|-------------------|------------------------------|
| 1531 | Wilmer Javier Oviedo Salazar  |       | VETAM- 295 | 52:48   | 5:17   | 28:43 | A Coruña          | -                            |
| 1532 | Jose Doval Maside             |       | VETAM- 294 | 52:48   | 5:17   | 28:46 | Ourense           | Independiente                |
| 1533 | Xose Vilas Graña              |       | VETBM- 232 | 52:48   | 5:17   | 28:57 | MARIN             | Atletas Veteranos de Galicia |
| 1534 | Jacobo Araujo Nieto           |       | SENM- 500  | 52:49   | 5:17   | 28:17 | Ourense           | -                            |
| 1535 | Jose Antonio Santos Rodriguez |       | SENM- 501  | 52:51   | 5:17   | 28:37 | Ourense           | -                            |
| 1536 | Alberto Cerviño Rodriguez     |       | VETCM- 172 | 52:52   | 5:17   | 29:33 | Ourense           | Independiente                |
| 1537 | Javier Balo Couto             |       | SENM- 502  | 52:54   | 5:17   | 28:38 | Santiago          | Independiente                |
| 1538 | Jose Gavilan Labarta          |       | VETCM- 173 | 52:55   | 5:17   | 28:36 | Ourense           | Independiente                |
| 1539 | Mª Luisa Calvo Germales       | F- 89 | VETCF- 10  | 52:57   | 5:18   | 28:41 | A Coruña          | Club Atletismo Ordes         |
| 1540 | Juan Villar Alvarez           |       | VETAM- 296 | 52:57   | 5:18   | 29:09 | Ourense           | -                            |
| 1541 | Alejandro Figueirido Vazquez  |       | SENM- 503  | 52:58   | 5:18   | 29:01 |                   | KORPORE Carballiño           |
| 1542 | Jose Javier Sanchez Vila      |       | SENM- 504  | 52:58   | 5:18   | 30:38 | Ourense           | Independiente                |
| 1543 | Esther Fernandez Cid          | F- 90 | SENF- 41   | 52:59   | 5:18   | 30:06 | Vigo              | Independiente                |
| 1544 | Antonio Parrilla Suarez       |       | SENM- 505  | 52:59   | 5:18   | 30:06 | Pereiro de Aguiar | Independiente                |
| 1545 | Manuel Fernandez Ledo         |       | VETGM- 5   | 52:59   | 5:18   | 29:14 |                   | KORPORE Carballiño           |
| 1546 | Poldo Garcia Gonzalez         |       | VETAM- 297 | 52:59   | 5:18   | 30:06 | Pereiro de Aguiar | Independiente                |
| 1547 | Antonio Vilariño Lorenzo      |       | VETEM- 44  | 53:00   | 5:18   | 28:16 | A Coruña          | Independiente                |
| 1548 | Ramon Conde Bermudez          |       | VETDM- 90  | 53:00   | 5:18   | 29:09 | Lugo              | CD Egozarros                 |
| 1549 | Angel Novoa Cid               |       | VETDM- 91  | 53:00   | 5:18   | 29:08 | Ourense           | Independiente                |
| 1550 | Alberto Lopez Araujo          |       | SENM- 506  | 53:01   | 5:18   | 29:07 | Ourense           | Independiente                |
| 1551 | Jorge Hernandez Rogriguez     |       | SENM- 507  | 53:02   | 5:18   | 29:01 |                   | -                            |
| 1552 | Adrian Espiñeira Quintas      |       | SENM- 508  | 53:04   | 5:18   | 28:18 | ALLARIZ           | Independiente                |
| 1553 | Juan Manuel Diz Rodriguez     |       | VETDM- 92  | 53:05   | 5:18   | 29:04 |                   | Independiente                |
| 1554 | Francisco Jose Gomez Pumar    |       | SENM- 509  | 53:05   | 5:18   | 28:30 | Ourense           | Independiente                |
| 1555 | Bernardo Carreiro Alvarez     |       | SENM- 510  | 53:05   | 5:18   | 29:10 | Ourense           | PATO BLANCO CELANOVA         |
| 1556 | Rodrigo Rubial Lalin          |       | PROM- 48   | 53:06   | 5:19   | 29:34 | LALIN             | Independiente                |
| 1557 | Roberto Vicens Segade         |       | SENM- 511  | 53:07   | 5:19   | 29:06 | Ourense           | Independiente                |
| 1558 | Luis Lopez Iglesias           |       | VETAM- 298 | 53:07   | 5:19   | 28:41 | Ourense           | -                            |
| 1559 | Antonio Fernandez Martinez    |       | PROM- 49   | 53:08   | 5:19   | 29:10 | Ourense           | Independiente                |
| 1560 | Jose Luis Gonzalez Requejo    |       | SENM- 512  | 53:09   | 5:19   | 29:05 | Ourense           | -                            |

| Pto  | Nombre                            | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad  | Club                  |
|------|-----------------------------------|-------|------------|---------|--------|-------|------------|-----------------------|
| 1561 | Hector Alvarez Armesto            |       | SENM- 513  | 53:10   | 5:19   | 29:36 | Ourense    | Independiente         |
| 1562 | Victor Calviño Rodriguez          |       | SENM- 514  | 53:10   | 5:19   | 29:09 | Cartelle   | Independiente         |
| 1563 | Jose Moital Santos                |       | VETGM- 6   | 53:11   | 5:19   | 28:57 | BUEU       | Atletismo Corredoiras |
| 1564 | Manuel Suarez Fernandez           |       | SENM- 515  | 53:13   | 5:19   | 27:52 | Ourense    | Independiente         |
| 1565 | Mª Dolores Gonzalez Enriquez      | F- 91 | VETBF- 10  | 53:13   | 5:19   | 28:45 | a guarda   | -                     |
| 1566 | Manuel Salgado Gil                |       | VETCM- 174 | 53:14   | 5:19   | 29:33 | Ourense    | Independiente         |
| 1567 | Diego Gonzalez Vila               |       | PROM- 50   | 53:15   | 5:19   | 29:28 | Carballiño | Independiente         |
| 1568 | Diego Daniel Fernandez Borrajo    |       | SENM- 516  | 53:16   | 5:20   | 30:22 | Ourense    | Independiente         |
| 1569 | Miguel Angel Domingo Hernandez    |       | VETCM- 175 | 53:17   | 5:20   | 29:17 | Ourense    | Independiente         |
| 1570 | Luis Viana Santos                 |       | VETBM- 233 | 53:20   | 5:20   | 30:19 | Ourense    | Independiente         |
| 1571 | Adrian Viana Perez                |       | JUVM- 0    | 53:20   | 5:20   | 30:20 | Ourense    | Independiente         |
| 1572 | Ivan Paz Taboada                  |       | PROM- 51   | 53:21   | 5:20   | 29:33 |            | -                     |
| 1573 | Antonio Lopez Portela             |       | VETDM- 93  | 53:22   | 5:20   | 29:08 | Pontevedra | Independiente         |
| 1574 | Antonio Gonzalo Fernandez Garcia  |       | VETDM- 94  | 53:22   | 5:20   | 29:08 | Pontevedra | -                     |
| 1575 | Tomas Fernandez Garcia            |       | VETAM- 299 | 53:25   | 5:20   | 29:24 | Ourense    | Independiente         |
| 1576 | Luisa Lalin Lalin                 | F- 92 | VETCF- 11  | 53:27   | 5:21   | 29:14 | LALIN      | Independiente         |
| 1577 | Jose Luis Montes Marques          |       | VETCM- 176 | 53:28   | 5:21   | 29:11 |            | KORPORE Carballiño    |
| 1578 | Sergio Rodriguez Garcia           |       | VETCM- 177 | 53:29   | 5:21   | 30:28 | Ourense    | -                     |
| 1579 | David Gonzalez Gandara            |       | SENM- 517  | 53:29   | 5:21   | 29:40 | Ourense    | -                     |
| 1580 | Luis Torralba Rodriguez           |       | VETAM- 300 | 53:30   | 5:21   | 29:39 | Ourense    | -                     |
| 1581 | Miguel Novo Fernandez             |       | SENM- 518  | 53:31   | 5:21   | 30:47 | Ourense    | Independiente         |
| 1582 | Florencio Quiroga Gonzalez        |       | VETEM- 45  | 53:32   | 5:21   | 29:15 | LEON       | AD VEGA DE ESPINAREDA |
| 1583 | Manuel Francisco Taboada Galvez   |       | VETCM- 178 | 53:33   | 5:21   | 29:41 | Ourense    | Independiente         |
| 1584 | Enrique Hernandez Vila            |       | VETCM- 179 | 53:33   | 5:21   | 29:41 | Ourense    | Independiente         |
| 1585 | Sabina Garcia Abalo               | F- 93 | SENF- 42   | 53:33   | 5:21   | 29:57 |            | -                     |
| 1586 | Carlos Carrodegua Abadin          |       | VETCM- 180 | 53:33   | 5:21   | 30:07 | LA Coruña  | INDEPENDIENTE         |
| 1587 | Xabier Pulgar Rodriguez           |       | SENM- 519  | 53:35   | 5:21   | 29:39 | Ourense    | Independiente         |
| 1588 | Tomas R. Cotos Yañez              |       | VETAM- 301 | 53:35   | 5:21   | 30:09 | Ourense    | -                     |
| 1589 | Javier Gonzalez Lopez             |       | SENM- 520  | 53:35   | 5:21   | 28:32 | MOREIRAS   | -                     |
| 1590 | Jose Amancio Labandeira Alcantara |       | PROM- 52   | 53:43   | 5:22   | 29:14 |            | ESCUELA NAVAL MILITAR |

| Pto  | Nombre                              | Sx    | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad                | Club                  |
|------|-------------------------------------|-------|------------|---------|--------|-------|--------------------------|-----------------------|
| 1591 | Manuel Angel Sanchez Piedra         |       | PROM- 54   | 53:43   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1592 | Miguel Andres Quetglas Moya         |       | PROM- 53   | 53:43   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1593 | Alberto Pestaña Riesco              |       | SENM- 521  | 53:44   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1594 | Juan Carlos Quijano Navarro         |       | SENM- 522  | 53:44   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1595 | Jesus Martin Barreno                |       | SENM- 523  | 53:44   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1596 | Juan Fontan Sanchez                 |       | PROM- 55   | 53:44   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1597 | Pablo Garcia Gonzalez               |       | SENM- 524  | 53:44   | 5:22   | 29:13 |                          | ESCUELA NAVAL MILITAR |
| 1598 | Francisco Bugatto Del Aguila        |       | PROM- 56   | 53:44   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1599 | Pablo Sanchez Estevez               |       | SENM- 525  | 53:44   | 5:22   | 29:52 | Vigo                     | Independiente         |
| 1600 | Ignacio Marquez De La Calleja       |       | PROM- 57   | 53:44   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1601 | Gabriel Sanchez Urrutia             |       | PROM- 58   | 53:44   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1602 | Manuel Manso Sanz                   |       | PROM- 59   | 53:45   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1603 | Moises Pardo Losada                 |       | SENM- 526  | 53:45   | 5:22   | 29:14 |                          | ESCUELA NAVAL MILITAR |
| 1604 | Juan Antonio Sanchez Muñoz          |       | VETDM- 95  | 53:45   | 5:22   | 29:13 | Ourense                  | Independiente         |
| 1605 | Antonio Ruiz Granados               |       | VETAM- 302 | 53:45   | 5:22   | 28:36 | San CristObal - Ribada - |                       |
| 1606 | Roberto Novoa Conde                 |       | SENM- 527  | 53:45   | 5:22   | 29:01 | Ourense                  | -                     |
| 1607 | Javier Blanco Travieso              |       | SENM- 528  | 53:45   | 5:22   | 30:30 | camponaraya              | -                     |
| 1608 | Jose Miguel Jerez Couselo           |       | VETAM- 303 | 53:46   | 5:23   | 30:06 |                          | -                     |
| 1609 | Margarita Alfonso Rodriguez         | F- 94 | VETBF- 11  | 53:46   | 5:23   | 29:15 | Ourense                  | -                     |
| 1610 | Enrique Tovar Lopez-Cuevillas       |       | VETAM- 304 | 53:47   | 5:23   | 29:16 | Ourense                  | -                     |
| 1611 | Manuel Rodriguez Torres             |       | SENM- 529  | 53:47   | 5:23   | 30:01 | Ourense                  | Independiente         |
| 1612 | Jose Antonio Gonzalez Peliquin      |       | VETAM- 305 | 53:48   | 5:23   | 30:16 | Ourense                  | Independiente         |
| 1613 | Oscar Grande Fernandez              |       | SENM- 530  | 53:48   | 5:23   | 29:15 | ARZUA                    | -                     |
| 1614 | Jose Angel Grande Penela            |       | VETCM- 181 | 53:50   | 5:23   | 29:15 | ARZUA                    | -                     |
| 1615 | Vicente Dapena Diaz                 |       | VETFM- 18  | 53:57   | 5:24   | 29:56 | GIJON                    | -                     |
| 1616 | Juan M. Jacome Pumar                |       | SENM- 531  | 54:00   | 5:24   | 30:01 | Ourense                  | -                     |
| 1617 | Severino Aquilino Vazquez Fernandez |       | VETDM- 96  | 54:01   | 5:24   | 30:16 | Ourense                  | Independiente         |
| 1618 | Miguel Rejo Saez                    |       | SENM- 532  | 54:01   | 5:24   | 30:01 | Ourense                  | Independiente         |
| 1619 | Jose Estevez Rodriguez              |       | SENM- 533  | 54:04   | 5:24   | 28:06 | TUY                      | -                     |
| 1620 | Ricardo Camargo De Pedraza          |       | SENM- 534  | 54:04   | 5:24   | 28:05 |                          | -                     |

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|----------------------------------------|--------|------------|---------|--------|-------|-------------------|--------------------|
| 1621 Julio Alberto Gandara Dominguez   |        | SENM- 535  | 54:04   | 5:24   | 29:46 | Ourense           | Independiente      |
| 1622 Castor Alejos Perez               |        | VETCM- 182 | 54:05   | 5:24   | 29:31 | Ourense           | Independiente      |
| 1623 Jose Luis Babarro Perez           |        | SENM- 536  | 54:07   | 5:25   | 29:03 | Nigran            | -                  |
| 1624 Luis Miguel Nogueiras Mascareñas  |        | VETCM- 183 | 54:08   | 5:25   | 28:45 | Ourense           | Independiente      |
| 1625 Juan Parada Gonzalez              |        | VETAM- 306 | 54:08   | 5:25   | 29:29 | pOboa do brollOn  | -                  |
| 1626 Maria Del Mar Rodriguez Rocha     | F- 95  | SENF- 43   | 54:08   | 5:25   | 29:03 | Baiona            | -                  |
| 1627 Jose Antonio Viña Vazquez         |        | VETBM- 234 | 54:08   | 5:25   | 30:25 | Lugo              | SAN FERNANDO LUCUS |
| 1628 Ana Isabel Rodriguez Exposito     | F- 96  | VETBF- 12  | 54:08   | 5:25   | 30:24 | Lugo              | Independiente      |
| 1629 Gerardo Aldrey                    |        | SENM- 537  | 54:09   | 5:25   | 30:39 | Santiago          | -                  |
| 1630 Jose Fernandez Barracel           |        | VETFM- 19  | 54:10   | 5:25   | 29:04 | Ourense           | Independiente      |
| 1631 Antonio Dacruz Conde              |        | SENM- 538  | 54:10   | 5:25   | 30:10 | Ourense           | -                  |
| 1632 Isabel Arias Perez                | F- 97  | VETAF- 21  | 54:14   | 5:25   | 29:26 | Milladoiro (Ames) | Correr en Galicia  |
| 1633 Angel Manuel Maciñeiras Nuñez     |        | VETAM- 307 | 54:14   | 5:25   | 29:26 | Milladoiro (Ames) | -                  |
| 1634 Fernando Emilio Castro Rey        |        | VETFM- 20  | 54:16   | 5:26   | 29:43 | Ourense           | Independiente      |
| 1635 Adriana Gonzalez Varela           | F- 98  | SENF- 44   | 54:16   | 5:26   | 29:10 | Ourense           | Independiente      |
| 1636 Manuel Estevez Alvarez            |        | VETAM- 308 | 54:17   | 5:26   | 29:47 |                   | -                  |
| 1637 Jose Rodriguez Blanco             |        | VETCM- 184 | 54:17   | 5:26   | 30:08 | Vigo              | Independiente      |
| 1638 Jose Emilio Penido Rodriguez      |        | VETDM- 97  | 54:17   | 5:26   | 30:08 | Ourense           | Independiente      |
| 1639 Jose Antonio Neira Alonso         |        | VETAM- 309 | 54:17   | 5:26   | 29:10 | Ourense           | Independiente      |
| 1640 Ana Maria Barja Barja             | F- 99  | VETBF- 13  | 54:18   | 5:26   | 28:53 | Ourense           | Independiente      |
| 1641 Maria Alejandra Barja Barja       | F- 100 | VETAF- 22  | 54:18   | 5:26   | 28:53 | Vigo              | Independiente      |
| 1642 Silverio Dominguez Andres         |        | VETFM- 21  | 54:18   | 5:26   | 30:01 | Vigo              | Independiente      |
| 1643 Marcos Carrera Táboas             |        | SENM- 539  | 54:18   | 5:26   | 29:24 | Vigo              | Independiente      |
| 1644 Francisco Jose Rodriguez Saavedra |        | VETBM- 235 | 54:18   | 5:26   | 30:49 | OURENS            | Independiente      |
| 1645 Jose Manuel Brea Ansia            |        | VETDM- 98  | 54:20   | 5:26   | 30:31 | Ourense           | Independiente      |
| 1646 Ana Begoña Garrido Fernandez      | F- 101 | SENF- 45   | 54:20   | 5:26   | 29:16 | Xinzo de limia    | Independiente      |
| 1647 Olga Romero Dominguez             | F- 102 | VETEF- 2   | 54:20   | 5:26   | 29:12 |                   | ATLETISMO Porriño  |
| 1648 Alfredo Suarez Canai              |        | VETEM- 46  | 54:23   | 5:26   | 30:35 | Ourense           | Independiente      |
| 1649 Antonio Rodriguez Fernandez       |        | JUNM- 36   | 54:24   | 5:26   | 29:09 | cea               | Independiente      |
| 1650 Enrique Carballo Gonzalez         |        | VETEM- 47  | 54:25   | 5:26   | 30:16 | Ourense           | Independiente      |

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|----------------------------------------|--------|------------|---------|--------|-------|-------------------|-----------------------|
| 1651 Marta Rial Crestelo               | F- 103 | SENF- 46   | 54:25   | 5:26   | 30:17 | Ourense           | Independiente         |
| 1652 Jose Angel Ortiz Nuñez            |        | VETEM- 48  | 54:25   | 5:26   | 30:16 | Ourense           | Independiente         |
| 1653 Emilio Rial Pais                  |        | VETEM- 49  | 54:25   | 5:26   | 30:16 | Ourense           | Independiente         |
| 1654 Jacinto Montero Reguiro           |        | VETBM- 236 | 54:26   | 5:27   | 29:41 | Ourense           | Independiente         |
| 1655 Alejandro Cordero Torres          |        | SENM- 540  | 54:26   | 5:27   | 30:36 | Ourense           | -                     |
| 1656 Jose Ramon Gomez Cachaldora       |        | VETAM- 310 | 54:26   | 5:27   | 31:22 | Ourense           | -                     |
| 1657 Montse Carballo Rodriguez         | F- 104 | VETAF- 23  | 54:27   | 5:27   | 30:58 | Ourense           | Independiente         |
| 1658 Arturo Matalobos Mariño           |        | VETAM- 311 | 54:30   | 5:27   | 28:53 | reboreda          | -                     |
| 1659 Angel Poza Aldea                  |        | VETAM- 312 | 54:31   | 5:27   | 29:48 | Pereiro de Aguiar | Independiente         |
| 1660 Ramon Martinez Martinez           |        | VETDM- 99  | 54:31   | 5:27   | 30:04 | Ourense           | Independiente         |
| 1661 Miguel Angel Pardavila Iglesias   |        | SENM- 541  | 54:32   | 5:27   | 30:49 | Ourense           | Independiente         |
| 1662 Carlos Puga Velasco               |        | VETBM- 237 | 54:32   | 5:27   | 29:35 | Ourense           | Independiente         |
| 1663 Mª Purificacion Dominguez Franjo  | F- 105 | VETCF- 12  | 54:33   | 5:27   | 29:18 | Madrid            | -                     |
| 1664 Maria Regina Vazquez Antonio      | F- 106 | VETBF- 14  | 54:33   | 5:27   | 29:47 | Vigo              | -                     |
| 1665 Fernando Gil Rodriguez            |        | VETAM- 313 | 54:34   | 5:27   | 30:36 | ORENSE            | -                     |
| 1666 Manuel Gil Rodriguez              |        | VETBM- 238 | 54:34   | 5:27   | 30:35 | ORENSE            | -                     |
| 1667 Cristina Gonzalez Salgado         | F- 107 | SENF- 47   | 54:34   | 5:27   | 29:17 | Ourense           | Independiente         |
| 1668 Juan Carlos Carril Comesaña       |        | VETAM- 314 | 54:36   | 5:28   | 30:35 | Ourense           | Independiente         |
| 1669 Marcos Perez Marques              |        | JUNM- 37   | 54:36   | 5:28   | 29:38 | Ourense           | Independiente         |
| 1670 Francisco Javier Fernandez Alonso |        | VETAM- 315 | 54:36   | 5:28   | 30:35 | Ourense           | Independiente         |
| 1671 Jose Gandarela Rodriguez          |        | SENM- 542  | 54:36   | 5:28   | 28:50 | Vigo              | Independiente         |
| 1672 Francisco Marin Ortiz             |        | CADM- 0    | 54:37   | 5:28   | 29:46 | Ourense           | SALESIANOS            |
| 1673 Francisco Mario Jordan Benavente  |        | VETBM- 239 | 54:38   | 5:28   | 30:29 | Ponferrada        | -                     |
| 1674 Antonio Vide Loureiro             |        | VETCM- 185 | 54:39   | 5:28   | 30:15 | Ourense           | Independiente         |
| 1675 Santiago Rodriguez Gonzalez       |        | PROM- 60   | 54:41   | 5:28   | 29:43 | Ourense           | Independiente         |
| 1676 Anibal Alonso Martinez            |        | SENM- 543  | 54:43   | 5:28   | 29:36 | LEON              | AD VEGA DE ESPINAREDA |
| 1677 Miguel Angel Rivero Rodriguez     |        | VETCM- 186 | 54:43   | 5:28   | 29:49 | TUI               | Independiente         |
| 1678 Angel Casas Perez                 |        | VETBM- 240 | 54:45   | 5:28   | 30:48 | Xinzo de limia    | Independiente         |
| 1679 Jose Antonio Gomez Fidalgo        |        | VETAM- 316 | 54:46   | 5:29   | 28:48 | LUINTRA           | Independiente         |
| 1680 Jesus Barrio Valencia             |        | VETDM- 100 | 54:47   | 5:29   | 30:05 | Ourense           | -                     |



| Pto Nombre                           | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad           | Club                         |
|--------------------------------------|--------|------------|---------|--------|-------|---------------------|------------------------------|
| 1681 Isaac Perez Nuñez               |        | PROM- 61   | 54:47   | 5:29   | 29:06 | Ourense             | -                            |
| 1682 Elena Escobar Vega              | F- 108 | VETBF- 15  | 54:49   | 5:29   | 29:57 | LEON                | Club Deportivo Peñambolias   |
| 1683 Begoña Crespo Quindos           | F- 109 | VETBF- 16  | 54:49   | 5:29   | 29:57 | LEON                | Club Deportivo Peñambolias   |
| 1684 Rita Abralde Iglesias           | F- 110 | VETAF- 24  | 54:49   | 5:29   | 30:11 |                     | KORPORE Carballiño           |
| 1685 Dora Ribeiro Gomez              | F- 111 | SENF- 48   | 54:50   | 5:29   | 30:11 |                     | KORPORE Carballiño           |
| 1686 Sabela Moreiras Cuesta          | F- 112 | VETBF- 17  | 54:52   | 5:29   | 29:04 |                     | -                            |
| 1687 Minerva Outeiriño               | F- 113 | VETCF- 13  | 54:57   | 5:30   | 29:49 | Ourense             | -                            |
| 1688 Manuel Míguez Babarro           |        | VETAM- 317 | 54:58   | 5:30   | 30:56 | Ourense             | GACELAS DE POUSADA           |
| 1689 Victor Manuel Cid Blanco        |        | SENM- 544  | 54:58   | 5:30   | 28:59 | Barbadas            | -                            |
| 1690 Oscar Sabucedo Blanco           |        | SENM- 545  | 54:59   | 5:30   | 28:59 | Barbadas            | -                            |
| 1691 Jose Benigno Boveda Gonzalez    |        | VETCM- 187 | 54:59   | 5:30   | 30:36 |                     | -                            |
| 1692 Juan Pereira Gonzalez           |        | VETBM- 241 | 54:59   | 5:30   | 29:11 | Ourense             | Independiente                |
| 1693 Maria Remedios Pereira Gonzalez | F- 115 | SENF- 49   | 55:00   | 5:30   | 29:12 | O PINO              | Independiente                |
| 1694 Amalia Otero Gonzalez           | F- 114 | VETDF- 2   | 55:00   | 5:30   | 30:09 | MARIN               | Atletas Veteranos de Galicia |
| 1695 Juan Manuel Gomez Penin         |        | VETBM- 242 | 55:01   | 5:30   | 29:27 | Ourense             | Independiente                |
| 1696 Alberto Rodriguez Iglesias      |        | SENM- 546  | 55:01   | 5:30   | 29:05 | Pereiro de Aguiar   | Independiente                |
| 1697 Alfonso Gonzalez Alonso         |        | VETCM- 188 | 55:02   | 5:30   | 30:28 | Ourense             | Independiente                |
| 1698 Maria Teresa Seoane Castro      | F- 116 | SENF- 50   | 55:02   | 5:30   | 30:00 | Silleda             | Club Atletismo Deza          |
| 1699 Guillermo Garcia Freire         |        | VETAM- 318 | 55:04   | 5:30   | 30:03 | Lugo                | ED CHANTADA                  |
| 1700 Xulio Alberte Cid Rodriguez     |        | SENM- 547  | 55:05   | 5:30   | 30:26 | Vigo                | -                            |
| 1701 Francisco Vazquez Rodriguez     |        | VETEM- 50  | 55:05   | 5:30   | 30:30 | Carballiño          | Independiente                |
| 1702 Juan Manuel Gandara Rodriguez   |        | VETDM- 101 | 55:05   | 5:30   | 30:56 | Ourense             | Independiente                |
| 1703 Miguel Blanco Garcia            |        | SENM- 548  | 55:05   | 5:30   | 29:15 |                     | -                            |
| 1704 Angel Seoane Gomez              |        | VETBM- 243 | 55:06   | 5:31   | 29:43 | Ourense             | -                            |
| 1705 Daniel Rodriguez Fernadez       |        | JUNM- 38   | 55:09   | 5:31   | 29:31 | Ourense             | Independiente                |
| 1706 Miguel A. Beiras Santos         |        | SENM- 549  | 55:09   | 5:31   | 29:13 |                     | ESCUELA NAVAL MILITAR        |
| 1707 Esteban Lama Bravo              |        | VETAM- 319 | 55:10   | 5:31   | 30:51 | Ourense             | -                            |
| 1708 Maria Lopez Parcerro            | F- 117 | SENF- 51   | 55:10   | 5:31   | 29:13 | REDONDELA           | -                            |
| 1709 Bruno Fernandez Perez           |        | SENM- 550  | 55:10   | 5:31   | 28:44 | S. Cibrao das Viñas | Independiente                |
| 1710 Angela Pardavila Fiel           |        | VETEM- 51  | 55:11   | 5:31   | 29:37 | Barbadas            | Independiente                |

| Pto Nombre                           | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad             | Club                         |
|--------------------------------------|--------|------------|---------|--------|-------|-----------------------|------------------------------|
| 1711 Serafin Corada Vela             |        | SENM- 551  | 55:13   | 5:31   | 29:58 | A Coruña              | Independiente                |
| 1712 Luis Javier Moreno Atance       |        | VETCM- 189 | 55:13   | 5:31   | 30:21 | Madrid                | -                            |
| 1713 Eva Teijeiro Martorell          | F- 118 | SENF- 52   | 55:14   | 5:31   | 29:41 |                       | ATLETISMO SIERRA NARON       |
| 1714 Teresa Linares Avila            | F- 119 | VETAF- 25  | 55:16   | 5:32   | 29:28 | OLEIROS               | -                            |
| 1715 Patricia Tobio Padin            | F- 120 | VETAF- 26  | 55:20   | 5:32   | 30:05 | Vigo                  | Independiente                |
| 1716 Julio Gurriaran Torres          |        | SENM- 552  | 55:21   | 5:32   | 31:02 | Ourense               | Independiente                |
| 1717 Jose Antonio Leon Rodriguez     |        | VETCM- 190 | 55:23   | 5:32   | 30:20 | Muiños                | CLUBE ATLETAS DA BAIXA LIMIA |
| 1718 Luis Enrique Gomez Moure        |        | VETCM- 191 | 55:24   | 5:32   | 30:38 | Ourense               | Independiente                |
| 1719 Jaime Guerrero Ramón            |        | SENM- 553  | 55:26   | 5:33   | 31:24 | Madrid                | Independiente                |
| 1720 Monica Coira Noya               |        | VETAM- 320 | 55:28   | 5:33   | 30:53 | Vigo                  | CTCORMORANS                  |
| 1721 Jose Luis Crespo Vazquez        |        | SENM- 554  | 55:30   | 5:33   | 29:44 | Ourense               | -                            |
| 1722 Jacobo Arus                     |        | SENM- 555  | 55:31   | 5:33   | 31:48 | ORENSE                | Independiente                |
| 1723 Jesús Bao                       |        | VETBM- 244 | 55:31   | 5:33   | 30:56 | VEDRA                 | -                            |
| 1724 Javier Bao                      |        | VETBM- 245 | 55:32   | 5:33   | 30:57 | PADRÒN                | -                            |
| 1725 Oscar Fernandez Fidalgo         |        | SENM- 556  | 55:32   | 5:33   | 31:30 | Ourense               | Independiente                |
| 1726 Manuel Gayo Fernandez           |        | JUNM- 39   | 55:33   | 5:33   | 29:29 | Ourense               | Independiente                |
| 1727 Jose Emilio Iglesias Estevez    |        | SENM- 557  | 55:35   | 5:33   | 29:16 | CELANOVA              | Independiente                |
| 1728 Jorge Nuñez Rolan               |        | SENM- 558  | 55:37   | 5:34   | 30:18 | FRANCISCO LLORENTE    | -                            |
| 1729 Víctor López López              |        | SENM- 559  | 55:38   | 5:34   | 25:55 | XINZO DE LIMIA        | A. D. LIMIACTIVA             |
| 1730 David Matilla Diez              |        | SENM- 560  | 55:40   | 5:34   | 31:07 | Lugo                  | Independiente                |
| 1731 Sancho Barros Suarez            |        | VETGM- 7   | 55:42   | 5:34   | 30:49 | Pontevedra            | Club Grupo Vigo              |
| 1732 Rosauo Jimenez Fernandez        |        | SENM- 561  | 55:42   | 5:34   | 28:50 | La Ribera de Folgosos | La Ribera sport              |
| 1733 Ruben Conde Martinez            |        | JUNM- 40   | 55:44   | 5:34   | 29:44 | Ourense               | Independiente                |
| 1734 Jose Correa Fernandez           |        | PROM- 62   | 55:45   | 5:34   | 29:42 | SARREAUS              | Independiente                |
| 1735 Hector Perez Arias              |        | VETAM- 321 | 55:45   | 5:34   | 32:17 | Lugo                  | -                            |
| 1736 Abel Muñoz Veiga                |        | SENM- 562  | 55:45   | 5:34   | 32:06 |                       | KORPORE Carballiño           |
| 1737 Susana Rodriguez Cougil         | F- 121 | SENF- 53   | 55:47   | 5:35   | 30:37 | Ourense               | Independiente                |
| 1738 Santiago Vazquez Carballo       |        | VETCM- 192 | 55:47   | 5:35   | 30:36 | Ourense               | Independiente                |
| 1739 Victoria Sanchez Cendal         | F- 122 | VETCF- 14  | 55:47   | 5:35   | 30:36 | Ourense               | Independiente                |
| 1740 Luis Antonio Gonzalez Rodriguez |        | VETBM- 246 | 55:48   | 5:35   | 31:11 | Ourense               | DIVINA PASTORA               |

| Pto  | Nombre                              | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad  | Club                         |
|------|-------------------------------------|--------|------------|---------|--------|-------|------------|------------------------------|
| 1741 | Antonio Barreiros Blanco            |        | VETCM- 193 | 55:48   | 5:35   | 29:12 | Ourense    | Independiente                |
| 1742 | Domingo Samaniego Sanchez           |        | VETEM- 52  | 55:51   | 5:35   | 29:50 | Ourense    | Independiente                |
| 1743 | Luis Carlos Perez Gippini           |        | VETCM- 194 | 55:56   | 5:36   | 30:52 | Vigo       | -                            |
| 1744 | Lazaro Sanchez Moreno               |        | VETBM- 247 | 55:59   | 5:36   | 30:13 | Ourense    | Independiente                |
| 1745 | Jose Antonio Hermida Perez          |        | VETAM- 322 | 55:59   | 5:36   | 30:14 | Ourense    | Independiente                |
| 1746 | Laura Novoa Garcia                  | F- 123 | SENF- 54   | 55:59   | 5:36   | 29:59 | Ourense    | Independiente                |
| 1747 | Roberto Gonzalez Izquierdo          |        | SENM- 563  | 56:00   | 5:36   | 30:38 | Ourense    | Independiente                |
| 1748 | Fernando Docampo Suarez             |        | VETBM- 248 | 56:00   | 5:36   | 30:33 | Ourense    | Independiente                |
| 1749 | Nuria Gilsanz Gonzalez              | F- 124 | SENF- 55   | 56:00   | 5:36   | 31:14 | Lugo       | -                            |
| 1750 | Cristina Cofan Firvida              | F- 125 | PROF- 7    | 56:01   | 5:36   | 30:33 | Ourense    | Independiente                |
| 1751 | Jose Macia Marey                    |        | SENM- 564  | 56:08   | 5:37   | 31:39 | Ourense    | Independiente                |
| 1752 | Monica Tizon Tabeayo                | F- 126 | SENF- 56   | 56:09   | 5:37   | 30:22 |            | Ría de Ferrol                |
| 1753 | Emilio Paradela Miranda             |        | VETCM- 195 | 56:10   | 5:37   | 29:13 | AMOEIRO    | Independiente                |
| 1754 | Ana Diaz Portas                     | F- 127 | VETAF- 27  | 56:12   | 5:37   | 30:11 | Ourense    | Independiente                |
| 1755 | Maria Elena Guerra Alvarez          | F- 128 | VETBF- 18  | 56:12   | 5:37   | 30:50 |            | KORPORE Carballiño           |
| 1756 | Marcos Otero Ledo                   |        | SENM- 565  | 56:13   | 5:37   | 30:07 | Chantada   | -                            |
| 1757 | Francisco Javier Fernandez Santiago |        | SENM- 566  | 56:13   | 5:37   | 31:38 | MARIN      | -                            |
| 1758 | Manuel Tomas Rodriguez Rodriguez    |        | VETEM- 53  | 56:13   | 5:37   | 31:02 | Pontevedra | Club Veteranos/as Samil      |
| 1759 | Jose Manuel Bujan Santos            |        | SENM- 567  | 56:13   | 5:37   | 31:23 | Noia       | -                            |
| 1760 | Mª Jose Bermudez Herbello           | F- 129 | SENF- 57   | 56:14   | 5:37   | 31:37 | CANGAS     | Atletismo Corredoiras        |
| 1761 | Natalia Gomez Ruibal                | F- 130 | PROF- 8    | 56:14   | 5:37   | 30:08 | Ourense    | Independiente                |
| 1762 | Sonia Fernandez Rodriguez           | F- 131 | SENF- 58   | 56:15   | 5:37   | 31:00 | v          | CTCORMORANS                  |
| 1763 | Alvaro Conde Gonzalez               |        | PROM- 63   | 56:18   | 5:38   | 30:50 | Ourense    | Burgas Atletismo Ourense     |
| 1764 | Maria Soledad Lois Novoa            | F- 132 | VETCF- 15  | 56:20   | 5:38   | 30:30 | Ourense    | -                            |
| 1765 | Placido Perdiz Alvarez              |        | VETCM- 196 | 56:20   | 5:38   | 30:13 | Muiños     | CLUBE ATLETAS DA BAIXA LIMIA |
| 1766 | Mario Sanjurjo Sampedro             |        | JUNM- 41   | 56:22   | 5:38   | 32:10 | Lugo       | -                            |
| 1767 | Jose Antonio Rodriguez Dieguez      |        | VETAM- 323 | 56:23   | 5:38   | 30:52 | Ourense    | -                            |
| 1768 | Jose Lopez Fernandez                |        | VETCM- 197 | 56:24   | 5:38   | 31:19 |            | -                            |
| 1769 | Jose Manuel Guerra Rodriguez        |        | VETCM- 198 | 56:25   | 5:38   | 31:50 | Ourense    | Independiente                |
| 1770 | Jose Antonio Nogueiras Nogueiras    |        | VETBM- 249 | 56:28   | 5:39   | 31:28 |            | -                            |

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|----------------------------------------|--------|------------|---------|--------|-------|-------------------|---------------------------|
| 1771 Ramon Dominguez Fernandez         |        | VETBM- 250 | 56:29   | 5:39   | 29:39 | RIBADAVIA         | Independiente             |
| 1772 Jorge Leonardo Fernandez Ferreira |        | SENM- 568  | 56:31   | 5:39   | 33:39 |                   | -                         |
| 1773 Manuel Portela Marcos             |        | VETEM- 54  | 56:31   | 5:39   | 30:32 | Moaña             | Independiente             |
| 1774 Fernando Blanco Prieto            |        | VETAM- 324 | 56:32   | 5:39   | 31:45 | Vigo              | Independiente             |
| 1775 Jose Alberto Perez Requejo        |        | SENM- 569  | 56:33   | 5:39   | 30:28 | Ourense           | -                         |
| 1776 Alfredo Malde Correa              |        | VETAM- 325 | 56:38   | 5:40   | 30:14 | A Coruña          | -                         |
| 1777 Antonio Graña Caneiro             |        | VETDM- 102 | 56:40   | 5:40   | 30:41 | Ourense           | Independiente             |
| 1778 Lois Arias Castaño                |        | SENM- 570  | 56:41   | 5:40   | 31:53 | Vigo              | -                         |
| 1779 Maria Luisa Rodriguez Pintos      | F- 133 | VETAF- 28  | 56:45   | 5:40   | 31:13 |                   | Carlos Melchor Couto      |
| 1780 Adrian Vidal Lopez                |        | JUVM- 0    | 56:45   | 5:40   | 32:08 | GUSTEY - COLES    | Independiente             |
| 1781 Alejandro Vidal Diaz              |        | VETCM- 199 | 56:46   | 5:41   | 32:08 | GUSTEY - COLES    | Independiente             |
| 1782 Beatriz Cuenca Valera             | F- 134 | VETAF- 29  | 56:46   | 5:41   | 31:22 | Maceda            | -                         |
| 1783 Carlos Quintas Fariñas            |        | VETDM- 103 | 56:48   | 5:41   | 31:16 | Ourense           | -                         |
| 1784 Azucena Seijas López              | F- 135 | VETBF- 19  | 56:49   | 5:41   | 31:13 | Lugo              | Independiente             |
| 1785 Manuel Lopez Pereira              |        | VETEM- 55  | 56:50   | 5:41   | 31:14 | TRASALBA          | Independiente             |
| 1786 Manuel Fernandez Montero          |        | PROM- 64   | 56:51   | 5:41   | 31:23 | Ourense           | Independiente             |
| 1787 Juan Carlos Alvarez Prado         |        | VETBM- 251 | 56:54   | 5:41   | 32:09 | Ourense           | Independiente             |
| 1788 Lidia Rodriguez Rojas             | F- 136 | SENF- 59   | 56:54   | 5:41   | 30:50 | Ourense           | Independiente             |
| 1789 Fermin Hortas Vidal               |        | VETDM- 104 | 56:54   | 5:41   | 32:08 | Ourense           | Independiente             |
| 1790 Juan Pablo Garcia Dominguez       |        | VETAM- 326 | 56:59   | 5:42   | 31:52 | Pontevedra        | -                         |
| 1791 Pablo Gestal Gallego              |        | SENM- 571  | 57:00   | 5:42   | 33:05 | PADERNE           | Independiente             |
| 1792 Maria Del Carmen Geltal Gallego   | F- 137 | SENF- 60   | 57:00   | 5:42   | 33:05 | PADERNE           | Independiente             |
| 1793 Jose Ignacio Bello Gonzalez       |        | VETDM- 105 | 57:01   | 5:42   | 32:22 | Carballiño        | -                         |
| 1794 Alejandro Fernandez Morenza       |        | SENM- 572  | 57:04   | 5:42   | 30:09 | A Pobra de Trives | -                         |
| 1795 Juan Francisco Vazquez Feijoo     |        | SENM- 573  | 57:07   | 5:43   | 30:54 | Ourense           | -                         |
| 1796 Daniel Piñeiro Devesa             |        | VETBM- 252 | 57:08   | 5:43   | 30:17 | Ourense           | Sociedad Atletica Allariz |
| 1797 Lorena Sobaco Abad                | F- 138 | SENF- 61   | 57:08   | 5:43   | 31:12 | Ourense           | -                         |
| 1798 Jaime Ritcher                     |        | CADM- 0    | 57:14   | 5:43   | 31:27 | Ourense           | CARMELITAS VEDRUNA        |
| 1799 Jaime Richter Echevarria          |        | VETCM- 200 | 57:15   | 5:43   | 31:27 | Ourense           | Independiente             |
| 1800 Tomas Rodriguez Conde             |        | SENM- 574  | 57:15   | 5:43   | 30:52 | Ourense           | -                         |

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|------|----------------------------------|--------|------------|---------|--------|-------|--------------|-----------------------|
| 1801 | Maria Del Carmen Alvarez Sierra  | F- 139 | VETBF- 20  | 57:15   | 5:43   | 31:37 | Ourense      | Independiente         |
| 1802 | Jose Benito Perez Anca           |        | VETCM- 201 | 57:16   | 5:44   | 27:47 | Ourense      | Independiente         |
| 1803 | Pablo Jose Martinez Soto         |        | VETBM- 253 | 57:17   | 5:44   | 33:03 | Ourense      | -                     |
| 1804 | Enrique Canosa                   |        | VETAM- 327 | 57:18   | 5:44   | 31:52 |              | -                     |
| 1805 | Jose Seara Seara                 |        | VETCM- 202 | 57:22   | 5:44   | 29:24 | Ourense      | Independiente         |
| 1806 | Fernando Javier Mate Sanchez     |        | VETCM- 203 | 57:27   | 5:45   | 30:29 | Ourense      | -                     |
| 1807 | Pedro Pablo Rey Vera             |        | VETCM- 204 | 57:28   | 5:45   | 31:58 |              | -                     |
| 1808 | Alberto Patiño Prieto            |        | SENM- 575  | 57:30   | 5:45   | 32:13 | Vigo         | -                     |
| 1809 | Jorge Huertas Cobelo             |        | VETFM- 22  | 57:32   | 5:45   | 31:46 | Ourense      | Independiente         |
| 1810 | Adrian Aperador Lopez De Guereñu |        | JUNM- 42   | 57:34   | 5:45   | 31:21 | Pontevedra   | -                     |
| 1811 | Manuel Gomez Vazquez             |        | VETDM- 106 | 57:36   | 5:46   | 31:43 | Ourense      | Independiente         |
| 1812 | Silvia Iglesias Fernandez        | F- 140 | SENF- 62   | 57:36   | 5:46   | 31:44 | Ourense      | Independiente         |
| 1813 | Aitor De Luis González           |        | SENM- 576  | 57:37   | 5:46   | 32:19 | Vigo         | Independiente         |
| 1814 | Adolfo Suarez Rodriguez          |        | VETBM- 254 | 57:38   | 5:46   | 31:26 | Ourense      | Independiente         |
| 1815 | Cesar Novoa Sierra               |        | VETCM- 205 | 57:40   | 5:46   | 31:01 | Ourense      | Independiente         |
| 1816 | Jesus Alfonso Sanmartin          |        | VETFM- 23  | 57:41   | 5:46   | 32:11 | Vigo         | -                     |
| 1817 | Francisco Barros Suarez          |        | VETGM- 8   | 57:42   | 5:46   | 32:11 | Pontevedra   | Club Grupo Vigo       |
| 1818 | Anxo Moure                       |        | VETBM- 255 | 57:42   | 5:46   | 32:14 | Chantada     | Garabelos Sport Clube |
| 1819 | Carlos Melchor Couto             |        | SENM- 577  | 57:45   | 5:46   | 31:33 |              | Carlos Melchor Couto  |
| 1820 | Jose Manuel Movilla Ferreño      |        | SENM- 578  | 57:47   | 5:47   | 29:11 | Ourense      | Independiente         |
| 1821 | Adrian Nieto Rivera              |        | SENM- 579  | 57:48   | 5:47   | 31:27 | Ourense      | Independiente         |
| 1822 | Carlos Fernandez Alvarez         |        | VETAM- 328 | 57:48   | 5:47   | 31:27 |              | -                     |
| 1823 | Agustín Gómez Soneira            |        | SENM- 580  | 57:49   | 5:47   | 32:19 | Vigo         | Independiente         |
| 1824 | Olalla Fernandez Valeiras        | F- 141 | PROF- 9    | 57:50   | 5:47   | 32:32 |              | KORPORE Carballiño    |
| 1825 | David Chaves Dieguez             |        | SENM- 581  | 57:58   | 5:48   | 31:14 | Ourense      | Independiente         |
| 1826 | Juan Gonzalez Gonzalez           |        | SENM- 582  | 57:59   | 5:48   | 29:56 | O Carballiño | Independiente         |
| 1827 | Jaime Salgado Rey                |        | VETEM- 56  | 58:00   | 5:48   | 31:46 | Ourense      | Independiente         |
| 1828 | Miguel Angel Lopez Ortiz         |        | VETDM- 107 | 58:04   | 5:48   | 30:41 | BOUZAS       | Independiente         |
| 1829 | David Alvarez Conde              |        | SENM- 583  | 58:06   | 5:49   | 30:48 | Ourense      | -                     |
| 1830 | Santiago Valladares Lopez        |        | VETBM- 256 | 58:06   | 5:49   | 29:55 | Santiago     | -                     |

| Pto Nombre                               | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club                 |
|------------------------------------------|--------|------------|---------|--------|-------|--------------------|----------------------|
| 1831 Abraham Martinez Gracia             |        | SENM- 584  | 58:08   | 5:49   | 30:55 |                    | -                    |
| 1832 Amadeo Laforga Prieto               |        | VETAM- 329 | 58:09   | 5:49   | 30:59 | Ourense            | -                    |
| 1833 Hector Casas Rodriguez              |        | SENM- 585  | 58:11   | 5:49   | 34:02 | Ourense            | Independiente        |
| 1834 Manuel Gonzalez Gonzalez            |        | VETCM- 206 | 58:11   | 5:49   | 31:57 | Ourense            | Independiente        |
| 1835 Goran Strbac                        |        | VETBM- 257 | 58:11   | 5:49   | 31:32 | Ourense            | Independiente        |
| 1836 Luis Sabucedo Pousa                 |        | VETBM- 258 | 58:13   | 5:49   | 30:44 | Ourense            | Independiente        |
| 1837 Yolanda Rodriguez Mosquera          | F- 142 | VETAF- 30  | 58:14   | 5:49   | 31:47 | Ourense            | PATO BLANCO CELANOVA |
| 1838 Eduardo Babarro Forneiro            |        | VETBM- 260 | 58:17   | 5:50   | 31:03 | Ourense            | Independiente        |
| 1839 Francisco Javier Valtierra Iglesias |        | VETBM- 259 | 58:17   | 5:50   | 32:29 |                    | -                    |
| 1840 Modesto Mendez Martinez             |        | VETBM- 261 | 58:17   | 5:50   | 32:09 |                    | -                    |
| 1841 Antonio Fernandez Lopez             |        | SENM- 586  | 58:17   | 5:50   | 30:37 | Ourense            | Independiente        |
| 1842 Marta Martinez Guzman               | F- 143 | VETAF- 31  | 58:18   | 5:50   | 32:40 | Ourense            | Independiente        |
| 1843 Alejandro Menor Fernandez           |        | VETAM- 330 | 58:19   | 5:50   | 31:17 | ORENSE             | -                    |
| 1844 Felix Jose Menor Fernandez          |        | VETBM- 262 | 58:20   | 5:50   | 31:18 | ORENSE             | -                    |
| 1845 German Perez Marimo                 |        | VETDM- 108 | 58:21   | 5:50   | 32:17 | Ourense            | Independiente        |
| 1846 Olalla Fernandez Valencia           | F- 144 | SENF- 63   | 58:26   | 5:51   | 32:40 | Ourense            | Independiente        |
| 1847 Manuel Gonzalez Vazquez             |        | VETGM- 9   | 58:29   | 5:51   | 31:16 |                    | Club Fluvial de Lugo |
| 1848 Francisco Guzman Gonzalez           |        | SENM- 587  | 58:30   | 5:51   | 31:35 | Ourense            | Independiente        |
| 1849 Cristobal Mateos Garcia             |        | SENM- 588  | 58:32   | 5:51   | 33:24 | Ourense            | Independiente        |
| 1850 Perfecto Fernandez Fernandez        |        | VETDM- 109 | 58:32   | 5:51   | 31:51 | Ourense            | Independiente        |
| 1851 Eduardo Lazaro Rodriguez            |        | PROM- 65   | 58:34   | 5:51   | 29:43 | OURENS             | Independiente        |
| 1852 Rosa Maria Castro Gonzalez          | F- 145 | SENF- 64   | 58:37   | 5:52   | 32:22 | NOIA               | Independiente        |
| 1853 Alba Baamonde Otero                 | F- 146 | SENF- 65   | 58:37   | 5:52   | 32:22 | NOIA               | Independiente        |
| 1854 Pablo Cruz Rodriguez                |        | SENM- 589  | 58:37   | 5:52   | 33:05 |                    | -                    |
| 1855 Jesus Vieites Blanco                |        | VETBM- 263 | 58:39   | 5:52   | 32:00 | Zamora             | -                    |
| 1856 Isabel Costas Freijeiro             | F- 147 | SENF- 66   | 58:39   | 5:52   | 33:17 | Vigo               | CTCORMORANS          |
| 1857 Elena Maria Castro Rodriguez        | F- 148 | SENF- 67   | 58:40   | 5:52   | 31:21 | Ourense            | Independiente        |
| 1858 Rosaura Suarez De La Fuente         | F- 149 | SENF- 68   | 58:40   | 5:52   | 33:16 | Vigo               | CTCORMORANS          |
| 1859 Rodrigo Costas Rodriguez            |        | VETEM- 57  | 58:40   | 5:52   | 33:16 | Vigo               | CTCORMORANS          |
| 1860 Seguismundo Perez Perez             |        | SENM- 590  | 58:41   | 5:52   | 33:18 | salvaterra de miño | Independiente        |

| Pto Nombre                         | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad           | Club               |
|------------------------------------|--------|------------|---------|--------|-------|---------------------|--------------------|
| 1861 Elías Rodríguez Sestelo       |        | SENM- 591  | 58:41   | 5:52   | 33:19 | Salvaterra De miño  | Independiente      |
| 1862 Isaac Alvarez Alvarez         |        | VETCM- 207 | 58:43   | 5:52   | 31:59 | Ourense             | Independiente      |
| 1863 Daniel Sotelo Briceño         |        | CADM- 0    | 58:48   | 5:53   | 30:10 | Ourense             | Independiente      |
| 1864 Maria Jose Lama Docampo       | F- 150 | SENF- 69   | 58:49   | 5:53   | 31:45 | Barbadas            | Independiente      |
| 1865 Jose Gonzalez Lorenzo         |        | SENM- 592  | 58:49   | 5:53   | 31:45 | Ourense             | Independiente      |
| 1866 Jose Adolfo Rguez Suarez      |        | VETAM- 331 | 58:52   | 5:53   | 31:56 | Ourense             | -                  |
| 1867 Ana Maria Lopez Cruz          | F- 151 | SENF- 70   | 58:52   | 5:53   | 31:55 | Ourense             | -                  |
| 1868 Oscar Freigedo Quintela       |        | SENM- 593  | 58:53   | 5:53   | 33:21 |                     | -                  |
| 1869 Maria Pilar Orois Sanchez     | F- 152 | VETDF- 3   | 58:53   | 5:53   | 32:21 | Ourense             | Independiente      |
| 1870 Jesus Iglesias Araujo         |        | SENM- 594  | 58:59   | 5:54   | 32:33 |                     | KORPORE Carballiño |
| 1871 Juan Luis Cid Seoane          |        | SENM- 595  | 59:00   | 5:54   | 34:01 | S. Cibrao das Viñas | -                  |
| 1872 Adolfo Fernandez Docasar      |        | VETAM- 332 | 59:06   | 5:55   | 32:03 | O Barco             | -                  |
| 1873 Diego Matias Dominguez Prado  |        | PROM- 66   | 59:06   | 5:55   | 33:09 | Mos                 | -                  |
| 1874 Luis Carballo Pose            |        | PROM- 67   | 59:07   | 5:55   | 30:07 | Maceda              | Independiente      |
| 1875 Aquilino Rodriguez Fernandez  |        | VETFM- 24  | 59:09   | 5:55   | 33:16 | Ourense             | -                  |
| 1876 Mª Belen Rodriguez Alvarez    | F- 153 | SENF- 71   | 59:10   | 5:55   | 32:32 | Barbadas            | Independiente      |
| 1877 Antonio Garcia Carpintero     |        | VETEM- 58  | 59:10   | 5:55   | 33:26 |                     | -                  |
| 1878 Xabier Garcia Martinez        |        | JUVM- 0    | 59:21   | 5:56   | 34:07 | Ourense             | IES O COUTO        |
| 1879 Nuria Rodriguez Vazquez       | F- 154 | SENF- 72   | 59:22   | 5:56   | 32:33 | Barbadas            | Independiente      |
| 1880 Mª Veronica Rodriguez Vazquez | F- 155 | VETAF- 32  | 59:22   | 5:56   | 32:31 | S. Cibrao das Viñas | Independiente      |
| 1881 Miguel Solera Gomez           |        | VETAM- 333 | 59:22   | 5:56   | 32:38 | Ourense             | Independiente      |
| 1882 Jose Carlos Touza Menor       |        | VETAM- 334 | 59:22   | 5:56   | 32:39 | Ourense             | Independiente      |
| 1883 Juan Manuel Mendez Penin      |        | SENM- 596  | 59:22   | 5:56   | 31:50 | Ourense             | Independiente      |
| 1884 Maria Candal Rodriguez        | F- 156 | VETFF- 1   | 59:25   | 5:56   | 32:05 | Sada                | Independiente      |
| 1885 Jose Manuel Castro Banga      |        | VETBM- 264 | 59:32   | 5:57   | 32:08 |                     | KORPORE Carballiño |
| 1886 Jesus Diaz Barreiros          |        | VETBM- 265 | 59:33   | 5:57   | 32:34 | Ourense             | Independiente      |
| 1887 Ana Guede Blanco              | F- 157 | VETBF- 21  | 59:33   | 5:57   | 32:33 | Vigo                | Independiente      |
| 1888 Luciano Gonzalez Gonzalez     |        | VETCM- 208 | 59:34   | 5:57   | 33:57 | Ourense             | Independiente      |
| 1889 Santiago Vieites Manso        |        | PROM- 68   | 59:36   | 5:58   | 32:28 | A Pobra de Trives   | Independiente      |
| 1890 Jorge Carballo Cabezas        |        | SENM- 597  | 59:37   | 5:58   | 32:27 | Ourense             | Independiente      |

| Pto Nombre                                 | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad          | Club               |
|--------------------------------------------|--------|------------|---------|--------|-------|--------------------|--------------------|
| 1891 Pilar Alvarez Gonzalez                | F- 158 | SENF- 73   | 59:43   | 5:58   | 32:32 |                    | KORPORE Carballiño |
| 1892 Juan Carlos Gonzalez Blanco           |        | VETAM- 335 | 59:43   | 5:58   | 23:55 |                    | KORPORE Carballiño |
| 1893 Miguel Rodriguez Fernandez            |        | JUNM- 43   | 59:46   | 5:59   | 38:22 | Pontevedra         | Independiente      |
| 1894 Amaro Simoes Silva                    |        | CADM- 0    | 59:47   | 5:59   | 31:03 | Ourense            | SALESIANOS         |
| 1895 Eloy A. Perez Garcia                  |        | VETCM- 209 | 59:48   | 5:59   | 32:07 | Ourense            | -                  |
| 1896 Jose Doamarco Piñeiro                 |        | VETBM- 266 | 59:52   | 5:59   | 34:21 |                    | -                  |
| 1897 Minerva Gonzalez Verde                | F- 159 | SENF- 74   | 59:52   | 5:59   | 33:47 | A GUARDIA          | Independiente      |
| 1898 Diego Conde Rodriguez                 |        | JUNM- 44   | 59:52   | 5:59   | 27:23 | Ourense            | Independiente      |
| 1899 Emilio Perez Pereiras                 |        | PROM- 69   | 59:53   | 5:59   | 31:32 | Castrelo de Miño   | Independiente      |
| 1900 M <sup>a</sup> Amelia Alonso Iglesias | F- 160 | VETBF- 22  | 59:55   | 5:59   | 31:49 | Barbadas           | Independiente      |
| 1901 Marcos Feijoo Rodriguez               |        | SENM- 598  | 59:58   | 6:00   | 31:40 | Ourense            | Independiente      |
| 1902 Alberto Otero Rodriguez               |        | SENM- 599  | 1:00:00 | 6:00   | 32:40 | Nogueira de Ramuln | -                  |
| 1903 Adolfo Antonio Vilarinho Miraz        |        | VETBM- 267 | 1:00:04 | 6:00   | 32:46 | Pereiro de Aguiar  | Independiente      |
| 1904 Sergio Fernandez Martiño              |        | SENM- 600  | 1:00:04 | 6:00   | 31:50 | ALLARIZ            | Independiente      |
| 1905 Daniel Garcia Gonzalez                |        | JUNM- 45   | 1:00:09 | 6:01   | 30:15 | Ourense            | Independiente      |
| 1906 Marcos Gonzalez Lopez                 |        | SENM- 601  | 1:00:10 | 6:01   | 31:46 | Ourense            | Independiente      |
| 1907 Ruben Gonzalez Lopez                  |        | SENM- 602  | 1:00:11 | 6:01   | 31:38 | Ourense            | Independiente      |
| 1908 Sinesio Novo Fernandez                |        | SENM- 603  | 1:00:11 | 6:01   | 31:38 | Ourense            | Independiente      |
| 1909 Jose Javier Novoa Sierra              |        | VETAM- 336 | 1:00:12 | 6:01   | 31:01 | Ourense            | Independiente      |
| 1910 Jose Luis Lodos Ginzo                 |        | VETDM- 110 | 1:00:16 | 6:02   | 33:04 | Ourense            | Independiente      |
| 1911 Juan Manuel Gonzalez Quiroga          |        | VETDM- 111 | 1:00:17 | 6:02   | 32:43 | Ourense            | -                  |
| 1912 Marta Puente Gutierrez                | F- 161 | VETBF- 23  | 1:00:17 | 6:02   | 32:44 | Ourense            | Independiente      |
| 1913 Jose Luis Vazquez Diaz                |        | VETGM- 10  | 1:00:21 | 6:02   | 33:18 | Ourense            | Independiente      |
| 1914 Antonio Fernandez Pascual             |        | VETCM- 210 | 1:00:21 | 6:02   | 32:02 | TABOADELA          | Independiente      |
| 1915 Manuel Gallego Fortes                 |        | JUNM- 46   | 1:00:21 | 6:02   | 31:35 | Ourense            | Independiente      |
| 1916 Jose Luis Gonzalez Moreiras           |        | VETAM- 337 | 1:00:27 | 6:03   | 31:41 | Ourense            | Independiente      |
| 1917 Laura Gonta Novo                      | F- 162 | SENF- 75   | 1:00:28 | 6:03   | 32:17 | Lugo               | Independiente      |
| 1918 Xoaquin Vales Rodriguez               |        | VETFM- 25  | 1:00:31 | 6:03   | 31:20 | Ourense            | Independiente      |
| 1919 Cesareo Curras Canabal                |        | VETDM- 112 | 1:00:32 | 6:03   | 31:20 | Ourense            | Independiente      |
| 1920 Maria Jesus Rodriguez Riveiro         | F- 163 | VETCF- 16  | 1:00:34 | 6:03   | 33:33 | Vigo               | -                  |



| Pto  | Nombre                                   | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad        | Club                  |
|------|------------------------------------------|--------|------------|---------|--------|-------|------------------|-----------------------|
| 1921 | David Russell                            |        | VETDM- 113 | 1:00:34 | 6:03   | 33:33 | Vigo             | -                     |
| 1922 | Francisco Javier Fuentes Castro          |        | SENM- 604  | 1:00:36 | 6:04   | 33:47 | Ourense          | Independiente         |
| 1923 | Lino Piñeiro Ramos                       |        | VETCM- 211 | 1:00:39 | 6:04   | 33:23 | Ourense          | Independiente         |
| 1924 | Manuel Teijeiro Fernandez                |        | VETBM- 268 | 1:00:40 | 6:04   | 35:20 |                  | -                     |
| 1925 | Adolfo Estevez Alvarez                   |        | VETAM- 338 | 1:00:43 | 6:04   | 34:15 |                  | -                     |
| 1926 | Cesar Cañizo Castro                      |        | VETCM- 212 | 1:00:44 | 6:04   | 33:36 | Ourense          | -                     |
| 1927 | Ramiro Arean Vazquez                     |        | VETGM- 11  | 1:00:48 | 6:05   | 33:24 | Ourense          | Independiente         |
| 1928 | Francisco Javier Meruendano Pardo        |        | VETGM- 12  | 1:00:48 | 6:05   | 33:25 | Ourense          | Independiente         |
| 1929 | Brais Rodriguez Fernandez                |        | JUVM- 0    | 1:00:50 | 6:05   | 34:07 | Ourense          | Independiente         |
| 1930 | Ismael Iribertegui Rodriguez             |        | JUVM- 0    | 1:00:51 | 6:05   | 34:07 | Ourense          | IES O COUTO           |
| 1931 | Abrahan Rodriguez Gonzalez               |        | JUVM- 0    | 1:00:52 | 6:05   | 34:06 | Ourense          | SALESIANOS            |
| 1932 | Borja Prol Perez                         |        | JUVM- 0    | 1:00:53 | 6:05   | 33:07 | Ourense          | IES O COUTO           |
| 1933 | Francisco Bao Estevez                    |        | VETEM- 59  | 1:00:54 | 6:05   | 34:04 | Ourense          | Club Adas-Campo       |
| 1934 | Diego Valcarce Behague                   |        | VETAM- 339 | 1:00:59 | 6:06   | 33:06 | monfote de lemos | maraton monforte      |
| 1935 | Juan Jose Andres Iglesias                |        | SENM- 605  | 1:01:00 | 6:06   | 33:06 | Ourense          | Club Maraton Monforte |
| 1936 | Cesar Manuel Doval Maside                |        | PROM- 70   | 1:01:09 | 6:07   | 33:35 | Ourense          | Independiente         |
| 1937 | Javier Blanco Gonzalez                   |        | VETBM- 269 | 1:01:10 | 6:07   | 33:36 | Ourense          | Independiente         |
| 1938 | Oscar Vazquez Vazquez                    |        | SENM- 606  | 1:01:20 | 6:08   | 34:23 | Ourense          | -                     |
| 1939 | Manuel Vazquez Varela                    |        | VETEM- 60  | 1:01:20 | 6:08   | 34:24 | Ourense          | Independiente         |
| 1940 | Cristina Iglesias Iglesias               | F- 164 | SENF- 76   | 1:01:23 | 6:08   | 33:24 | Ourense          | Independiente         |
| 1941 | Francisco Xabier Vazquez Alvarez         |        | SENM- 607  | 1:01:25 | 6:08   | 33:24 | A PEROXA         | -                     |
| 1942 | Eladio Medel Iglesias                    |        | SENM- 608  | 1:01:31 | 6:09   | 31:00 |                  | -                     |
| 1943 | Ivan Dacosta Suarez                      |        | JUNM- 47   | 1:01:36 | 6:10   | 34:03 | Ourense          | IES O COUTO           |
| 1944 | Jesus Alberto Estevez Quintas            |        | VETAM- 340 | 1:01:39 | 6:10   | 33:14 | Ourense          | Independiente         |
| 1945 | Carmen Vasconcellos Balboa               | F- 165 | VETEF- 3   | 1:01:52 | 6:11   | 33:20 | BAIONA           | -                     |
| 1946 | Maria Losada Orois                       | F- 166 | PROF- 10   | 1:01:54 | 6:11   | 32:52 | Ourense          | Independiente         |
| 1947 | Xose Anxo Sanchez Yañez                  |        | SENM- 609  | 1:01:55 | 6:11   | 33:51 | Ourense          | -                     |
| 1948 | Maria Del Carmen Fernandez Moure         | F- 167 | SENF- 77   | 1:01:56 | 6:12   | 33:49 |                  | KORPORE Carballiño    |
| 1949 | Milagros Gomez Cagide                    | F- 168 | VETBF- 24  | 1:01:59 | 6:12   | 33:37 |                  | ATLETISMO Porriño     |
| 1950 | Maria De Los Angeles Rodriguez Rodriguez | F- 169 | VETCF- 17  | 1:02:01 | 6:12   | 33:48 | Santiago         | Independiente         |

| Pto Nombre                           | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad           | Club                |
|--------------------------------------|--------|------------|---------|--------|-------|---------------------|---------------------|
| 1951 Emilia Carrera Barreiros        | F- 170 | VETDF- 4   | 1:02:05 | 6:12   | 34:04 | Ourense             | Independiente       |
| 1952 Luis Arroyo Lopez               |        | VETFM- 26  | 1:02:06 | 6:13   | 34:06 | Ourense             | Independiente       |
| 1953 Eladio Blanco Rodriguez         |        | SENM- 610  | 1:02:07 | 6:13   | 33:19 | Ourense             | -                   |
| 1954 Adrian Ovejero Iglesias         |        | JUNM- 48   | 1:02:12 | 6:13   | 34:20 | Ourense             | Independiente       |
| 1955 Jose Maria Martinon Martinez    |        | JUNM- 49   | 1:02:18 | 6:14   | 33:08 | Santiago            | -                   |
| 1956 Juan Ramon Mosquera Rey         |        | VETCM- 213 | 1:02:20 | 6:14   | 33:32 | ALLARIZ             | -                   |
| 1957 Carmen Vazquez Fernandez        | F- 171 | VETBF- 25  | 1:02:23 | 6:14   | 32:35 | OLEIROS             | -                   |
| 1958 Juan Carlos Villar Dieguez      |        | VETBM- 270 | 1:02:29 | 6:15   | 35:21 |                     | -                   |
| 1959 Miguel Angel Baltar Gonzalez    |        | SENM- 611  | 1:02:30 | 6:15   | 34:09 | Ourense             | -                   |
| 1960 Maria Josefa Freire Mosquera    | F- 172 | VETDF- 5   | 1:02:35 | 6:15   | 34:26 | BAIONA              | -                   |
| 1961 Manuel Do Nascimento Clemente   |        | VETAM- 341 | 1:02:53 | 6:17   | 33:38 | Ourense             | Independiente       |
| 1962 Roberto Castro Garcia           |        | VETDM- 114 | 1:02:59 | 6:18   | 33:22 | Ourense             | Independiente       |
| 1963 Iago Marti Gonzalez             |        | SENM- 612  | 1:03:01 | 6:18   | 33:34 | Ourense             | Independiente       |
| 1964 Diego Neira Duran               |        | JUNM- 50   | 1:03:04 | 6:18   | 33:37 | Ourense             | IES 12 DE OUTUBRO   |
| 1965 Julia Feijoo Alvarez            | F- 173 | VETBF- 26  | 1:03:09 | 6:19   | 35:06 |                     | -                   |
| 1966 Nacho Soto Iglesias             |        | SENM- 613  | 1:03:12 | 6:19   | 33:40 | Ourense             | -                   |
| 1967 Montse Torres Alvarado          | F- 174 | SENF- 78   | 1:03:12 | 6:19   | 33:40 | Ourense             | -                   |
| 1968 Andrea Pinal Seoane             | F- 175 | SENF- 79   | 1:03:14 | 6:19   | 34:35 |                     | NATURA              |
| 1969 Adelaida Acuña Fernandez        | F- 176 | VETCF- 18  | 1:03:23 | 6:20   | 34:00 | Ourense             | Independiente       |
| 1970 Ricardo Ricardo Tuimil Martinez |        | VETDM- 115 | 1:03:25 | 6:20   | 34:58 | A Coruña            | Amigos do Percebe   |
| 1971 Wenceslao Lopez Velasco         |        | SENM- 614  | 1:03:28 | 6:21   | 36:20 | Pontevedra          | -                   |
| 1972 Dulce María Fernández Mariño    | F- 177 | VETCF- 19  | 1:03:33 | 6:21   | 34:58 | Sada                | CORRERENGALICIA.ORG |
| 1973 Purificacion Souto Sanchez      | F- 178 | VETBF- 27  | 1:04:02 | 6:24   | 34:51 | Ourense             | Independiente       |
| 1974 Juan Carlos Amorin Vazquez      |        | VETBM- 271 | 1:04:15 | 6:25   | 33:52 | Ourense             | Independiente       |
| 1975 Jose Maria Parente Mendez       |        | SENM- 615  | 1:04:17 | 6:26   | 35:00 | Ourense             | Independiente       |
| 1976 Olalla Perez Vieites            | F- 179 | SENF- 80   | 1:04:17 | 6:26   | 35:00 | Ourense             | Independiente       |
| 1977 Reyes Gonzalez Rodriguez        | F- 180 | VETCF- 20  | 1:04:19 | 6:26   | 34:48 | S. Cibrao das Viñas | Independiente       |
| 1978 Covadonga Lopez Lopez           |        | SENM- 616  | 1:04:34 | 6:27   | 34:01 | Vigo                | CTCORMORANS         |
| 1979 Jose Luis Blanco Garza          |        | VETDM- 116 | 1:04:43 | 6:28   | 36:20 | Ourense             | LUIS VIVES          |
| 1980 Javier Conde Perez              |        | VETCM- 214 | 1:04:46 | 6:29   | 36:25 | Vigo                | -                   |

| Pto  | Nombre                             | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad    | Club                  |
|------|------------------------------------|--------|------------|---------|--------|-------|--------------|-----------------------|
| 1981 | Carlos Fernandez Penin             |        | VETCM- 215 | 1:04:59 | 6:30   | 37:03 | Ourense      | Independiente         |
| 1982 | Clara Fandiño Otero                | F- 181 | SENF- 81   | 1:05:00 | 6:30   | 35:50 | Vigo         | Independiente         |
| 1983 | Maria Teresa Fernandez Ferreira    | F- 182 | VETDF- 6   | 1:05:02 | 6:30   | 34:34 | Ourense      | Independiente         |
| 1984 | Luis Del Amo Roman                 |        | VETBM- 272 | 1:05:06 | 6:31   | 36:13 | Ourense      | Independiente         |
| 1985 | Martin Dario Vesprini              |        | SENM- 617  | 1:05:09 | 6:31   | 33:12 | Ourense      | -                     |
| 1986 | Paula Dapia Prieto                 | F- 183 | SENF- 82   | 1:05:09 | 6:31   | 33:56 | Ourense      | Independiente         |
| 1987 | Anton Guede Mojon                  |        | VETBM- 273 | 1:05:11 | 6:31   | 35:30 | Ourense      | Independiente         |
| 1988 | Maria Blanco Clamores              | F- 184 | VETAF- 33  | 1:05:14 | 6:31   | 34:52 | Barbadas     | -                     |
| 1989 | Angel Antonio Figueiredo Rodriguez |        | SENM- 618  | 1:05:14 | 6:31   | 35:18 | Ourense      | -                     |
| 1990 | Fernando Jose Guerra Alvarez       |        | VETCM- 216 | 1:05:17 | 6:32   | 23:33 |              | KORPORE Carballiño    |
| 1991 | Yolanda Valeiras Vazquez           | F- 185 | SENF- 83   | 1:05:17 | 6:32   | 36:06 |              | KORPORE Carballiño    |
| 1992 | Andres Patiño Prieto               |        | SENM- 619  | 1:05:19 | 6:32   | 36:44 | Vigo         | -                     |
| 1993 | Roberto Amorin Gil                 |        | JUVM- 0    | 1:05:31 | 6:33   | 34:59 | Ourense      | Independiente         |
| 1994 | Damian Vazquez Deprado             |        | JUNM- 51   | 1:05:37 | 6:34   | 33:50 | TOEN         | Independiente         |
| 1995 | Javier Lopez Pino                  |        | SENM- 620  | 1:05:46 | 6:35   | 36:41 | Vigo         | CTCORMORANS           |
| 1996 | Salvador Fernandez Alvario         |        | VETFM- 27  | 1:05:46 | 6:35   | 36:40 | Vigo         | CTCORMORANS           |
| 1997 | Alfonso Calvo Cid                  |        | SENM- 621  | 1:05:55 | 6:35   | 34:40 |              | Independiente         |
| 1998 | Juan Carlos Alonso Iglesias        |        | VETBM- 274 | 1:06:04 | 6:36   | 34:25 | Ourense      | Independiente         |
| 1999 | Jose Luis Duran Pereira            |        | VETAM- 342 | 1:06:04 | 6:36   | 35:00 | Ourense      | Independiente         |
| 2000 | Hugo Alonso Alvarez                |        | JUVM- 0    | 1:06:04 | 6:36   | 34:25 | Ourense      | IES O COUTO           |
| 2001 | Sofia Godoy Gomez-Franqueira       | F- 186 | VETAF- 34  | 1:06:09 | 6:37   | 36:35 | Ourense      | Independiente         |
| 2002 | Carlos Gonzalez Sacramento         |        | SENM- 622  | 1:06:16 | 6:38   | 37:08 | Ourense      | Independiente         |
| 2003 | Miguel Roig Varela                 |        | VETFM- 28  | 1:06:19 | 6:38   | 36:12 | Lugo         | -                     |
| 2004 | Alejandro Ladra Brito              |        | VETAM- 343 | 1:06:21 | 6:38   | 35:01 | Ourense      | -                     |
| 2005 | Sonia Feijoo Garcia                | F- 187 | PROF- 11   | 1:06:23 | 6:38   | 34:52 | Ourense      | Independiente         |
| 2006 | Diana Abella Alvarez               | F- 188 | SENF- 84   | 1:06:23 | 6:38   | 37:34 | LEON         | AD VEGA DE ESPINAREDA |
| 2007 | Lourdes Gonzalez Gomez             | F- 189 | SENF- 85   | 1:06:30 | 6:39   | 36:42 | Ourense      | Independiente         |
| 2008 | Juan Carlos Gomez Perez            |        | VETBM- 275 | 1:06:39 | 6:40   | 37:32 | AMENEIRO-TEO | -                     |
| 2009 | Juan Antonio Barbero               |        | VETAM- 344 | 1:06:39 | 6:40   | 37:32 | A Coruña     | Independiente         |
| 2010 | Benito Cid Alvarez                 |        | VETCM- 217 | 1:06:46 | 6:41   | 37:50 | Ourense      | Independiente         |

| Pto  | Nombre                          | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad       | Club                  |
|------|---------------------------------|--------|------------|---------|--------|-------|-----------------|-----------------------|
| 2011 | Manuel Garcia Delgado           |        | SENM- 623  | 1:06:55 | 6:41   | 33:58 | Ourense         | Independiente         |
| 2012 | Felipe Iglesias Iglesias        |        | VETGM- 13  | 1:07:45 | 6:46   | 36:50 | Ourense         | Independiente         |
| 2013 | Sandra Barredo Perez            | F- 190 | JUVF- 0    | 1:07:55 | 6:47   | 37:34 | LEON            | AD VEGA DE ESPINAREDA |
| 2014 | Casimiro Gonzalez Gil           |        | VETAM- 345 | 1:07:56 | 6:48   | 35:25 | Ourense         | Independiente         |
| 2015 | Alvaro Pascual Feijoo           |        | SENM- 624  | 1:08:15 | 6:49   | 38:32 |                 | -                     |
| 2016 | Diango Lopez Perez              |        | JUNM- 52   | 1:09:08 | 6:55   | 35:17 | Ourense         | Independiente         |
| 2017 | Maria Luisa Rodriguez Rodriguez | F- 191 | VETBF- 28  | 1:09:12 | 6:55   | 37:36 | LEON            | AD VEGA DE ESPINAREDA |
| 2018 | Carolina Astorgano Rogríguez    | F- 192 | SENF- 86   | 1:09:12 | 6:55   | 37:36 | LEON            | AD VEGA DE ESPINAREDA |
| 2019 | Jose Manuel Gallego Formoso     |        | VETCM- 218 | 1:09:13 | 6:55   | 37:41 | PADERNE         | Independiente         |
| 2020 | Maria Teresa Lorenzo Gonzalez   | F- 193 | VETAF- 35  | 1:09:14 | 6:55   | 38:49 | Ourense         | Independiente         |
| 2021 | Teresa Genoveva Quevedo Manotoa | F- 194 | SENF- 87   | 1:09:17 | 6:56   | 37:00 | Ourense         | Independiente         |
| 2022 | Oscar Fernandez Graña           |        | SENM- 625  | 1:09:18 | 6:56   | 36:48 | VILAR DE SANTOS | -                     |
| 2023 | Javier Perez Arocas             |        | VETBM- 276 | 1:09:21 | 6:56   | 36:35 | Ourense         | Independiente         |
| 2024 | Hugo Ovalle Prada               |        | INFM- 0    | 1:10:00 | 7:00   | 36:23 | LEON            | AD VEGA DE ESPINAREDA |
| 2025 | Maria Rosa Gallego Perez        | F- 195 | VETCF- 21  | 1:10:05 | 7:00   | 37:29 | LEON            | AD VEGA DE ESPINAREDA |
| 2026 | Ana Costa Daga                  | F- 196 |            | 1:10:39 | 7:04   | 38:13 | Ourense         | Independiente         |
| 2027 | Amadeo Costa Carnicero          |        | VETAM- 346 | 1:10:40 | 7:04   | 38:13 | Ourense         | Independiente         |
| 2028 | Jesus Gomez Vazquez             |        | VETAM- 347 | 1:10:43 | 7:04   | 37:32 | Ourense         | Independiente         |
| 2029 | Jose Antonio Lopez Salas        |        | VETAM- 348 | 1:10:44 | 7:04   | 38:13 | Ourense         | Independiente         |
| 2030 | Antonina Gallego Formoso        | F- 197 | VETCF- 22  | 1:11:04 | 7:06   | 38:47 | PADERNE         | Independiente         |
| 2031 | SIN DATOS DEL DORSAL 125        |        | SENM- 626  | 1:11:36 | 7:10   | 39:18 |                 | Independiente         |
| 2032 | Francisco Javier Casares Ozores |        | VETEM- 61  | 1:12:01 | 7:12   | 39:00 | Ourense         | Independiente         |
| 2033 | Angel Saa Hermida               |        | VETDM- 117 | 1:12:07 | 7:13   | 39:47 | Ourense         | Independiente         |
| 2034 | Ivan Guimarans Otero            |        | SENM- 627  | 1:12:37 | 7:16   | 38:53 | Vigo            | CTCORMORANS           |
| 2035 | SIN DATOS DEL DORSAL 2377       |        | SENM- 628  | 1:12:59 | 7:18   | 38:49 |                 | Independiente         |
| 2036 | Esteban Sanchez Escuredo        |        | VETBM- 277 | 1:13:04 | 7:18   | 41:25 | Ourense         | -                     |
| 2037 | Antonio Gonzalez Sacramento     |        | SENM- 629  | 1:13:25 | 7:20   | 40:35 | Ourense         | Independiente         |
| 2038 | Ruben Garcia Diaz               |        | JUNM- 53   | 1:13:39 | 7:22   | 40:04 | Ourense         | -                     |
| 2039 | Nuria Perez Estevez             | F- 198 | JUNF- 2    | 1:13:41 | 7:22   | 40:58 | Ourense         | IES BLANCO AMOR       |
| 2040 | Antonio Casas Perez             |        | VETDM- 118 | 1:14:41 | 7:28   | 40:21 | Xinzo de limia  | Independiente         |

| Pto  | Nombre                          | Sx     | PtoCat     | T_Final | Rit/Km | T_km5 | Localidad    | Club            |
|------|---------------------------------|--------|------------|---------|--------|-------|--------------|-----------------|
| 2041 | Melva Babarro Rodriguez         | F- 199 | VETDF- 7   | 1:14:41 | 7:28   | 39:38 | Ourense      | Independiente   |
| 2042 | Beatriz Souto San Jose          | F- 200 | SENF- 88   | 1:14:43 | 7:28   | 40:56 | Vigo         | CTCORMORANS     |
| 2043 | Quirino Abadin Nespereira       |        | VETCM- 219 | 1:14:43 | 7:28   | 40:57 | Ourense      | Independiente   |
| 2044 | Alejandro Loira Iglesias        |        | SENM- 630  | 1:14:43 | 7:28   | 40:56 | Vigo         | CTCORMORANS     |
| 2045 | Teresa Carrera Babarro          | F- 201 | SENF- 89   | 1:14:43 | 7:28   | 39:39 | Ourense      | Independiente   |
| 2046 | Jacobo Rodriguez Blanco         |        | SENM- 631  | 1:15:41 | 7:34   | 40:12 | Ourense      | -               |
| 2047 | Martin Outumuro Fernandez       |        | SENM- 632  | 1:15:41 | 7:34   | 40:12 | Ourense      | -               |
| 2048 | Miguel Couto Mouriño            |        | SENM- 633  | 1:16:55 | 7:41   | 41:31 | Ourense      | Independiente   |
| 2049 | Ricardo Seguin Fernandez        |        | VETEM- 62  | 1:17:01 | 7:42   | 40:13 |              | Independiente   |
| 2050 | Marta Gonzalez Novoa            | F- 202 | SENF- 90   | 1:17:20 | 7:44   | 42:14 | Ourense      | Independiente   |
| 2051 | Jesus Mary Barrio Leon          |        | SENM- 634  | 1:19:10 | 7:55   |       | Ourense      | Independiente   |
| 2052 | Rogelio Rivero Novoa            |        | SENM- 635  | 1:20:49 | 8:05   |       | Ourense      | Independiente   |
| 2053 | Antonio Gonzalez Carballo       |        | SENM- 636  | 1:26:47 | 8:41   |       | Gustei-Coles | Gustei atlEtico |
| 2054 | Sergio Rey Perez                |        | SENM- 637  | 1:26:47 | 8:41   |       | Gustei-Coles | Gustei atlEtico |
| 2055 | Jose Antonio Infiesta Rodriguez |        | VETAM- 349 | 1:30:50 | 9:05   |       | Ourense      | Independiente   |